



## OCCUPATIONAL HEALTH AND SAFETY REGULATIONS

Explanation Guide Overview, 2020

## INTRODUCTION

The purpose of this Guide is to provide assistance with understanding the Occupational Health and Safety Regulations. It provides information to help clarify the intent of certain sections of the Regulations and to provide answers, in plain language, to commonly asked questions about the Regulations.

**This Guide is only an explanation of the Regulations. It is not a legal document.**

In determining your rights and obligations under the Regulations, you must refer to the specific sections in the Regulations. In the event of a difference between this Guide and the Regulations, the Regulations prevail.

The reader should be aware that, unless otherwise stated, any reference to a code, standard or guideline is to the most recent version of that document. This is relevant because these documents are updated periodically.

The Guide contains many illustrations that are intended to help the reader understand the requirements of the OHS Regulations, as well as to provide clarification for this Guide. The illustrations are not intended to depict exactly what is required to comply with the OHS Regulations, rather to identify possibilities that may assist in formulating an appropriate solution to a particular situation that may be identified at a workplace.

The Guide is meant to correspond to the Regulations' Parts and Sections. The Guide is divided into 27 Parts and each part is then divided into the applicable section that corresponds to the numbering in the Regulations. In the Guide, each section number is preceded by the letter "E" to distinguish the explanation from that section of the Regulations.

There is an index located at the beginning of each Part of the Guide. It contains an inventory of the explanations provided within that Part. Here you will find the section number, the section title and the date of the most recent update in that section of the Guide.

The OHS Regulations are divided into 34 “Parts” as follows:

Part I	GENERAL
Part II	NOTICE REQUIREMENTS
Part III	GENERAL DUTIES
Part IV	OCCUPATIONAL HEALTH AND SAFETY COMMITTEES, REPRESENTATIVES AND DESIGNATES
Part V	GENERAL HEALTH AND SAFETY REQUIREMENTS
Part VI	OCCUPATIONAL HEALTH REQUIREMENTS
Part VII	PERSONAL PROTECTIVE EQUIPMENT
Part VIII	MACHINERY AND EQUIPMENT
Part IX	DE-ENERGIZATION AND LOCKOUT
Part X	FALL PROTECTION
Part XI	SCAFFOLDS, STAGES AND WORK PLATFORMS
Part XII	POWERED MOBILE EQUIPMENT
Part XIII	TRANSPORTATION OF WORKERS
Part XIV	CRANES, HOISTS AND OTHER LIFTING EQUIPMENT
Part XV	RIGGING
Part XVI	TRAFFIC CONTROL
Part XVII	CONSTRUCTION, EXCAVATION AND DEMOLITION
Part XVIII	EXCAVATION, UNDERGROUND WORK AND ROCK CRUSHING
Part XIX	GENERAL BLASTING

Part XX	FIRE PREVENTATION AND CONTROL
Part XXI	WELDING, BURNING AND CUTTING OPERATIONS
Part XXII	ACCESS AND EGRESS
Part XXIII	DIVING AND OTHER MARINE OPERATIONS
Part XXIV	WOODWORKING AND OTHER WOOD PRODUCTS MANUFACTURING
Part XXV	FORESTRY OPERATIONS
Part XXVI	ELECTRICAL OPERATIONS
Part XXVII	CONFINED SPACE ENTRY
Part XXVIII	GENERAL MINING REQUIREMENTS
Part XXIX	UNDERGROUND OPERATIONS
Part XXX	SHAFTS, HOISTS AND CONVEYANCES
Part XXXI	OPEN CUT WORKINGS IN MINING OPERATIONS
Part XXXII	USE OF ELECTRICITY IN MINES
Part XXXIII	REPEAL AND COMMENCEMENT

## For more information, Contact the OHS Division

The explanations provided in this Guide are meant to apply to most workplaces and work situations. However, not all situations can be foreseen and therefore are not discussed within this Guide. If clarification is required for a particular Section, please contact the OHS Division of Service NL:

General Inquiries: Toll Free: 1 (800) 563-5471  
Locations Phone Number  
Mount Pearl (709) 729-2706

Corner Brook (709) 637-2946  
Grand Falls – Windsor (709) 292-4400  
Wabush (709) 282-3679

Or visit the Website at [www.gs.gov.nl.ca/ohs/](http://www.gs.gov.nl.ca/ohs/) (click on the 'Legislation' link to access the OHS Legislation online)

Canadian Standards Association (CSA)  
5060 Spectrum Way Mississauga, Ontario L4W 5N6  
CANADA  
Toll-Free: +1 800 463 6727 Tel: +1 416 747 4044 Fax: +1 416 747 2510  
[www.csa.ca](http://www.csa.ca)

CSA standards which have been adopted into OHS Regulations are available for viewing free of charge online at <https://community.csagroup.org/login.jspa>

Workplace NL (<https://workplacenl.ca/>) offers a variety of valuable Occupational Health and Safety issues.

They can be contacted at:

**St. John's**  
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St. John's, NL A1A 3B8  
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