

Equity and Inclusive Education Resource Kit for Newfoundland and Labrador, Grades 7 -12

LGBTQ RESOURCES







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LGBTQ NEWFOUNDLAND AND LABRADOR

For a continually updated web directory of regional and national resources, see *MyGSA.ca/Resources*

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LGBTQ and LGBTQ-Friendly Organizations, Programmes, & Resources in Newfoundland and Labrador

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LGBTQ NEWFOUNDLAND AND LABRADOR-LGBTQ AND LGBTQ-FRIENDLY ORGANIZATIONS, PROGRAMMES, & RESOURCES

PROVINCIAL RESOURCES:

★ Making Queerness Visible Workshop

Planned Parenthood & Newfoundland and Labrador Sexual Health Centre 203 Merrymeeting Rd St. John's, Newfoundland (709) 579-1009

www.nlsexualhealthcentre.org (under services)

"Making Queerness Visible" is a school-based workshop available to all schools in Newfoundland and Labrador. The workshop takes a human rights approach to the subject of homophobia. It explores how homophobia has its roots in gender stereotypes and discusses how homophobia not only affects LBGTQ students, but also straight and cis-gender students. It then explores ways that students can help create positive changes in their schools, for example through the use of posters, guest speakers, or the creation of Gay Straight Alliances. This workshop will travel outside the St. John's area; call to inquire.



\star 🛛 Camp Eclipse

Planned Parenthood & Newfoundland and Labrador Sexual Health Centre 203 Merrymeeting Rd St. John's, Newfoundland (709) 579-1009

http://www.nlsexualhealthcentre.org/CampEclipse.html
f : https://www.facebook.com/groups/237148159655986/

Camp Eclipse: OUT in the Woods is a leadership retreat, open to all youth in Newfoundland and Labrador interested in learning about the issues faced by LBGT people, and how to create positive changes in their schools and communities. Camp Eclipse focuses on building and nurturing youth leadership, developing personal resiliency, and recognizes the diversity of the communities. The camp experience is designed to help youth develop the skills necessary to make significant contributions to their own lives and to their schools, home or group-home environments, and communities. Following camp, youth have gone back to their communities and started GSA's, have returned to school after dropping out, and have supported other youth who may be experiencing bullying or harassment. Camp Eclipse is having a positive impact on the lives of youth across the province.

"I think that everyone who went to camp not only gained a better understanding of themselves, but also we gained something more magical and unique. We gained a community, a sense of belonging, to sum it up a family and that matters, just, so "Youth who all

- youth who attended Camp Eclipse

★ Supportive Counselling and Peer Support, St. John's & Provincial

Planned Parenthood & Newfoundland and Labrador Sexual Health Centre 203 Merrymeeting Rd St. John's, Newfoundland (709) 579-1009 TOLL FREE - 1 877 666 9847 (1 877 NO MYTHS)

www.nlsexualhealthcentre.org (under services)

Support and counselling offered in person or over the telephone.



★ Wapanaki Two-Spirit Alliance, Atlantic Region

1 800 565 4255 Toll Free

W2salliance@live.ca f : http://www.facebook.com/groups/wabanaki2spirits/

An informal support and social network of Two-Spirit folks from Mi'kma'kik, Wulustook, Passaquoddy and Penobscot communities in Nova Scotia, New Brunswick, PEI, Newfoundland & Labrador, Gaspe-PQ, Maine, Montreal, Toronto, Vancouver, and Boston ranging in age from 16 to 73.

The objectives of the Wapanaki Two-Spirit Alliance are:

- to strengthen the identity, dignity, integrity and wellness of Two-Spirit people
- to provide opportunities for Two-Spirit people to learn about their cultures, heritage, ceremonies, healing practices and inherent rights
- To educate indigenous people about the traditional roles that Two-Spirit people held
- To bridge the gap between services provided and Two-Spirit people
- To build a supportive network
- To identify research needs to develop a Two-Spirit suicide prevention and intervention module that other organizations, health centres or crisis counsellors can use when working with Two-Spirit people
- To identify other areas of concern for future discussion and gatherings
- To promote awareness of indigenous and contemporary laws which prohibit discrimination based on gender identity, sexual orientation or perceived race
- To explore mentoring opportunities and peer guidance among the participants



★ Piecing Together a Caring Community: A Resource Book on Dismantling Homophobia 云(1) (book)

by Ann Shortall

A resource for teachers, guidance counsellors, and social workers designed to raise awareness of gay and lesbian issues in education. Sections of this resource are available in PDF format at www.MyGSA.ca.

