

Chapter 8: Health Benefits

(iv) Special Food Allowances

(a) Diabetic Food Allowance

Intent:	To provide additional funding to help offset the nutritional costs of managing diabetes.
Act: (if applicable)	N/A
Regulations:	19 (1) (j) an amount of \$60 for each recipient, dependent child or dependent student with diabetes receiving income support where that person's diabetes has been certified by an approved professional;
Overview: (if applicable)	Diet is an integral part of the control of diabetes and necessary for the prevention of long-term complications caused by diabetes. For a person with diabetes, a proper diet requires that regulated amounts of basic nutritious foods be eaten daily according to the individual's prescribed diet pattern. This may mean a considerable change in eating habits for the person and also an increased food cost.
Policy:	<ul style="list-style-type: none"> • The applicant/recipient must provide written verification from an approved professional indicating the name of the person who has diabetes. • For the purposes of verification, approved professional includes: nurse, physician, pharmacist or registered dietician. • Cases with gestational diabetes must be reviewed after the birth of the child; otherwise no further review is required. • Other special allowances cannot be used to increase the diabetic food allowance above the rate specified in regulations.
Procedure:	<p>Client Services Officer must:</p> <ul style="list-style-type: none"> • ensure verification of the diabetes from an approved professional is in TRIM; • identify, in CAPS, the recipient who requires the diabetic food allowance; and

	<ul style="list-style-type: none">• KIV cases with gestational diabetes for review after the birth of the child.
Authority Level:	Client Services Officer
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