



K. Knowles

# Experience

**Adventure**

**Interpretation**

**Hiking**

**Camping**

**Nature**



**Newfoundland  
Labrador**

**Parks and Natural Areas  
Newfoundland and Labrador**

**S**ince the creation of Sir Richard Squires Memorial Park in 1954, Provincial Parks and Reserves have brought you Newfoundland and Labrador at its natural best. Today, thanks to the foresight of those who worked towards the creation of Provincial Parks and Reserves in Newfoundland and Labrador, you can still enjoy their many benefits. Whether you visit one of these areas for a day or for an extended vacation, our excellent facilities and programs together with outstanding natural surroundings and friendly staff will help you celebrate our natural heritage.

### Just imagine...

You are surrounded by family and friends. Swimming and hiking have sharpened everyone's appetites, and the kids are clamouring for hot dogs and juice. After a satisfying lunch, you and the children take a relaxed walk around the pond, and explore a variety of habitats and ecosystems together with the park interpreter. As the warm sun completes your sense of well-being, you are filled with happy memories of summers past.



Notre Dame Provincial Park



Notre Dame Provincial Park

**T**he sweet smell of wood smoke is enriched by the aroma of frying "toutons". As the campfire leader passes out the rounds of fried bread dough, you ladle a spoonful of partridgeberry jam on yours. The touton's taste is reminiscent of fresh-baked bread, and the jam is both sweet and deliciously tangy. This is the fun of a Provincial Park campfire program.

## CONTENTS

Provincial Parks Background.....	3
Wilderness and Ecological Reserve Background.....	4
Environmental Education.....	5
Heritage Rivers.....	6
Provincial Map.....	7, 8
Chart of Parks Facilities and Activities.....	9
Western Area Parks and Reserves.....	10, 11
Central Area Parks and Reserves.....	12
Eastern Area Parks and Reserves.....	13
Avalon Area Parks and Reserves.....	14, 15
Labrador Parks and Reserves.....	15
Provincial Park Reserves.....	16
Guidelines.....	17, 18

Parks and Natural Areas Division of the Department of Environment and Conservation is responsible for the administration, management, planning and establishment of Newfoundland and Labrador's Provincial Parks, T'Railway, Wilderness Reserves, Ecological Reserves and Canadian Heritage Rivers. The Division works jointly with Parks Canada to plan new National Parks and Marine Conservation Areas in the Province. The Division is also a member of the Canadian Heritage Rivers Board.

Our mission is to protect and preserve in an unimpaired condition representative and rare examples of the Province's natural heritage as Provincial Parks and Wilderness and Ecological Reserves, and to provide a diverse range of outdoor recreational opportunities, province-wide, which will encourage visitors to celebrate, discover, explore, understand and appreciate our natural heritage.

# Provincial Parks

## SOMETHING FOR EVERYONE

Young and old, groups and individuals can enjoy a myriad of outdoor activities in Provincial Parks. The fun awaits you whether you join in a cross-country ski meet, enjoy an environmental game or spend a day at the beach with your friends. Leave stress behind as you unwind in the refreshing natural setting of a park.



Notre Dame Provincial Park

## RESERVATIONS

In an effort to serve the public better, a new reservation service was brought into effect. This new service was offered for the first time in 2007. The reservation service was designed in a user-friendly manner and consists of both a call centre and web portal for making reservations.

Under the new system we have opened approximately 80% of all campsites to the reservation service. Patrons to provincial parks can now book ahead and be assured of a campsite when they arrive at the park. This new service also allows the travelling public to book a specific site within the park based on their needs or requirements.

The reservation service can be accessed through the web at [www.nlcamping.ca](http://www.nlcamping.ca), and a toll free number, 1-877-214-2267. There is a fee associated with using this service.

## PLACES FOR ALL SEASONS

Beat the winter blues by taking part in activities such as camping, snowshoeing, nature photography and cross-country skiing. You will find groomed cross-country ski trails in two parks: Butter Pot and Notre Dame.

If you wish to winter camp in your trailer, you can do so in Butter Pot and Notre Dame Parks. Services available are limited to snow-cleared parking areas, pit toilets and firewood. Campers are responsible for their own drinking water and the removal of garbage. Access to winter campsites in this park can be via skis or snowshoes. To avoid user conflicts, off-road vehicles, including snowmobiles and ATV's are prohibited in all Provincial Parks. Those wishing to winter camp with a tent must register with the park.

# Wilderness and Ecological Reserves System

Striving to protect the province's natural heritage for all residents and visitors for today and tomorrow.

## WILDERNESS RESERVES

Wilderness Reserves are large undisturbed natural areas where people may hunt, fish, travel and otherwise experience this province's rich natural heritage. These reserves protect significant wildlife populations and important ecosystems. The Avalon Wilderness and Bay du Nord Reserves protect two of North America's unspoiled barren lands, unpolluted water systems, and wildlife such as caribou, moose, Canada geese, and ptarmigan. An entry permit is required.



Woodland caribou, Avalon Wilderness Reserve



Atlantic puffins, Witless Bay Ecological Reserve

## ECOLOGICAL RESERVES

Ecological Reserves are smaller areas and provide a sanctuary for unique, rare or endangered plants, animals or natural history artifacts such as fossils and also representative examples of our natural regions. Mistaken Point Ecological Reserve near Cape Race protects an internationally significant Precambrian fossil site. Several seabird nesting sites are designated ecological reserves. Interpreters are located at Cape St. Mary's Visitor Centre from May to October and at Mistaken Point and Burnt Cape from June to October. Private boat tour operators take visitors to view the nine species of seabirds at Witless Bay Ecological Reserve.

It is important that the natural balance of reserves not be disturbed. For this reason, access to most reserves is restricted and monitored by permits. Permits are available from Parks and Natural Areas headquarters or online at [www.gov.nl.ca/parks](http://www.gov.nl.ca/parks). Refer to the specific reserve management plan (available from Parks and Natural Areas) for further information.

