Worksheet 15: Calculating Average Speed, Distance, and Time

Use the average speed equation to calculate the unknown variable. Ask yourself, "What is this question asking me to find?" before you begin your calculation. Remember that " $\nu_{a\nu}$ " represents speed, " \triangle d" represents distance, and " \triangle t" represents time.

$v_{av} = \Delta d \Delta t$	_\ _
$\Delta d = v_{av} \Delta t$	
$\Delta t = \underline{\Delta d}_{v_{av}} $	∆t \

1. Calculate the average speed of a car that travels 70 km in 1.5 hours.

2. How long does it take a person running at a rate of 4 m/s to run a distance of 260 m?

3. How far would a snowmobiler travel in 0.5 hours at a rate of 25 km/h?

4. Melanie ran the 100 meter race in 12 seconds. What was her average speed?

5. If a boat sailed for 6 hours at an average speed of 55 km/h, what distance did the boat travel?

6. How much time did it take a plane flying at 575 km/h to travel a distance of 1700 km?