



**A warm hug  
or a forceful  
shove...**

**Which would you  
choose for her?**

Violence against older persons takes many forms. This includes physical, emotional and sexual violence as well as neglect and financial abuse. Together we can make it stop.

**Reach out.**  
**Take action against violence.**

  
**Newfoundland  
Labrador**

**Call:**

Eastern Health (Rural Avalon) **709-786-5245** Eastern Health (St. John's) **709-752-4885**

Eastern Health (Bonavista/Clareville/Burin Peninsula) **709-466-5707**

Central Health **709-651-6340** Western Health **709-634-5551-ext 226**

Labrador-Grenfell Health **709-454-0372**

**Or call your local police.**