# Learning naturally!!

Provincial Parks are nature's classrooms where learning comes naturally. Join the fun as a park interpreter leads you in a sing-song around the campfire, shows you a movie in the amphitheatre, or helps you create a nature craft. If you prefer something a little quieter, join a guided nature walk and discover the natural wonders of Newfoundland and Labrador. Bring your school or community group - young and old alike will enjoy the activities, and participating will enrich your park visit.

If you're lucky, you might see a moose in Barachois Pond. It is a bird watchers paradise in La Manche and Notre Dame Parks. Salmon jump the falls in Squires Memorial Park while the endangered Piping Plover is found on the sand dunes of J.T. Cheeseman and Sandbanks Parks. These are some of the many first hand experiences found in our protected areas. Seasonal park/reserve interpreters are on hand at Barachois Pond, La Manche, Butter Pot, J.T. Cheeseman, Lockston Path, Notre Dame Parks and also at Mistaken Point, Burnt Cape and Cape St. Mary's Ecological Reserves. Join a nature program or activity at any of these parks or reserves and learn about our natural environment.



Notre Dame Provincial Park



Lockston Path Provincial Park

Discover more about the Province's plants, animals, geology and ecology by reading some of the brochures published by Parks and Natural Areas Division. They are available from individual Parks and Parks Headquarters.

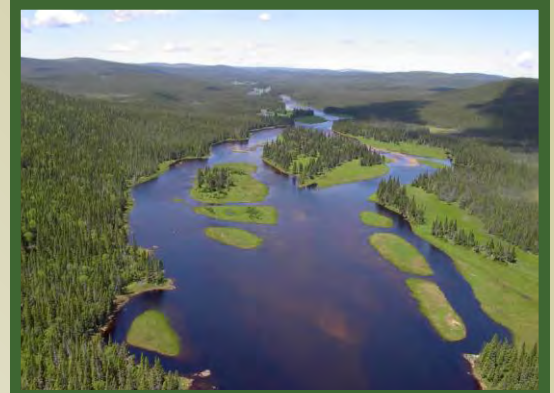
In the fall, Provincial Parks truly turn into outdoor classrooms when the parks and reserves with Interpretive staff begin the Nature's Classroom program. The program is activities based and satisfies the school curriculum of grades 1-6. This program is offered free of charge to schools throughout our province. Please contact the Manager of Environmental Education and Promotions at Parks and Natural Areas Division for more information.

# Heritage Rivers

The Canadian Heritage Rivers System was established in 1984 to conserve and protect the best examples of Canada's river heritage, to give special rivers national recognition, and to encourage the public to enjoy and appreciate them.

As of October 2007, 36 rivers across the country known for their natural, recreational, and cultural significance have been designated as Canadian Heritage Rivers. Three remain to be designated.

Newfoundland and Labrador's first Heritage River—the Main River—received its designation in 2001. Located at the base of the Island's Great Northern Peninsula, the Main River winds through old-growth forest and the rich plant- and wildlife of the "Big Steady" before plunging down to the sea. It provides, by turns, placid tranquility and thrilling white-water canoeing.



