

Appendix B

Sample Teacher Planning Tools

Sample: Teacher Tracking Sheet for Outcomes Covered (By Theme)

GCO / KSCO	ALTERNATIVE	COURT AND FIELD	FITNESS	LEADERSHIP/ COOP GAMES	OUTDOOR	RHYTHMIC
GCO1 (M/D)						
KSCO 1						
KSCO 2						
KSCO 3						
KSCO 4						
KSCO 5						
KSCO 6						
KSCO 7						
KSCO 8						
KSCO 9						
GCO 2 (U/A)						
KSCO 1						
KSCO 2						
KSCO 3						
KSCO 4						
KSCO 5						
KSCO 6						
GCO 3 (U/A)						
KSCO 1						
KSCO 2						
KSCO 3						
KSCO 4						
KSCO 5						
KSCO 6						
GCO 4 (C/R)						
KSCO 1						
KSCO 2						
KSCO 3						
GCO 5 (C/R)						
KSCO 1						
KSCO 2						
KSCO 3						
GCO 6 (C/R)						
KSCO 1						
KSCO 2						
KSCO 3						
KSCO 4						
KSCO 5						
KSCO 6						

Sample: Block Plan Template and Planning Sheet

THEMES	GRADE 7	GRADE 8	GRADE 9
ALTERNATIVE	4 (Minimum) +	4 (Minimum) +	4 (Minimum) +
COURT AND FIELD	4 (Minimum) +	4 (Minimum) +	4 (Minimum) +
FITNESS	4 (Minimum) +	4 (Minimum) +	4 (Minimum) +
LEADERSHIP/COOP GAMES	4 (Minimum) +	4 (Minimum) +	4 (Minimum) +
OUTDOOR	4 (Minimum) +	4 (Minimum) +	4 (Minimum) +
RHYTHMIC	4 (Minimum)) +	4 (Minimum)) +	4 (Minimum)) +
Total	55 (More may be available)	55 (More may be available)	55 (More may be available)

Each theme must be covered at each grade level. Four lessons in each theme are the minimum requirement, while sixteen is the maximum allowable in each theme except in the court and field theme, where twenty is the maximum. The total number of physical education classes available for instructional purposes will vary from school to school as variations in time tables and scheduling exist.

Sample Planning Chart for Physical Education

Course: _____ Section: _____				
Movement Category	Min. # Activities/ Category	Min. # Classes/ Category	Max. # Classes/ Category	Activities
ALTERNATIVE				
COURT/FIELD				
FITNESS				
LEADERSHIP/COOP GAMES				
OUTDOOR				
RHYTHMIC				

Sample Yearly Plan for Physical Education

Class/Section: _____

Month			
Theme (s)			
Activities			
General Curriculum Outcome(s)			
Key Stage Curriculum Outcome(s)			
Specific Curriculum Outcome(s)			
Facilities/Resources			

Please see Section 2: Curriculum Outcomes. This section can assist in preparing the unit plan.

Sample Unit Plan

Course: _____		Section: _____	
Grade/Class: _____		Date: _____	
Theme: _____			
Lesson	Specific Curriculum Outcomes	Elaborations: Strategies for Learning and Teaching	Suggested Assessment Strategies
1			
2			
3			
4			
5			
6			
7			
8			

Please see Section 2: Curriculum Outcomes. The four column spread can assist in preparing the unit plan.

Sample Physical Education Lesson Plan Template

Class: _____		Lesson/Unit: _____	
Date: _____			
Specific Outcome (#)	Moving/Doing (YES/NO)	Understanding/ Applying (YES/NO)	Cooperation/ Responsibility (YES/NO)

<u>Introduction/Warm-up (Describe):</u>
<u>Teaching Tips:</u>
<u>Elaborations - Strategies for Learning and Teaching:</u>
<u>Suggested Assessment Strategies:</u>

<u>Closure/Cool Down:</u>

<u>Equipment Required:</u>