★ Violence Prevention Labrador

P.O. Box 23 Forteau, NL A0K 2P0 Tel: (709) 931-2600 Toll Free: 1-866-446-8080 Fax: (709) 931-2601 E-mail: *coordinator@vplabrador.ca*

★ Northern Committee Against Violence

P.O. Box 190 St. Anthony, NL AOK 4SO Tel: (709) 454-3351 Fax: (709) 454-2334 E-mail: *darlenerice@gov.nl.ca*

★ Western Regional Coalition to End Violence

P.O. Box 373 2 Carmen Avenue Corner Brook, NL A2H 6E3 Tel: (709) 634-6606 Fax: (709) 639-1093 E-mail: *wrcoalitiontoendviolence@gmail.com*

\star Southwestern Coalition to End Violence

P.O. Box 621 Stephenville, NL A2N 3B5 Tel: (709) 643-1022 Fax: (709) 643-2293 E-mail: *swceviolence@gmail.com*

★ Central West Committee Against Violence Inc.

5 Hardy Ave Grand Falls-Windsor, NL A2A 2P8 Tel: (709) 489-8828 Fax: (709) 489-8620 E-mail: *cav@nfld.net*

★ The Roads to End Violence

142 Bennett Drive, Suite 2 Gander, NL A1V 2E4 Tel: (709) 651-2250 Fax: (709) 651-2295 E-mail: *theroadstoendviolence@nf.aibn.com*

★ Eastern Region Committee Against Violence

105 Manitoba Dr, Suite 304 Clarenville, NL A5A 1K2 Tel: (709) 466-4676 Fax: (709) 466-4670 E-mail: *ercav@gov.nl.ca*

★ Burin Peninsula Voice Against Violence

P.O. Box 87 Marystown, NL A0E 2M0 Tel: (709) 279-4030 Fax: (709) 279-5387 E-mail: *paulamallay@nf.aibn.com*

★ Communities Against Violence

P.O. Box 500 Bay Roberts, NL A0A 1G0 Tel: (709) 786-7182 Ext. 225 Fax: (709) 786-7040 E-mail: *info@communitiesagainstviolence.org*

\star Coalition Against Violence

Suite 209, 31 Peet Street St. John's, NL A1B 3W8 Tel: (709) 757-0137 Fax: (709) 754-4949 E-mail: *cavae@coalitionagainstviolence.ca*

RESOURCES IN ST. JOHN'S

★ Aids Committee of Newfoundland and Labrador (ACNL), St. John's

47 Janeway Place St. John's Phone: 709-579-8656 Toll Free Line: 1-800-563-1575 NL Shelter: 579-8348

http://www.acnl.net/

Through the development and implementation of diverse programs and services, the AIDS Committee of Newfoundland and Labrador aims to:

- Prevent the spread of new infection through education,
- Provide support to those individuals already infected/ affected,
- Network with other groups working in AIDS related areas on a regional, provincial, national and international level
- Advocate for social and political change

★ Frontrunners (Running Group), St. John's

http://www.frontrunners.org/clubs/index. php?club=NewfoundlandLabrador (for contact information and run times) f : https://www.facebook.com/groups/nlfrontrunners/

International Front Runners is an affiliation of GLBT running/ walking clubs that have organized in many of larger cities around the world.

\star LBGT MUN (Memorial University), St. John's

University Centre 6022 Telephone: 864-7619



Email: lbgtmun@mun.ca http://www.mun.ca/lbgt/ f : https://www.facebook.com/pages/Lbgt-Mun/158380947505818

LBGT-MUN provides a supportive social group for LGBTQ members of the Memorial University community, as well as others living in St. John's and surrounding areas.

★ 🛛 LGBT Youth Group, St. John's

Planned Parenthood & Newfoundland and Labrador Sexual Health Centre 203 Merrymeeting Rd St. John's, Newfoundland (709) 579-1009

www.nlsexualhealthcentre.org (under services) lbgtq@nlsexualhealthcentre.org f : https://www.facebook.com/groups/6549440145/

The Youth Group is for LGBTQ and allied youth aged 16-25. It provides youth an opportunity to meet and socialize in a safe space, and to connect with adult leaders from the community. While the group's focus is on allowing youth to build important social support networks, it also creates opportunities for youth to discuss and seek help with various issues related to school, their family or community. Adult volunteers are able to support youth in resolving these issues.