The Main River



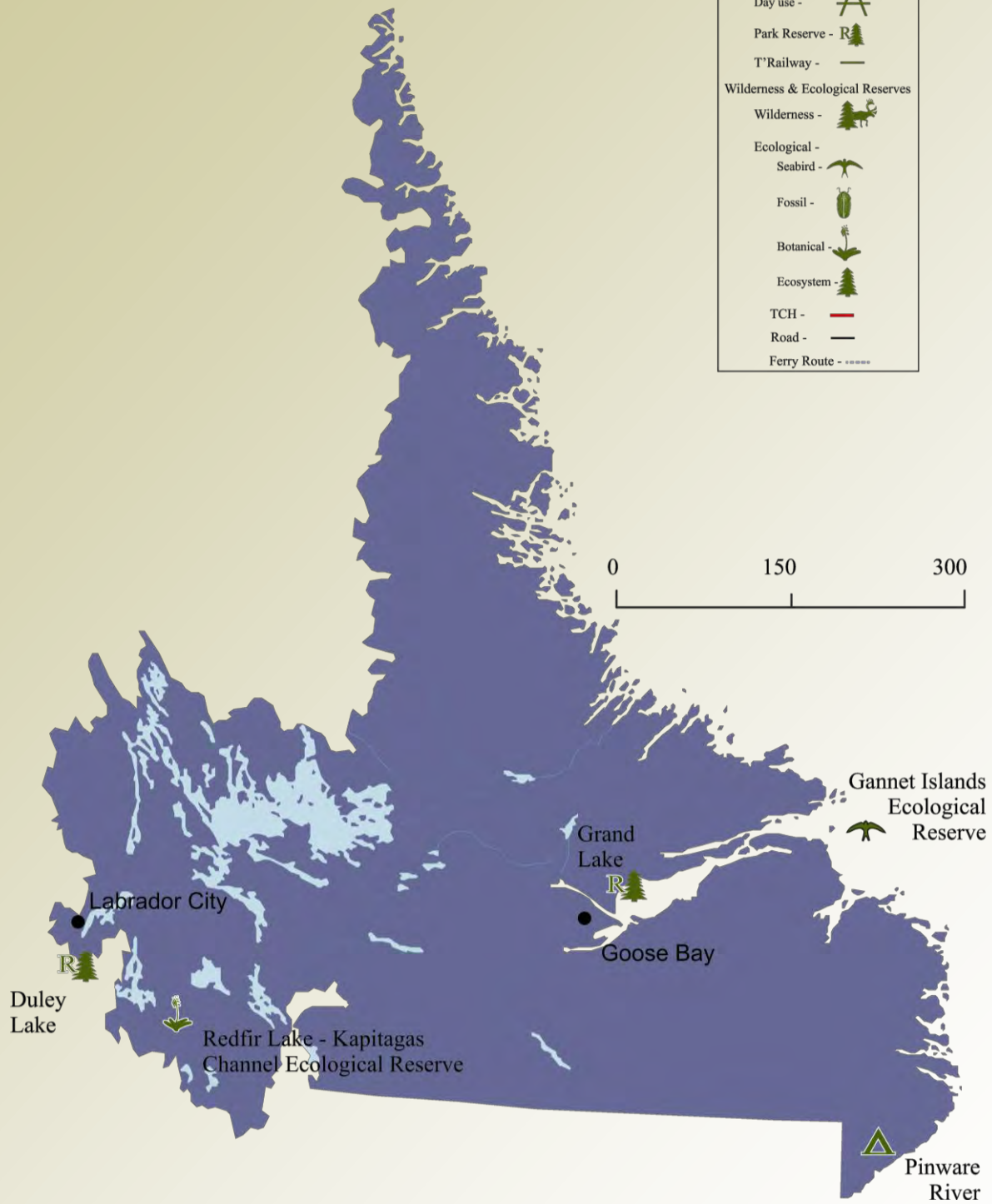
Smokey Falls, Bay du Nord

The Bay du Nord River system was nominated in 1992 and, in 2005, became the province's second Canadian Heritage River. Flowing through the pristine landscape of the Bay du Nord Wilderness Reserve, it sweeps paddlers past wide barrens where caribou roam, through whitewater "rattles" and quiet pools where countless brook trout, landlocked salmon, and Atlantic salmon swim, then down to the salt waters of Fortune Bay on Newfoundland's south coast.

The Canadian Heritage Rivers System (CHRS) is a public trust. Local citizens and grass-roots involvement move its programs forward. Communities, aboriginal peoples, landowners, and stakeholders have their rights and concerns respected. Governments are responsible for designation, as well as lending support and guidance, and providing approvals and protection as required.

The CHRS is administered by the Canadian Heritage Rivers Board. Its members are appointed by the federal, provincial, and territorial governments. The CHRS has no legislative authority—it is driven by voluntary participation, partnerships, cooperation, and community involvement.

Learn more about the Canadian Heritage River System through their website at [www.chrs.ca](http://www.chrs.ca).







Provincial Parks	Page	Camping	Picnic Areas	Trailer Dumping	Modern Washrooms	Laundry	Public Phone	Brochure	Swimming	Hiking Trails	Playground	Interpretive Program	Winter Camping	X-Country Skiing	Boat Launch	Wheelchair Accessible
J.T. Cheeseman	10	●	●	●	●		●	●	●	●	●					●
Codroy Valley	11		●													
Barachois Pond	10	●	●	●	●	●		●	●	●	●				●	●
Sandbanks	11	●	●	●	●	●		●	●	●	●					●
Blow Me Down	11	●	●	●	●	●	●	●		●	●					●
Squires Memorial	10	●	●	●	●	●		●			●					●
The Arches	11		●													●
Pistolet Bay	11	●	●	●	●	●		●	●							●
Notre Dame	12	●	●	●	●	●	●	●	●		●	●	●			●
Dildo Run	12	●	●	●	●	●		●		●						●
Deadman's Bay	12		●													
Lockston Path	13	●	●	●	●	●		●	●	●	●				●	●
Dungeon	13															
Frenchman's Cove	13	●	●	●	●			●	●	●	●					●
Gooseberry Cove	14		●													
Cataracts	14		●							●						
Chance Cove	15	●	●													
La Manche	15	●	●	●	●	●		●	●	●	●	●				●
Butter Pot	15	●	●	●	●	●		●	●	●	●	●	●	●		●
Pinware River	15	●	●	●	●	●		●		●						●

Wilderness and Ecological Reserves	Page	Interpretive Programs
King George IV	11	
Little Grand Lake	11	
Table Point	11	
Sandy Cove	11	
Watts Point	11	
Burnt Cape	11	●
Hare Bay Islands	11	
West Brook	12	
Funk Island	12	
Bay du Nord	12	
Fortune Head	13	●
Baccalieu Island	14	
Cape St. Mary's	14	●
Hawke Hill	14	
Mistaken Point	14	●
Witless Bay	15	
Avalon Wilderness	14	
Gannet Islands	15	
Redfir Lake/Kapitagas Channel	15	

Provincial Park Reserves	
Bellevue Beach	Duley Lake
Fitzgerald's Pond	Flatwater Pond
Grand Codroy	Jack's Pond
Iipujikuei Kuespem	Jonathon's Pond
Marine Drive	Windmill Bight
Grand Lake	

# Western Area



## Sir Richard Squires Memorial



Big Falls and the salmon pools on the Humber River are the main attractions here. Whether your interest is angling, photography or just watching the salmon leaping the water falls, you can enjoy yourself in this large but quiet park. Location: Rte. 422; 40 km off Rte. 1 and 30 km from Cormack Jct.; Rte. 430

## Barachois Pond



One of the largest and most popular parks in the system. The large lake is the setting for aquatic sports. Erin Mountain hiking trail affords a breathtaking view of the Park. Remote campsites are located on top of Erin Mountain for those who enjoy wilderness camping. The Park Interpreter conducts diverse programs in the activity centre and locations around the park. Location: Rte. 1; 24 km from St. George's

## J. T. Cheeseman



Users of the Marine Atlantic Ferry find this park a convenient first (or last) stop on the island. The Cape Ray Sands are often pounded by spectacular waves which wash up curious items for the visitor to investigate. The endangered Piping Plover nests within the park in the sand dunes, please be careful when exploring. Interpretation and Special Events programs are conducted weekly. Location: Rte. 1; 3 km from Cape Ray

## Codroy Valley

This scenic beach is located at the mouth of the Grand Codroy River, which is a recommended canoeing trip. Bring your camera to catch the magnificent view of the Long Range Mountains.  
Location: Rte. 406; 37 km north of Port aux Basques

## King George IV Ecological Reserve

The King George IV delta is a part of the Lloyds/Exploits river system. The area encompasses one of the largest undisturbed delta sites on the island.  
Location: Situated 90 km north of Burgeo, approximately 5 km west of the Burgeo highway.

