Section 4

Appendices

Section 4: Appendices

- Appendix A: Course Description and Sample Evaluation
- Appendix B: Sample Planning Tools
- Appendix C: Sample Assessment Tools
- Appendix D: Sample Activities
- Appendix E: Strategies to Support Learning
- Appendix F: Movement Concept Wheel
- Appendix G: Canada's Food Guide
- Appendix H: New Canadian Physical Activity Guidelines