

Nutrition 3102

Resource List

updated: 05/03/13

Curriculum Documents

- ***Family Studies Nutrition 2102 and 3102 Curriculum Guide Interim Edition*** (2007)
- ***Foundation for Home Economics/Family Studies Education*** (2003)

Authorized Resources

- ***Food for Today First Canadian Edition*** (Student and teacher text)
- ***Food for Today First Canadian Edition Teacher's Resource***
- ***Food and Nutrition Sciences Lab Manual First Canadian Edition*** (teacher resource)
- ***Food and Nutrition Sciences Answer Key First Canadian Edition*** (teacher resource)
- ***Food Replicas*** (teacher resource)

Life/form® Food Replica Package - Item Details:

angel food cake
banana, whole
bread
broccoli
bun, hamburger
butter
carrot sticks
cheese, Swiss
chicken breast
chicken leg
chicken thigh
cornbread
cornflakes/dry cereal
cottage cheese
dressing, French

egg, fried
egg, half
fish, broiled
gelatin
grapefruit, half
hamburger
ice cream, chocolate
juice, orange
milk, skim
orange
peach, whole
peaches, canned
peanut butter
peas, frozen
pork chop
potato, baked
raisins
rice, brown
salad
strawberries
yam

- ***Nutritional Value of Some Common Foods (Health Canada)***(class set of 6)
- ***Modern Food Biotechnology: Principles and Perspectives*** (teacher resource)
- ***Food Safety DVD*** (teacher resource)
- ***Dr. Richter's Fresh Produce Guide*** (teacher resource)
- ***Comparison Cards*** (teacher resource)

Supplementary Resources

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