

Appendix A

Sample Course Description and Evaluation

2100 & 2101

Sample Course Description and Evaluation

A student's evaluation reflects the extent to which curricular outcomes have been attained, and it is based on active engagement in various activities/experiences. The evaluation is personal and specific to the individual allowing the student an opportunity for personal success in PE.

Evaluation Breakdown

All three domains are evaluated through participation in activities, games, and various movement experiences, either individually or with fellow students.

Moving and Doing	50 %	(25% dedicated to health/fitness)
Understanding and Applying	25%	
Cooperation and Responsibility	25%	

➤ **Moving and Doing—50% (25% dedicated to health/fitness)**

Moving and Doing curriculum outcomes form the psychomotor elements of a student's evaluation. It is the actual active engagement in activities that is the main determinant of a student's success and the focus of this evaluative criterion.

➤ **Understanding and Applying—25%**

Understanding and Applying curriculum outcomes form the cognitive elements of a student's evaluation. It is the knowledge acquired and applied through movement in a variety of activities, games, and pursuits that is the focus of this evaluative criterion.

➤ **Cooperation and Responsibility—25%**

Cooperation and responsibility curriculum outcomes form the affective elements of a student's evaluation. It is the personal and social behaviours demonstrated by students during activities that are the focus of this evaluative criterion.

Notes on Fitness:

- Criteria include student's demonstration of personal fitness, participation in a variety of "Fitness Pursuits," personal goal setting, and understanding of fitness components.
- Fitness weaves throughout all activities.

Notes on Fitness Appraisals (tests)

- Fitness appraisals may be chosen to fulfill the fitness requirements of the curriculum.
- Fitness appraisals should be done with the utmost care and sensitivity.
- The level of fitness (or score) students have achieved or gained in any particular fitness appraisal is not the determining factor or criteria for their overall evaluation.