



Occupational Health & Safety Information Bulletin

Proper Use of Plastering/Painting Stilts on Construction Sites

These stilts are manufactured with platforms for the feet to stand on and with straps to attach to the users legs. They are designed to allow a person to walk and stand at elevated height during drywall installation, plastering, painting and other similar activities.



Section 88 of the Occupational Health and Safety Regulations states that “An employer shall ensure that each tool, machine and piece of equipment in the workplace is capable of safely performing the functions for which it is used; and selected, used and operated in accordance with the manufacturer’s recommendations and instructions (where available), safe work practices, and the requirements of these regulations.”

Requirements for use:

- Do not exceed the load rating of the equipment.
- Always clean off the bottom of the foot base, inspect the stilts prior to each shift and replace any defective parts when identified.
- Ensure all attachments are in place and secured before using.
- Use only on clean dry surfaces.
- Do not use on stairways, or work platforms.
- Never walk backwards on stilts.
- Be careful of overhead hazards, lights, doorways etc.
- Do not modify stilts.
- Use in accordance with manufacturers’ instructions.
- Do not use in areas where floor openings exist.
- If the work area has openings protected by guardrails, an extra guardrail shall be installed above the existing top rail at a height of 0.9-1.1 meters plus the effective working height of the stilts being used. Ex. If the stilts give an extra 30” of height, an extra guardrail shall be installed 30” above, and in addition to, the top rail in place.

Online: <https://www.gov.nl.ca/dgsnl/ohs/>

Call 709.729.2706 or toll-free 1.800.563.5471

