

# **Appendix A**

## **Sample Course Description and Evaluation**

## Intermediate

### Sample Course Description and Evaluation

A student's evaluation reflects the extent to which curricular outcomes have been attained, and it is based on active engagement in various activities/experiences. The evaluation is personal and specific to the individual allowing the student an opportunity for personal success in PE.

#### Evaluation Breakdown

All three domains are evaluated through participation in activities, games, and various movement experiences, either individually or with fellow students.

<b>Moving and Doing</b>	<b>50 %</b>	<b>(25% dedicated to health/fitness)</b>
<b>Understanding and Applying</b>	<b>25%</b>	
<b>Cooperation and Responsibility</b>	<b>25%</b>	

➤ **Moving and Doing—50% (25% dedicated to health/fitness)**

Moving and Doing curriculum outcomes form the psychomotor elements of a student's evaluation. It is the actual active engagement in activities that is the main determinant of a student's success and the focus of this evaluative criterion.

➤ **Understanding and Applying—25%**

Understanding and Applying curriculum outcomes form the cognitive elements of a student's evaluation. It is the knowledge acquired and applied through movement in a variety of activities, games, and pursuits that is the focus of this evaluative criterion.

➤ **Cooperation and Responsibility—25%**

Cooperation and responsibility curriculum outcomes form the affective elements of a student's evaluation. It is the personal and social behaviours demonstrated by students during activities that are the focus of this evaluative criterion.

#### Notes on Fitness:

- Criteria include student's demonstration of personal fitness, participation in a variety of "Fitness Pursuits," personal goal setting, and understanding of fitness components.
- Fitness weaves throughout all activities.

#### Notes on Fitness Appraisals (tests)

- Fitness appraisals may be chosen to fulfill the fitness requirements of the curriculum.
- Fitness appraisals should be done with the utmost care and sensitivity.
- The level of fitness (or score) students have achieved or gained in any particular fitness appraisal is not the determining factor or criteria for their overall evaluation.