★ PFLAG Canada, St. John's

Community Connections, 9 Cathedral Street, St. John's Contact Rob Sinnot : 699-0509 or stjohnsnl@pflagcanada.ca

http://www.pflagcanada.ca/chapters/stjohns.php f : https://www.facebook.com/groups/2384098956/

Monthy peer support group meetings, open to all.



Spectrum (Queer Choir), St. John's

f : https://www.facebook.com/groups/128199913925449/

Spectrum (formerly known as the St. John's Queer Choir) is a welcoming ensemble where members of the St John's LGBTQ community and their allies can join together in a celebration of identity, friendship, and community through choral music.

RESOURCES IN CORNER BROOK:

\star 🛛 Corner Brook Pride

cornerbrookpride@bellaliant.net / info@cornerbrookpride.com

Corner Brook Pride was officially created in 2010. .They have initiated many events, including the Day of Purple and the first official Day Against Homophobia Proclamation.

On the last Friday of each month, Corner Brook Pride hosts an LGBT Meet and Greet – a social gathering where people can meet one another, create new friendships, and share in our Pride. Email for more details.

RESOURCES IN GRAND-FALLS WINDSOR:

★ LGBTQ Group, Grand Falls-Windsor, NL

glbtq.centralnl@live.ca
f : https://www.facebook.com/groups/104666059582277/

Weekly meetings held at College of the North Atlantic.

This group meets regularly to support the LBGTQ community of Central Newfoundland and our allies.

RESOURCES IN LABRADOR:



\star Safe Alliance, Labrador

Safealliance.pride@gmail.com FAX 709 896 3472

Facebook: *http://www.facebook.com/#!/pages/* Safe-Alliance/141378002603959

Safe Alliance provides support and resources to individuals regarding LGBTQ issues, while raising awareness throughout Labrador on issues relating to homophobia and heterosexism

Services provided include public awareness materials educational workshops for youth and adults focused on the effects of homophobia and heterosexism, a resource library, and a safe monthly meeting place for all to share ideas and resources.

Please email the Safe Alliance for scheduled meeting times and location.



GBTQ AND LGBTQ-FRIENDLY ORGANIZATIONS, PROGRAMMES, È RESOURCES

Amnesty International Gay & Lesbian Human Rights Support Network

http://www.algi.qc.ca/asso/amnistie.html

LGBTQ NATIONAL-

French-language website of the Gay & Lesbian Human Rights Support Network of Amnesty International's Canadian Section (French-speaking), based in Montréal. Includes information on obtaining French-language texts of LGBT-related AI publications, how to become a member, and information about the Network's regular bulletin Le Dire! with news updates and action alerts.

Canadian Association for the Advancement of Women and Sport and Physical Activity (CAAWS)

http://www.caaws.ca



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Part of CAAWS' mandate is to promote participation in sport by girls and women. Homophobia in sport is often an obstacle to participation, presenting barriers and challenges to individuals, both homosexual and heterosexual. In particular, many girls and women shy away from sport out of fear they will be perceived as lesbians. CAAWS has started this work to initiate discussion about addressing homophobia in sport. CAAWS views it as a first step in a longer-term strategy to reduce homophobia in Canadian sport and to make sport an inclusive and safe place for all participants.



Canadian Committee on the History of Sexuality (CCHS)

http://www.cha-shc.ca/cchs



The aim of the CCHS is to provide an organizational focus within the Canadian historical profession for all those who are researching, writing, teaching, and otherwise interested in the historical study of sexuality. The Committee sponsors sessions at CHA annual meetings, compiles news by and about historians of sexuality, awards a prize for best article in the field, and organizes social events. The CCHS connects scholars from all parts of the country and promotes the study of sexuality as an integral aspect of the Canadian past. The website includes resources for the study of sexuality, including bibliographies and course materials, as well as useful web links to research sites and organizations.



Canadian HIV/AIDS Legal Network

http://www.aidslaw.ca f

The Canadian HIV/AIDS Legal Network promotes the human rights of people living with and vulnerable to HIV/AIDS, in Canada and internationally, through research, legal and policy analysis, education, and community mobilization. The Legal Network is Canada's leading advocacy organization working on the legal and human rights issues raised by HIV/AIDS.