## Sandbanks

The Park is named for its undulating sand dunes and long expanses of flat, sandy beaches which are some of the most magnificent on the island portion of the province. The endangered Piping Plover nests within the parks sand dunes, please exercise caution.  
Location Rte. 480; in the community of Burgeo

## Blow Me Down

Magnificent views of the Blow Me Down mountains and the Bay of Islands make this park one of the most scenic locations in the area to visit. The comfort station with hot showers and laundry facilities make your stay more enjoyable.  
Location: Rte. 450, 58 km off Rte. 1, located in Lark Harbour

## Sandy Cove Ecological Reserve

The home to the endangered Long's braya. This reserve is located along the limestone barrens (Calcareous) habitat that makes up a the northwestern side of the great northern peninsula.  
Location: Rte, 430; Community of Sandy Cove.

## The Arches

This site features a natural rock archway created by tidal action. An interpretative exhibit explains the formation of the arches, and the two Ecological Reserves in the area - Table Point and Watts Point.  
Location: Rte. 430; 140 km north of Deer Lake

## Table Point Ecological Reserve

Table Point is a unique fossil locality of international importance. It contains excellent examples of limestone approximately 470 million years old. The limestone contain well preserved fossils.  
Location: Rte. 430; 2 km north of Belburns

## Watts Point Ecological Reserve

Watts Point - Calcareous barrens are unique because they support many species of plants which are not found anywhere else in Newfoundland. Many of the plant species in this area are rare and endangered.  
Location: Off Rte. 430; between Eddie's Cove and Cook's Harbour.

## Hare Bay Islands Ecological Reserve

This reserve is comprised of Gilliant, Spring and Brent Islands and protects the breeding habitat of Eider ducks.  
Location: 10 km off Main Brook; Rte. 432

## Pistolet Bay

Located at the tip of the Northern Peninsula it is near L'Anse Aux Meadows National Historic Park. Good canoeing is possible in a nearby lake.  
Location: Rte. 437; 12 km off Rte. 430; 6 km from Raleigh

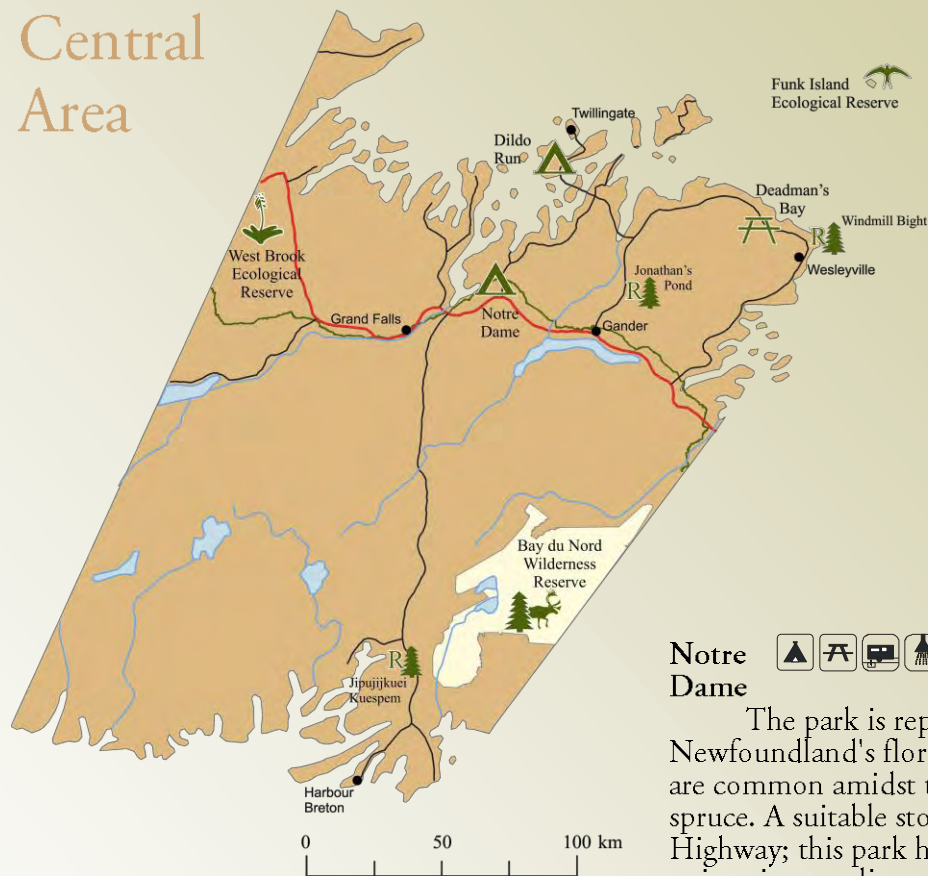
## Little Grand Lake Ecological Reserve

This area preserves the habitat of the endangered Newfoundland marten and representative portions of three of the Province's ecoregions.  
Location: 20 km south east of Corner Brook.

## Burnt Cape Ecological Reserve

The home to over 30 species of rare plants and a total of just over 300 species of plants. This reserve is a famous locale for botanical and geological enthusiasts. Tours are provided by two very knowledgeable Interpreters.  
Contact Pistolet Bay Provincial Park for Guided Tour Information.  
Location: Rte, 437; 1 km north west of Raleigh.

# Central Area



## West Brook Ecological Reserve

This 10.74 km<sup>2</sup> Red pine site is situated at the headwaters of West Brook. Red pine is presently the rarest indigenous coniferous tree species in Newfoundland.

Location: Rte. 1; 30 km southwest of Springdale

## Bay du Nord Wilderness Reserve

Within this roadless wilderness the visitor can experience wildlife populations, and plant communities representative of wild Newfoundland. The caribou here thrive with little or no disturbance from humans.

Waterways including the scenic Bay du Nord and the Northwest River and their headwater lakes offer extensive unpolluted water systems for canoe travel. Entry permits are required and are available from nearby Provincial Parks and Headquarters in Deer Lake.

Location: Situated between Rte.360,Rte.1and Rte. 210

## Deadman's Bay

This beach of fine beige sand is a nice place to stop for a picnic. The exposed coastline is an excellent spot to view offshore icebergs in early summer.

