**Student:** **Grade: 3 Physical Education**

**Date:**

Themes:

G-SD Games: Space, Directions and Body Awareness RA Rhythmic Activities

G-LS Games: Locomotor Skills G Gymnastics

G-NLS Games: Non-Locomotor Skills

G- MSPR Games: Manipulative Skills: Projecting and Receiving

G- MSAA Games: Manipulative Skills: Accomp. Apparatus

Students will be expected to:

| **Outcomes** | **R** | **D** | **C** | **A** | **Changed Outcomes** |
| --- | --- | --- | --- | --- | --- |
| **In Movement:** |
| Gr. 1,2,3Identify, maintain, and use space adequately. G-SD(GCO 1, KSCO 2, 4, 9) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 1,2,3Demonstrate the mechanics of various locomotor skills. G-LS(GCO 1, KSCO 1, 7, 8) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 3Demonstrate a variety and combinations of non-locomotorskills to improve flexibility and range of movement(over time). G-NLS(GCO 1, KSCO 2, 3) | [ ]  | [ ]  | [ ]  | [ ]  |       |
|  Gr. 3 Project a small object in a variety of circumstances. G-MSPR (GCO 1, KSCO 3, 6) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 3Receive a small object in a variety of circumstances.G-MSPR(GCO 1, KSCO 3, 6) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 3Project a large object in a variety of circumstances.G-MSPR(GCO 1, KSCO 3, 6) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 3Receive a large object in a variety of circumstances.G-MSPR(GCO 1, KSCO 3, 6) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 1,2,3Project a variety of objects using an implement. G-MSPR(GCO 1, KSCO 3, 5, 6) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 1,2,3Receive a variety of objects using an implement. G-MSPR(GCO 1, KSCO 3, 5, 6) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 1,2,3Manipulate various apparatus individually and in a large group. G-MSAA(GCO 1, KSCO 3,4,6,9) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 1,2,3Perform locomotor skills to music. RA(GCO 1, KSCO 1, 4, 5, 6, 9) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 2,3Demonstrate basic gymnastic skills in a simple routine. G(GCO 1, KSCO 4, 5, 7, 9) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| **About Movement:** |
| Gr. 1,2,3Demonstrate an understanding of orientation. G-SD(GCO 2, KSCO 1, 2)  | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 1,2,3Demonstrate an understanding of paths of motion. G-SD(GCO 2, KSCO 1, 2, 4)  | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 1,2,3Demonstrate an understanding of basic concepts of human locomotion. G-LS(GCO 2, KSCO 4)  | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 1,2,3Identify the effects of movement on the body. G-LS(GCO 3, KSCO 2)  | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 3Demonstrate an understanding of how non-locomotorskills benefit muscles. G-NLS(GCO 2, KSCO 1, 3; GCO 3, KSCO 1) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 2,3Demonstrate an understanding of concepts related to catching and throwing. G-MSPR(GCO 2, KSCO 1, 4)  | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 3 Propose solutions to playing in crowded space. G-MSPR(GCO 2, KSCO 2  | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 3Discuss the effect of body position on travel of anobject. G- MSPR(GCO 2, KSCO 4) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 2,3 Demonstrate an understanding of efficient movement while using an apparatus. G- MSAA | [ ]  | [ ]  | [ ]  | [ ]  |       |
|  Gr. 2,3 Demonstrate an understanding of the relationship of  rhythm to performance. RA (GCO 3, KSCO 1)  | [ ]  | [ ]  | [ ]  | [ ]  |       |
|  Gr. 3 Understand the role of strength and flexibility in  performance. G(GCO 2, KSCO 1, 2, 4) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| **Through Movement:** |
|  Gr. 1,2,3 Demonstrate respect for the personal space of others. G-SD(GCO 5, KSCO 1, 2) | [ ]  | [ ]  | [ ]  | [ ]  |       |
|  Gr. 1,2,3 Demonstrate the ability to cooperate and work with  others. G-LS(GCO 6, KSCO 2)  | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 1,2,3Demonstrate concern for the safety of self and others.G-LS(GCO 5, KSCO 1, 2, 3) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 3 Demonstrate leadership in planning flexibility routines.G-NLS(GCO 6, KSCO 2, 3, 4) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 1,2,3 Demonstrate safety and concern for others. G-NLS(GCO 5,KSCO 1, 2) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 1,2,3 Demonstrate safety and concern for self and others.G- MSPR(GCO 5, KSCO 1, 2) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 3Cooperate with others. G- MSPR(GCO 6, KSCO 2, 3) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 1,2,3 Respect the personal space of others. G- MSPR(GCO 5, KSCO 1) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 1,2,3 Demonstrate concern for the safety of self and others andsurrounding environment. G- MSPR(GCO 5, KSCO 2) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 2,3 Demonstrate respect for individual differences. G- MSPR(GCO 4,KSCO 2) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 1,2,3 Demonstrate safety and concern for self and others.G- MSPR(GCO 5, KSCO 1, 2) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 1,2,3 Demonstrate the ability to cooperate and work withothers. G-MSAA(GCO 6, KSCO 1, 2, 3)  | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 1,2,3Demonstrate care and concern for self and others. RA(GCO 4, KSCO 1, 2; GCO 6, KSCO 1, 2, 3, 4) | [ ]  | [ ]  | [ ]  | [ ]  |       |
| Gr. 1,2,3Demonstrate concern for the care and safety of others. G(GCO 5, KSCO 1, 2, 3) | [ ]  | [ ]  | [ ]  | [ ]  |       |