

COVID-19 Vaccine After Care and IMMUNIZATION RECORD FOR STUDENTS

Name: _____ Date of Birth (month/day/year): _____

Health card number / First Nations Status Card Number: _____

Record of COVID-19 Vaccine

- Pfizer-BioNTech Comirnaty
- Moderna Spikevax

Date Month/day/year	Lot number	Site	Given By Name and professional designation

After receiving the vaccine, you will be monitored for at least 15 minutes to ensure you are feeling well.

Vaccine side effects can develop in the day or two after receiving the vaccine and will go away on their own. Some side effects may be more noticeable following the second dose of vaccine. The most common side effects include:

- Pain, tenderness, and swelling at the injection site (a cool, damp cloth or wrapped ice pack may help relieve any discomfort).
- Tiredness, headache, muscle pain, joint pain, nausea, vomiting, diarrhea, chills or fever (acetaminophen or ibuprofen may help with pain and fever).
- Enlarged lymph nodes (swollen glands) that last for several days.
- Dizziness, decreased appetite, excessive sweating, itchy skin or rash.

Rarely Bell's Palsy (weakened or inability to move muscles of the face) has been reported after mRNA vaccines. Seek care immediately if your child develops symptoms that could be Bell's Palsy such as facial weakness or drooping, or other symptoms involving the face.

Seek immediate medical attention if you develop symptoms of myocarditis or pericarditis, which may include chest pain, shortness of breath, or the feeling of a fast, pounding or fluttering heartbeat.

Serious side effects are rare but can include:

- Hives (bumps on the skin that are often very itchy)
- Swelling of the face, tongue or throat
- Difficulty breathing

Serious side effects after vaccination should be reported by calling: _____. This number is for reporting adverse events and not for medical advice. The Healthline can be reached at 811 if you have medical questions.

Things to remember:

- For children under 12 years of age: wait 14 days after a dose of COVID-19 vaccine before receiving any other vaccines
- Do not receive testing for tuberculosis (TB) until at least 28 days after a COVID-19 vaccine (unless recommended by your health care provider).
- If possible, wait at least two weeks after vaccination or completing your vaccination series before starting drugs that suppress your immune system, as recommended by your healthcare provider.
- Receiving the second dose eight weeks after the first dose of the vaccine will ensure long term protection from COVID-19.
- Continue to follow the public health measures, wearing a mask, staying at least 2 metres from others and limiting social contacts.
- Bring your immunization record with you for the second dose and report any side effects you experienced after the first dose.
- Keep this sheet or other immunization record in a safe place. You can also download the [CANImmunize](#) app to keep track of this and other vaccines.