Nine Types of Violence and Abuse

<table>
<thead>
<tr>
<th>Physical Violence</th>
<th>Sexual Violence</th>
<th>Emotional Violence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physical violence occurs when someone uses a part of their body or an object to control a person’s actions.</td>
<td>Sexual violence occurs when a person is forced to unwillingly take part in sexual activity.</td>
<td>Emotional violence occurs when someone says or does something to make a person feel stupid or worthless.</td>
</tr>
<tr>
<td>Psychological Violence</td>
<td>Spiritual Violence</td>
<td>Cultural Violence</td>
</tr>
<tr>
<td>Psychological violence occurs when someone uses threats and causes fear in an individual to gain control.</td>
<td>Spiritual (or religious) violence occurs when someone uses an individual’s spiritual beliefs to manipulate, dominate or control that person.</td>
<td>Cultural violence occurs when an individual is harmed as a result of practices that are part of her or his culture, religion or tradition.</td>
</tr>
<tr>
<td>Verbal Abuse</td>
<td>Financial Abuse</td>
<td>Neglect</td>
</tr>
<tr>
<td>Verbal abuse occurs when someone uses language, whether spoken or written, to cause harm to an individual.</td>
<td>Financial abuse occurs when someone controls an individual’s financial resources without the person’s consent or misuses those resources.</td>
<td>Neglect occurs when someone has the responsibility to provide care or assistance for an individual but does not.</td>
</tr>
</tbody>
</table>

Violence Prevention Initiative (2014)