Location: 93 km north of Gambo on Rte. 320

## Notre Dame

The park is representative of Central Newfoundland's flora and fauna. Moose, bear and beaver are common amidst the mixed stands of birch, fir and spruce. A suitable stopover along the Trans Canada Highway; this park has many attractions. Facilities for swimming, angling, and boating are the most obvious. The Park Interpreter conducts guided walks, campfire and nature craft programs. An activity centre allows programs to continue - rain or shine!

Location: Rte. 1; 1 km east of the Notre Dame Junction

## Dildo Run

After a journey along the Road to the Isles, the traveller will enjoy the refreshing surroundings of this park which overlooks the bay. The remains of a small tramway is of historical significance to the area. The park offers a variety of special events programming throughout the season. This park is an excellent starting or ending point for sea kayaking.

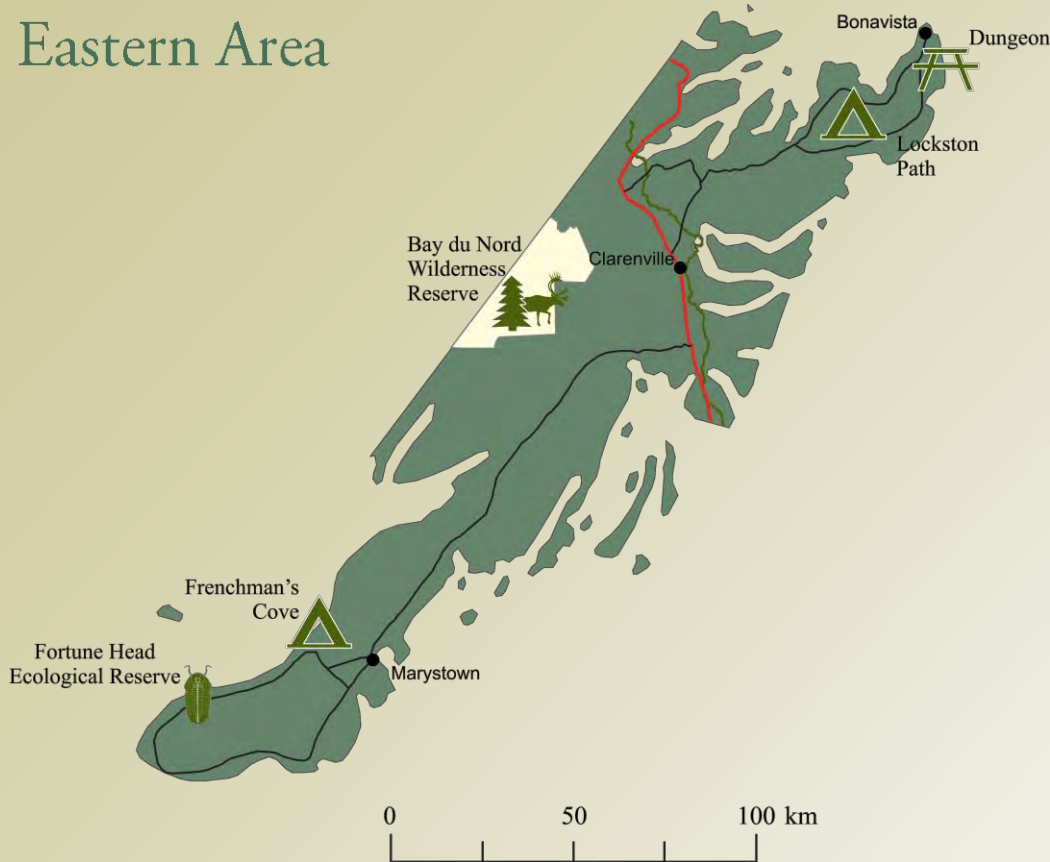
Location: Rte. 340; 2 km from Virgin Arm

## Funk Island Ecological Reserve

The last known breeding site in North America of the Great Auk - driven to extinction by human exploitation. The site is important for its Common Murres which make it the largest colony in the western North Atlantic. Access is restricted to research scientists.

Location: 65 km offshore from Cape Freels

# Eastern Area



## Lockston Path

This park with its sheltered campsites and freshwater beach provides a good base camp for visits to the nearby historic communities. Guided hikes, amphitheatre programs, campfires and learning activities are available at this park. Please check with the Park Interpreter at the activity centre for times and dates. Water and electrical hook-ups are available here (30 amps & 50 amps). Location: Rte. 236; 6 km from Port Rexton

## Frenchman's Cove

A pebble beach, a quiet barchois, a marsh and a stream can all be found in this park. The varied habitat will fascinate the serious or casual observer of nature. With a wide variety of species to be observed, it is of particular interest to bird watching enthusiasts. Next door to the park is the Grand Meadows Golf Association and park users have access to a 9 hole golf course. Location: Rte. 213; 2 km from Frenchman's Cove

