

Health Grade 2

Resource List

updated: 05/27/22

Curriculum Documents

- *Health 2 Curriculum Guide (2022)*
- *Foundation Document for Social-Emotional Learning in Newfoundland and Labrador (2020)*

Authorized Resources

PATHS® - Promoting Alternative Thinking Strategies Grade 2

Supplementary Resources

- Health & Wellness: Teacher's Edition
- Health & Wellness: Health Masters
- Big Books:
 - Health & Wellness: Big Ideas Book
 - Health & Wellness: Life Skills Book
 - Eat All Your Colors
 - Get Up and Go
 - Take A Stand
- Readers (packages of 6 per teacher):
 - Healthful Foods for You
 - Keeping Clean and Fit
 - Safety and You
 - Getting Along
 - Your Body
 - Taking Care of Ourselves
 - Staying in Shape
 - Teamwork
 - Two Simple Rules
 - The Air I Breathe
- Children's Literature Pack (20 titles)
 - Me and My Amazing Body by Joan Sweeney

Taking Diabetes to School by Kim Gosselin
The Tooth Book: A Guide to Healthy Teeth and Gums by Edward Miller
Make Way for Tooth Decay by Bobbi Katz
Eating the Alphabet by Lois Ehlert
Beef Stew by Barbara Brenner
The Monster Health Book: A Guide to Eating healthy,
Being Active and Feeling Great for Monsters and Kids by Edward Miller
If Only I Had A Green Nose by Max Lucado
Have You Filled a Bucket Today? by Carol McCloud
How to Behave and Why by Munro Leaf
A Fine, Fine School by Sharon Creech
Howard B. Wigglebottom – Learn It's Ok to Back Away by Howard Binkow
Sister Anne's Hands by MaryBeth Lorbiecki
Some Parts Are Not for Sharing by Julie K. Federico
Howard B. Wigglebottom Learns to Listen by Howard Binkow
Howard B. Wigglebottom Learns About Bullies by Howard Binkow
One by Kathryn Otoshi
The Spork by Kyo Maclear
It's OK to Be Different by Todd Parr
Earth Book for Kids by Linda Schwartz