**Student:** **Grade: 3 Physical Education**

**Date:**

Themes:

G-SD Games: Space, Directions and Body Awareness RA Rhythmic Activities

G-LS Games: Locomotor Skills G Gymnastics

G-NLS Games: Non-Locomotor Skills

G- MSPR Games: Manipulative Skills: Projecting and Receiving

G- MSAA Games: Manipulative Skills: Accomp. Apparatus

Students will be expected to:

| **Outcomes** | **R** | **D** | **C** | **A** | **Changed Outcomes** |
| --- | --- | --- | --- | --- | --- |
| **In Movement:** | | | | | |
| Gr. 1,2,3  Identify, maintain, and use space adequately. G-SD  (GCO 1, KSCO 2, 4, 9) |  |  |  |  |  |
| Gr. 1,2,3  Demonstrate the mechanics of various locomotor skills.  G-LS  (GCO 1, KSCO 1, 7, 8) |  |  |  |  |  |
| Gr. 3  Demonstrate a variety and combinations of non-locomotor  skills to improve flexibility and range of movement  (over time). G-NLS  (GCO 1, KSCO 2, 3) |  |  |  |  |  |
| Gr. 3  Project a small object in a variety of circumstances.  G-MSPR  (GCO 1, KSCO 3, 6) |  |  |  |  |  |
| Gr. 3  Receive a small object in a variety of circumstances.  G-MSPR  (GCO 1, KSCO 3, 6) |  |  |  |  |  |
| Gr. 3  Project a large object in a variety of circumstances.  G-MSPR  (GCO 1, KSCO 3, 6) |  |  |  |  |  |
| Gr. 3  Receive a large object in a variety of circumstances.  G-MSPR  (GCO 1, KSCO 3, 6) |  |  |  |  |  |
| Gr. 1,2,3  Project a variety of objects using an implement. G-MSPR  (GCO 1, KSCO 3, 5, 6) |  |  |  |  |  |
| Gr. 1,2,3  Receive a variety of objects using an implement. G-MSPR  (GCO 1, KSCO 3, 5, 6) |  |  |  |  |  |
| Gr. 1,2,3  Manipulate various apparatus individually and in a large group. G-MSAA  (GCO 1, KSCO 3,4,6,9) |  |  |  |  |  |
| Gr. 1,2,3  Perform locomotor skills to music. RA  (GCO 1, KSCO 1, 4, 5, 6, 9) |  |  |  |  |  |
| Gr. 2,3  Demonstrate basic gymnastic skills in a simple routine. G  (GCO 1, KSCO 4, 5, 7, 9) |  |  |  |  |  |
| **About Movement:** | | | | | |
| Gr. 1,2,3  Demonstrate an understanding of orientation. G-SD  (GCO 2, KSCO 1, 2) |  |  |  |  |  |
| Gr. 1,2,3  Demonstrate an understanding of paths of motion. G-SD  (GCO 2, KSCO 1, 2, 4) |  |  |  |  |  |
| Gr. 1,2,3  Demonstrate an understanding of basic concepts of human locomotion. G-LS  (GCO 2, KSCO 4) |  |  |  |  |  |
| Gr. 1,2,3  Identify the effects of movement on the body. G-LS  (GCO 3, KSCO 2) |  |  |  |  |  |
| Gr. 3  Demonstrate an understanding of how non-locomotor  skills benefit muscles. G-NLS  (GCO 2, KSCO 1, 3; GCO 3, KSCO 1) |  |  |  |  |  |
| Gr. 2,3  Demonstrate an understanding of concepts related to catching and throwing. G-MSPR  (GCO 2, KSCO 1, 4) |  |  |  |  |  |
| Gr. 3  Propose solutions to playing in crowded space. G-MSPR  (GCO 2, KSCO 2 |  |  |  |  |  |
| Gr. 3  Discuss the effect of body position on travel of an  object. G- MSPR  (GCO 2, KSCO 4) |  |  |  |  |  |
| Gr. 2,3  Demonstrate an understanding of efficient movement while using an apparatus. G- MSAA |  |  |  |  |  |
| Gr. 2,3  Demonstrate an understanding of the relationship of  rhythm to performance. RA  (GCO 3, KSCO 1) |  |  |  |  |  |
| Gr. 3  Understand the role of strength and flexibility in  performance. G  (GCO 2, KSCO 1, 2, 4) |  |  |  |  |  |
| **Through Movement:** | | | | | |
| Gr. 1,2,3  Demonstrate respect for the personal space of others.  G-SD  (GCO 5, KSCO 1, 2) |  |  |  |  |  |
| Gr. 1,2,3  Demonstrate the ability to cooperate and work with  others. G-LS  (GCO 6, KSCO 2) |  |  |  |  |  |
| Gr. 1,2,3  Demonstrate concern for the safety of self and others.  G-LS  (GCO 5, KSCO 1, 2, 3) |  |  |  |  |  |
| Gr. 3  Demonstrate leadership in planning flexibility routines.  G-NLS  (GCO 6, KSCO 2, 3, 4) |  |  |  |  |  |
| Gr. 1,2,3  Demonstrate safety and concern for others. G-NLS  (GCO 5,KSCO 1, 2) |  |  |  |  |  |
| Gr. 1,2,3  Demonstrate safety and concern for self and others.  G- MSPR  (GCO 5, KSCO 1, 2) |  |  |  |  |  |
| Gr. 3  Cooperate with others. G- MSPR  (GCO 6, KSCO 2, 3) |  |  |  |  |  |
| Gr. 1,2,3  Respect the personal space of others. G- MSPR  (GCO 5, KSCO 1) |  |  |  |  |  |
| Gr. 1,2,3  Demonstrate concern for the safety of self and others and  surrounding environment. G- MSPR  (GCO 5, KSCO 2) |  |  |  |  |  |
| Gr. 2,3  Demonstrate respect for individual differences. G- MSPR  (GCO 4,KSCO 2) |  |  |  |  |  |
| Gr. 1,2,3  Demonstrate safety and concern for self and others.  G- MSPR  (GCO 5, KSCO 1, 2) |  |  |  |  |  |
| Gr. 1,2,3  Demonstrate the ability to cooperate and work with  others. G-MSAA  (GCO 6, KSCO 1, 2, 3) |  |  |  |  |  |
| Gr. 1,2,3  Demonstrate care and concern for self and others. RA  (GCO 4, KSCO 1, 2; GCO 6, KSCO 1, 2, 3, 4) |  |  |  |  |  |
| Gr. 1,2,3  Demonstrate concern for the care and safety of others. G  (GCO 5, KSCO 1, 2, 3) |  |  |  |  |  |