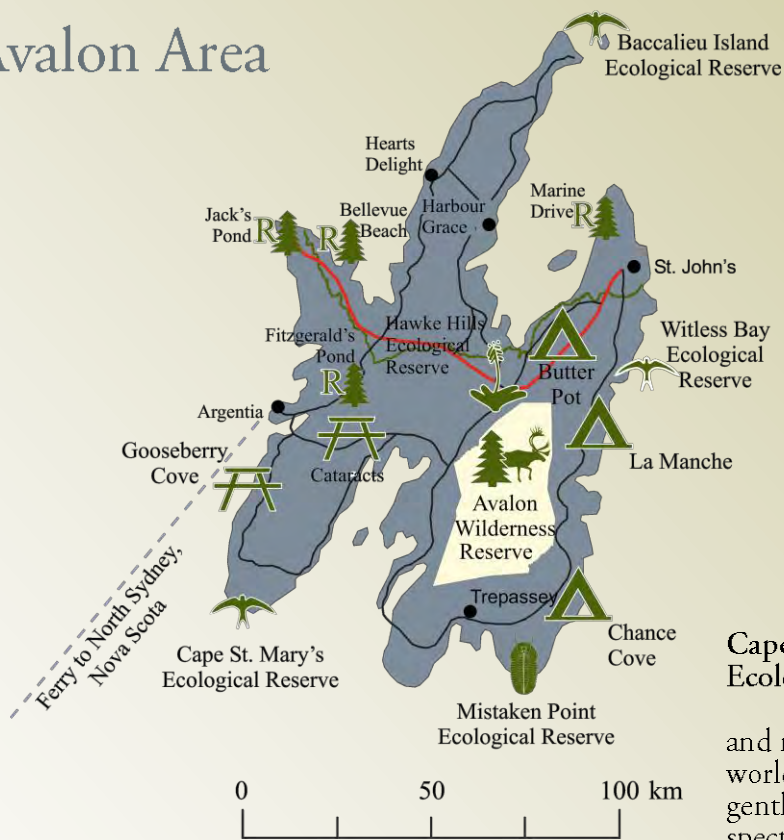
## Dungeon

A collapsed sea cave with a natural archway carved out by tidal action highlights this site. A restored 19th century lighthouse is nearby, at Cape Bonavista, a Provincial Historic site. Location: Rte. 238, 15 km north of Catalina

## Fortune Head Ecological Reserve

Fortune Head is a minor headland of international significance located approximately 1.6 km west of the town of Fortune on the southwestern tip of the Burin Peninsula. A portion of the rock section exposed along the cliffs at Fortune Head has been designated by the International Union of Geological Scientists as a global stratotype representing the boundary between the Precambrian era and Cambrian period, approximately 530 million years ago. Location: Rte. 220; 1.6 km west of Fortune

# Avalon Area



## Avalon Wilderness Reserve

This Reserve is one of the most accessible, unspoiled barren lands in North America. Its caribou herd is Canada's most southerly, containing some of the world's largest caribou which are easily viewed from Route 10. The Reserve is ideal for canoeing, hiking, angling, photography and wilderness camping. A permit is required and available from Butter Pot Park, La Manche Park and Deer Lake Office.

Location: Avalon Peninsula, situated between Rte. 1, Rte. 90 and Rte. 10

## Hawke Hill Ecological Reserve

It contains the best representative area of Alpine Barrens east of the Long Range Mountains. Location: Rte. 1; 50 km west of St. John's

## Baccalieu Island Ecological Reserve

Eleven different species of seabirds breed on this island during the summer. 3,000,000 breeding pairs of Leach's Storm Petrel, making it the largest colony in the world. Location: Off the northwestern tip of the Avalon Peninsula.

## Mistaken Point Ecological Reserve

Rare fossils make this one of the most important fossil sites in the world. It is home to the oldest multi-celled fossils in North America. Location: Off Rte. 10; 16 km southwest of Portugal Cove South. Interpreters are available at the Portugal Cove South-Cape Race Heritage Interpretation Centre in Portugal Cove South.

## Gooseberry Cove

Nestled in a valley overlooking Placentia Bay, Gooseberry Cove is a perfect place for a rest stop. The sandy beach is ideal for picnicking and beachcombing. High wave action restricts swimming. Location: Rte. 100; 30 km south of Placentia

## Cape St. Mary's Ecological Reserve

This reserve has been called "one of the best and most accessible seabird watching spots in the world." Four hundred foot cliffs and sea stacks, gentle rolling barrens and over 80,000 seabirds offer a spectacular opportunity to view, learn and photograph this magnificent reserve. Added to this natural experience is an interpretation centre equipped with wheelchair accessibility, natural history displays, audio visuals, seabird nature store, viewing telescopes, and qualified interpreters. The best viewing time: May - late July, but gannets remain to October.

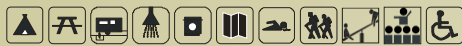
Location: Rte. 100; 15 km east of St. Brides, 16 km paved road

## Cataracts

A deep river gorge with two cascading waterfalls provides a scenic setting for photographs. Stairs and walkways enable the visitor to descend the gorge and cross the river.

Location: Rte. 91; 28 km west of Salmonier on Rte. 90

## La Manche



A waterfall, a trail and lily filled ponds make up this beautiful park. If you like walking in the woods, canoeing, meandering streams or swimming; you can have a relaxing stay here. The park is a paradise for birdwatchers; over 50 species of birds have been identified in the park. An interpreter conducts natural history programs and special events.

Location: Rte. 10; 11 km from Cape Broyle

## Witless Bay Ecological Reserve



This reserve is comprised of four small islands - Green, Pee Pee, Great and Gull. With over 2,003,000 breeding birds, the Reserve has the second largest population of seabirds in eastern North America. There are several boat tours which leave the Southern Shore to take visitors out to view the islands. Access to the islands is generally restricted to research scientists and professionals.

Location: Off Witless Bay, via Rte.10

## Butter Pot



The numerous camping and picnic sites are very popular. The beach is one of the main attractions, but many are awed by the view from the "Lookout", a 3.5 km hike up Butter Pot hill. The park interpreter conducts guided walks, campfires, amphitheatre programs and nature crafts. Fun and learning for all ages.

