



# **THE NEWFOUNDLAND AND LABRADOR GAZETTE EXTRAORDINARY**

## **PART II**

**PUBLISHED BY AUTHORITY**

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**ST. JOHN'S, THURSDAY, JANUARY 30, 2020**

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**NEWFOUNDLAND AND LABRADOR  
REGULATION**

**NLR 4/20**





## NEWFOUNDLAND AND LABRADOR REGULATION 4/20

*Authorization to Prescribe Regulations (Amendment)*  
under the  
*Pharmacy Act, 2012*

*(Filed January 30, 2020)*

Under the authority of section 59 of the *Pharmacy Act, 2012*, I make the following regulations.

Dated at St. John's, January 29, 2020.

Gerri Thompson  
Chairperson, Newfoundland and  
Labrador Pharmacy Board

Dr. John Haggie  
Minister of Health and Community Services

### REGULATIONS

#### *Analysis*

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|--|--|
| 1. S.2 Amdt.<br>Definitions                | 5. S.11 R&S<br>Minor ailments, preventable<br>diseases and other Schedule<br>I prescribing |
| 2. S.3 Amdt.<br>Prescribing by pharmacists | 6. Sch. R&S  |
| 3. S.7 Amdt.<br>Extending prescription     | 7. Sch. B Added  |
| 4. S.8 Amdt.<br>Adapting prescription      | 8. Commencement  |

NLR 73/15  
as amended

**1. (1) Paragraph 2(c) of the *Authorization to Prescribe Regulations* is amended by deleting the words "the schedule to these regulations" and substituting the words "Schedule A".**

**(2) Section 2 of the regulations is amended by adding immediately after paragraph (e) the following:**

(e.1) "preventable disease" means a disease listed in Schedule B;

**2. Paragraph 3(c) of the regulations is amended by deleting the word "and" at the end of subparagraph (v), by deleting the period at the end of subparagraph (vi) and substituting a comma, by adding the word "and" at the end of subparagraph (vi), and by adding immediately after subparagraph (vi) the following:**

(vii) prescribing for preventable diseases.

**3. (1) Subsection 7(2) of the regulations is repealed and the following substituted:**

(2) A pharmacist who extends a prescription under subsection (1) shall extend the prescription no more than the amount previously filled or 90 days' supply, whichever is less.

**(2) Subsection 7(3) of the regulations is repealed and the following substituted:**

(3) A pharmacist shall not extend a prescription where that prescription has already been extended once.

**4. Subsection 8(2) of the regulations is repealed and the following substituted:**

(2) A pharmacist who adapts a prescription under subsection (1) may do the following:

- (a) change the brand of the prescribed drug;
- (b) change the dose of the prescribed drug;
- (c) change the duration of the prescription;
- (d) change the formulation of the prescribed drug; and

(e) change the regimen of the prescribed drug.

**5. (1) Section 11 of the regulations is repealed and the following substituted:**

Minor ailments,  
preventable diseases  
and other Schedule  
I prescribing

**11.** A pharmacist authorized under section 4 may, in addition to prescribing a drug referred to in section 10, prescribe a Schedule I drug where

- (a) that drug is indicated for the treatment of a minor ailment;
- (b) that drug is indicated for the prevention of a preventable disease; or
- (c) that prescribing falls into a category referred to in subparagraph 3(c)(i), (ii), (iii) or (iv).

**6. The Schedule to the regulations is repealed and the following substituted:**

**Schedule A**

Minor Ailments

- Acne, Mild
- Allergic Rhinitis
- Aphthous Ulcers
- Atopic Dermatitis, Mild-Moderate
- Callouses and Corns
- Cold Sores
- Contact Dermatitis
- Dandruff and Seborrhea
- Diarrhea (non-infectious)
- Dry Eyes

Dysmenorrhea

Dyspepsia

Emergency Contraception

Fungal Skin Infections (including athlete's foot)

Gastroesophageal Reflux Disease

Headache, Mild

Hemorrhoids

Impetigo

Insomnia, Mild

Joint Pain, Mild

Musculoskeletal Pain, Mild

Nausea and Vomiting

Oral Candidiasis

Pinworms

Smoking Cessation

Upper Respiratory Conditions, Mild (cough, nasal congestion, sore throat)

Urticaria, Mild (including bites and stings)

Vaginal Candidiasis

Viral Skin Infections (common and flat warts)

**7. The regulations are amended by adding immediately after Schedule A the following:**

**Schedule B**

Preventable Diseases

Hepatitis A

Hepatitis B

Herpes Zoster (shingles)

Human Papillomavirus (HPV)

Varicella Zoster (chickenpox)

Commencement

**8. These regulations come into force on January 31, 2020.**

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## Extraordinary Gazette Index

Title of Act and Subordinate Legislation made thereunder	CNLR or NL Reg.	Amendment	NL Gazette Date & Page No.
<b>Pharmacy Act, 2012</b>			
Authorization to Prescribe Regulations (Amendment) [In force January 31, 2020]	NLR 4/20	Amends NLR 73/15 S.2 Amdt. S.3 Amdt. S.7 Amdt. S.8 Amdt. S.11 R&S Sch. R&S Sch. B Added	January 30/20 p. 3