Canadian Lesbian and Gay Archives (CLGA)

http://www.clga.ca

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CLGA's primary mandate is to collect and maintain information related to LGBTQ life in Canada—though they have lots from elsewhere as well. They gather material on people, organizations, issues and events. They arrange that material, record it, store it and secure it for the future. It is also their mandate to make this information available to the public, for education and research. Over the years CLGA have helped hundreds of people—students, artists, journalists, lawyers, filmmakers-working on various projects. CLGA also welcomes those who just want to browse. And now you can browse online. The "What We've Got" page of this site will lead you to their many different kinds of material. For each

one you'll find further pages offering detailed descriptions and as available—guides, directories, related documents, and ways to search contents.

Canadian Professional Association for Transgender Health (CPATH)

http://www.cpath.ca

f : CPATH Charities

CPATH is the largest national professional organization for transgender health in the world. CPATH members are diverse, representing and identifying within the trans community—from medical students to social workers to psychologists. CPATH is a professional organization devoted to the health care of individuals with gender variant identities. As an interdisciplinary, professional organization, CPATH will further the understanding and health care of individuals with gender variant identities by professionals in medicine, psychology, law, social work, counselling, psychotherapy, family studies, sociology, anthropology, sexology, speech and voice therapy, and other related fields. Within this definition, CPATH strives to include representation from community support groups and trans identifying persons on committees and the board and as members at large.

★ 🛛 Canadian Rainbow Health Coalition (CRHC)

http://www.rainbowhealth.ca

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CRHC/CSAC is a national organization whose objective is to address the various health and wellness issues that people who have sexual and emotional relationships with people of the same gender, or a gender identity that does not conform to the identity assigned to them at birth, encounter. Check out the Educational Resources and Specific Populations sections in particular. Resources are available in both English and French.

\star The Canadian Safe School Network (CSSN)

http://www.canadiansafeschools.com

The Canadian Safe School Network (CSSN) is a national, not-forprofit, registered charitable organization with a mandate to reduce youth violence and make our schools and communities safer.



Egale Canada/Egale Canada Human Rights Trust (ECHRT)

http://www.egale.ca

The Egale Canada Human Rights Trust (ECHRT) is Canada's national LGBTQ human rights charity; Egale Canada is the national LGBTQ human rights organization: advancing equality, diversity, education, and justice. Egale Canada is a registered not-for-profit organization that was founded in 1986 and incorporated as a federal not-for-profit organization in 1995. Egale has intervened before the Supreme Court of Canada in every LGBTQ rights case that has reached the Court, most notably the Marriage Reference, which legalized same-sex marriage throughout Canada. Egale maintains an active commitment to bringing an intersectional approach to their work, meaning that respect for each individual's full identity requires that the struggle for LGBTQ equality cannot be carried out in isolation from the struggle for equality of all disadvantaged communities.

In 2007, the ECHRT began the First National School Climate Survey in Canada—up to this point, no large-scale study on the extent and impacts of bullying based on sexual orientation and gender identity had ever been undertaken in Canada. The lack of a solid Canadian evidence base has been a major impediment faced by educators and administrators who need to understand the situation of LGBTQ students in order to respond appropriately and to assure their school communities that homophobic, biphobic, and transphobic discrimination and harassment are neither rare nor harmless, but are major problems that need to be addressed in Canadian schools today.

Through the Safe Schools Campaign, Egale is committed to supporting LGBTQ youth, youth perceived as LGBTQ, youth with LGBTQ parents, other family members, and friends as well as educators, librarians, guidance counsellors, education support workers, parents, and administrators and to helping make Canadian schools safer and more inclusive, respectful, and welcoming learning and working environments for all members of school communities. The Safe Schools Campaign features resources for facilitating change in Canadian learning environments: the national LGBTQ safer schools and inclusive education website, MyGSA.ca; Equity and Inclusive Education Resource Kits; and an anti-heterosexism, anti-homophobia, anti-biphobia, anti-transphobia, and intersectionality workshop series.

★ 🛛 Gay Canada

http://www.gaycanada.com

Founded in 1994, the Canadian Gay, Lesbian, & Bisexual Resource Directory is an organization dedicated to the collection, compilation, and distribution of information important or of relevance to the GLB communities across Canada.

🗙 🛛 Kids Help Phone 1-800-668-6868

http://www.kidshelpphone.ca

Kids Help Phone is Canada's only toll-free, national, and bilingual phone and web counselling, referral, and information service for children and youth. We provide immediate anonymous and confidential support, 24 hours a day, 365 days a year.