Location Rte. 1; 11 km from Holyrood

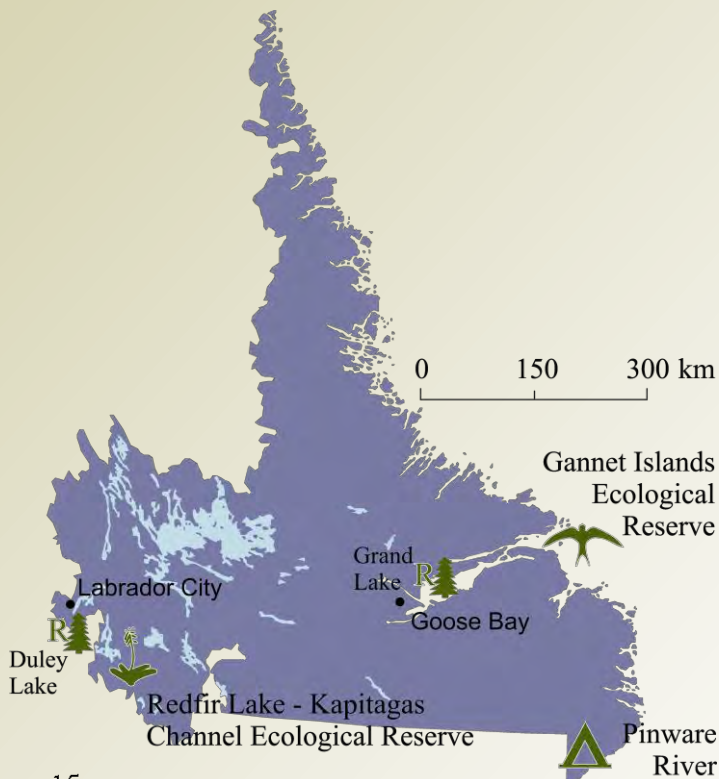
## Chance Cove



The camping area was once the site of an old settlement. Seals can often be seen near the pebble beach and birdwatchers will not be disappointed when they visit this area. There are no designated campsites. Camping is permitted on the parking lot in the picnic area.

Location: Rte. 10; 15 km from Cappahayden

# Labrador Area



## Pinware River



This park borders on an estuary of a good salmon and trout river in Southern Labrador. It is a convenient location to make a base camp for touring the Labrador Straits. Close to Red Bay Interpretation Site, it provides excellent opportunities for viewing icebergs well into the summer.

Location: Rte. 510; 40 km from Blanc Sablon; a ferry crosses from St. Barbe to Blanc Sablon

## Gannet Islands Ecological Reserve



During the breeding season, this Reserve is home to over 200,000 seabirds. This sanctuary has the largest Razorbill colony in North America. Its name comes from a boat which sank in the area, not the bird. There are no gannets found on the island. Access restricted to research scientists.

Location: 40 km from Cartwright

## Red Fir Lake Ecological Reserve



This site supports the only known natural stand of Jack Pine in Newfoundland and Labrador. It offers excellent opportunities for canoeing and wilderness travel.

Location: 160 km southeast of Labrador City



# Provincial Park Reserves



Park Reserves, protect areas with significant natural features and landscapes as part of a provincial initiative to protect representative portions of all the different ecoregions within this province. These areas have no day use or camping facilities. Currently there are 11 Park Reserves in the province.

Many of these Park Reserves were former Provincial Parks with the campground portion leased to private operators. The park reserve is the remaining land mass which was included in the former provincial park. Park reserves are not open to camping.

## Grand Codroy

This park reserve is in the magnificent Codroy Valley and offers a wonderful view of the Long Range Mountains. It protects a portion of a fluvial delta. Location; Rte. 406; 3 km off Rte. 1, near Doyles.

## Duley Lake

Protection of the open lichen woodland which is representative of Ecoregion V (Labrador) is this park reserves main purpose. This park reserve is 6.90 km<sup>2</sup> in size. Located 10km from Labrador City.

## Flatwater Pond

Offers protection to an excellent example of a delta/marsh complex. The site was a former logging camp near the mining town of Baie Verte. It is located off Rte. 410; 56km of Rte. 1 ; 23 km from Baie Verte.

## Jipujikuei Kuespem

Located on Rte. 360; near Bay d'Espoir on the south coast, this park reserve is part of the traditional hunting grounds of the Mi'kmaq people. Their descendants are still living in nearby Conne River on the Island's south coast. This reserve was created to protect examples of forested ecoregions, namely Ecoregions IÉ and IID.

## Jonathan's Pond

This park reserve preserves a majestic stand of white birch in central Newfoundland. It is located 16km from Gander on Rte. 330; 16 km off Rte. 1. It is 3.43 km<sup>2</sup> in size.

## Windmill Bight

This park provides protection for the plateau bog which is found here, an element of Ecoregion VII. Located 3 km from Lumsden, Rte. 330; 97 km off Rte. 1 & 320.

## Jack's Pond

This area preserves some of this province's rare plants. It also contains an area of high habitat diversity including; barren vegetation, wetlands and a forested stream valley. Rte. 1; 8 km from Arnold's Cove.

## Bellevue Beach

A long sand and beachrock bar separates the sea from a placid barachois, this area protects a beach complex, saltmarsh and habitat for migrating shorebirds. Rte. 201; 3 km off Rte. 1; 10 km from Bellevue.

## Fitzgerald's Pond

This area protects a population of globally rare lichen *Erioderma pendicellatum*. This reserve protects 1.63 km<sup>2</sup> of habitat. Located on the Avalon peninsula, Rte. 100; 18 km off Rte. 1; 15 km from Dunville.

## Marine Drive

Consisting of 6.17 km<sup>2</sup>, this park reserve is the youngest of the park reserves. It is an essential representative area of the northeastern barrens subregion.

## Grand Lake

This park reserve protects a portion of forested area between North West River and Goose Bay, in Labrador. This reserve is 15.05 km<sup>2</sup> in size.

# Camp in Comfort and Safety

The parks system offers a wide variety of campsites, services and programs.

**Comfort stations with modern washrooms, hot showers and laundry facilities** are available at Barachois Pond, Blow Me Down, Butter Pot, Dildo Run, Lockston Path, La Manche, Notre Dame, Pinware River, Pistolet Bay, Sandbanks and Sir Richard Squires Memorial Parks.

J.T Cheeseman and Frenchman's Cove are equipped with modern washrooms and hot showers but do not have laundry facilities.

All camping parks have attractive campsites in private locations, and have picnic tables and fireplaces.

## GROUP CAMPING

If you are planning an outing for your youth group, be sure to visit Butter Pot, Notre Dame, Lockston Path or Barachois Pond Parks where a group camping area is provided free of charge to youth organizations. Reservations can be made by calling these individual parks.

## PRIVATE SECTOR PROGRAM

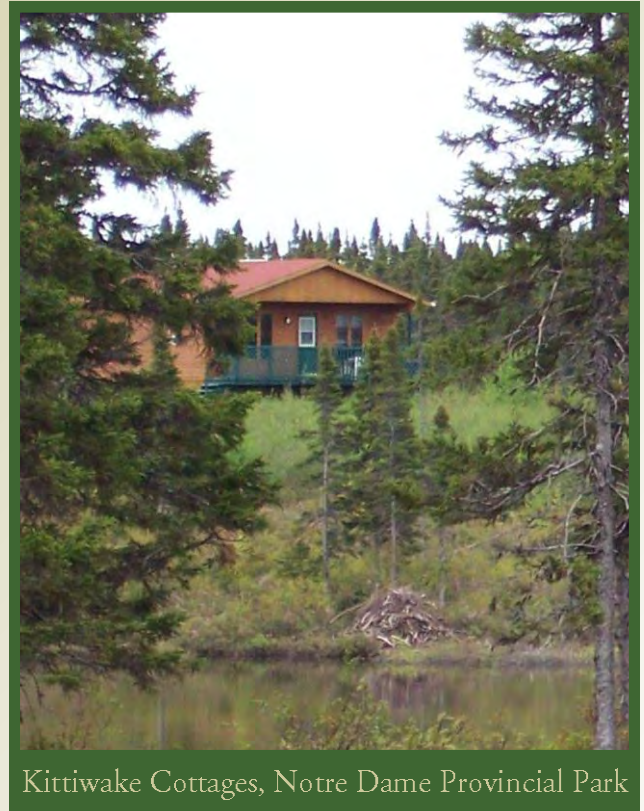
In addition to the facilities offered by Parks and Natural Areas Division, the private sector has developed services in a number of parks.

As of printing of this brochure the private sector facilities operating are:

Frenchman's Cove - paddle boats, water trikes, row boats, canoes, kayaks and bike rentals; 9 hole golf, rental cabins.

Notre Dame - convenience store; paddle boat and bike rentals; rental cabins.

Sir Richard Squires Memorial - Tourist Lodge



Kittiwake Cottages, Notre Dame Provincial Park

## SEWAGE DISPOSAL STATIONS

... are available at the following camping parks: Barachois Pond, Blow Me Down, Butter Pot, Dildo Run, Frenchman's Cove, J.T. Cheeseman, Lockston Path, La Manche, Notre Dame, Pinware River, Pistolet Bay, Sandbanks and Sir Richard Squires Memorial Parks.

## RECREATIONAL VEHICLE STORAGE

Most parks with camping facilities offer the convenience of recreational equipment storage. You can get a permit to store your RV when it is not in use.



Barachois Pond Provincial Park

## GET BACK TO BASICS

In Barachois Pond Park you can camp in remote sites at the 340 metre summit of Erin Mountain. Please register and pay at the park office.

## HIKING AND WALKING TRAILS

While enjoying your stay in one of our Provincial Parks, be sure to go on a hike or a nature walk. Most Parks have trails leading to scenic lookouts, rivers, boglands and forests. Trails are continually being improved and developed often in partnership with local communities. Look for trails in Dildo Run, Sandbanks, Butter Pot, Blow Me Down, Lockston Path, Frenchman's Cove, J.T. Cheeseman, Pinware River, Cataracts and La Manche Parks. The Piping Plover, an endangered shorebird, may be viewed from a new lookout platform located in Cheeseman Park.

## FIRES AND FIREWOOD

For your convenience, firewood is sold in parks with camping facilities and is available at the check point. Fires must be confined to the fireplaces provided. Please respect the environment and do not leave a fire unattended and make sure it is completely extinguished before leaving. During summer periods, open fires may be restricted; please consult park staff. **Open fires are not permitted in unstaffed parks.** When barbecuing, please place used charcoal in the fireplace or in a container provided.

## PETS

For the comfort of all visitors and park wildlife, all pets in a park **must** be kept on a leash. Parks and Reserves managers have the authority to impound roaming animals.

## USE OF ALCOHOLIC BEVERAGES

The consumption of alcohol in Provincial Parks is restricted to designated camping and picnic sites. Possession of, or drinking from, a container of alcoholic beverage in any other area of the park, including park roads, beaches or trails, is prohibited. Notre Dame Provincial Park establishes an alcohol ban from Victoria Day weekend until Canada Day weekend. Please check with park staff regarding bans in any other parks.

## PARK STAFF

We are there to help you and service with a smile is guaranteed. Your suggestions are always welcome. All parks with camping facilities, and some with day-use facilities, are staffed during the summer operating season. Park staff are responsible for the operation and maintenance of the park. All Parks and Reserves Managers and Rangers are authorized by the Provincial Parks Act to enforce park rules and regulations. Parks and Reserves Managers and Rangers have completed training to deal with emergency situations. First aid materials are available at the park office.

## SYSTEM OF PROTECTED AREAS

Provincial Parks fulfill many roles, protecting natural heritage; providing high-quality outdoor recreation opportunities; fostering environmental education/heritage appreciation; and encouraging tourism. The protection of heritage areas, representing a full range of the provincial ecoregions including their natural processes and features and rare natural heritage fall in the care of the Wilderness and Ecological Reserves. Together the Provincial Parks and Reserves make up the system of Parks and Natural Areas. Parks and reserves are protected for the benefit of present and future generations.



Barchois Pond Provincial Park



The Arches Provincial Park



Dwarf hawk's beard (*Crepis nana*), Burnt Cape



La Manche Provincial Park

**Parks and Natural Areas Division  
Government of  
Newfoundland and Labrador  
33 Reid's Lane  
Deer Lake, NL, A8A 2A3  
(709) 635-4520  
[www.gov.nl.ca/parks](http://www.gov.nl.ca/parks)**

**Reservations: 1-877-214-2267  
[www.nlcamping.ca](http://www.nlcamping.ca)**

**General tourism information is  
available at  
1-800-563-NFLD (6353)**



Printed on recycled paper  
50% recycled, 15% post consumer waste  
Printed 2008