MyGSA.ca

http://www.mygsa.ca

MyGSA.ca is the national LGBTQ safer schools and inclusive education website. It is your link to community, safer spaces, and education and information about LGBTQ matters in Canada. Here, youth can find local Gay-Straight Alliances (GSAs), community organizations, and campus groups; discuss queer popular culture and ideas for GSA events; and organize with others around the country to make positive change in schools and communities! Educators can use MyGSA.ca to find LGBTQ classroom resources and school board policies; discuss inclusive curriculum and GSA activities; and collaborate with other teachers around the country to help make Canadian schools safer and more welcoming learning environments.



Native Youth Sexual Health Network (NYSHN)

http://www.nativeyouthsexualhealth.com

The Native Youth Sexual Health Network (NYSHN) is a North-America wide organization working on issues of healthy sexuality, cultural competency, youth empowerment, reproductive justice, and sex positivity by and for Native youth. The reclamation and revitalization of traditional knowledge about people's fundamental human rights over their bodies and spaces, intersected with present-day realities is fundamental to their work. NYSHN works within the full spectrum of reproductive and sexual health for Indigenous peoples.

🖈 🛛 PFLAG Canada

http://www.pflagcanada.ca



PFLAG Canada is a registered charitable organization that provides support, education, and resources to anyone with questions or concerns about sexual orientation or gender identity. PFLAG Canada has chapters or contacts in more than 70 communities across Canada. If you are gay, lesbian, bisexual, transgender, transsexual, two-spirit, intersex, queer, or questioning, or if you care about someone who is, their compassionate volunteers are ready to help.

★ Report Homophobic Violence, Period (RHVP) (Toronto)

http://www.MyGSA.ca/RHVP



Report Homophobic Violence, Period is a public awareness campaign aimed at young people, aged 13 to 25, to address reasons for homophobic attitudes and spur others to report harassment and violence to adults and police.

\star 🛛 TransParent Canada

http://www.transparentcanada.ca



TransParent Canada, an associate organization of PFLAG Canada, offers support to families and friends of trans-identified individuals. You—parent, sibling, co-worker, health-care provider, member of the clergy, or anyone else—may know and wish to support a child, youth or adult on this journey to authenticity. Or you may have questions. TransParent Canada embraces human diversity and is a forum of empowerment and celebration. ACKNOWLEDGERNENTS

* *

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- 🖈 🛛 Jocelyn Wickett, Teacher
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"Intersectionality: The Double Bind of Race and Gender," an interview with Kimberle Crenshaw by *Perspectives* editorial board member Sheila Thomas, *Perspectives*, *Spring, 2004*. Copyright 2004 by the American Bar Association. Reprinted with permission. This information or any portion thereof may not be copied or disseminated in any form or by any means or stored in an electronic database or retrieval system without the express written consent of the American Bar Association.

Queer Spawn in Schools. A presentation by Rosa Brooks, Rachel Epstein, Becky Idems, and Adinne Schwartz based on a research project conducted in 2005 by the LGBTQ Parenting Network, with funding from the Wellesley Central Health Corporation, and an article entitled "Reading, Writing, and Resilience: Queer Spawn Speak Out about School" by Epstein, Idems, and Schwartz in *Who's Your Daddy? and Other Writings on Queer Parenting.* R. Epstein, ed. Sumach Press, 2009.

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Taylor, C. & Peter, T., with McMinn, T.L., Elliott, T., Beldom, S., Ferry, A., Gross, Z., Paquin, S., & Schachter, K. (2011). Every class in every school: The first national climate survey on homophobia, biphobia, and transphobia in Canadian schools. Final report. Toronto, ON: Egale Canada Human Rights Trust.

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- Y-GAP. The Y-GAP project is committed to understanding and improving the lives of trans youth living in Toronto and across Ontario. Y-GAP researchers interviewed twenty-one youth about their challenges and triumphs. The research highlighted how particular experiences are integral in shaping, for better or for worse, the emotional and physical health and safety of trans youth. These factors included the level of family support, their ability to access responsive health care, and their success in being able to find safe school environments. "Trans Youth at School" is part of the Y-GAP Community Bulletin Series.

This Equity and Inclusive Education Resource Kit for Newfoundland and Labrador, Grades 7-12 is part of Egales Safe Schools Campaign.


