

Health Kindergarten

Resource List

updated: 04/27/21

Curriculum Documents

- *Health Kindergarten Curriculum Guide (2021)*
- *Foundation Document for Social and Emotional Learning in Newfoundland and Labrador (2021)*

Authorized Resources

- *THE PATHS® PROGRAM - Preschool/Kindergarten (Promoting Alternative Thinking Strategies)*

Supplementary Resources

- *Big Books:*
 - I Keep Myself Healthy*
 - I Keep Myself Safe*
 - Let's Eat!*
- *Little Books, sets of 6*
 - I Keep Myself Healthy*
 - I Keep Myself Safe*
 - Let's Eat!*
- *CDs:*
 - Circle Time Activities*
 - Catch a Brain Wave Fitness Fun*
- *Teacher Guides/Resources*
 - Health, Hygiene and Nutrition*
 - Catch a Brain Wave Fitness Fun Teacher Guide (accompanies CD)*
 - Safety: Pre K-1*
 - Beautiful stuff! Learning with found materials*
- *Sounds of listening lotto (boxed set)*

- **Photographic Learning Cards**
 - People In My Neighborhood**
 - Emotions**
- **Play Food Classroom Set (80 piece set)**
- **Children's Literature Kit (20 assorted titles)**
 - A Rainbow of Friends by P.K. Hallinan**
 - Each Living Thing by Joanne Ryder**
 - Fred Stays with Me! by Nancy Coffelt**
 - Going to the Dentist by Anne Civardi**
 - Harriet, You'll Drive Me Wild! by Mem Fox**
 - Have You Ever Seen a Moose Brushing His Teeth? by Jamie McClaine**
 - I'm Sorry by Sam McBratney**
 - I Will Never NOT EVER Eat a Tomato by Lauren Child**
 - My Dog is as Smelly as Dirty Socks by Hanoch Piven**
 - The Family Book by Todd Parr**
 - The Recess Queen by Alexis O'Neill**
 - The Tale of Sir Dragon: Dealing with Bullies for Kids by Jean E. Pendziwol**
 - The Worst Best Friend by Alexis O'Neill**
 - Wash Your Hands! by Tony Ross**
 - Watch out! Near Water by Claire Llewellyn**
 - Watch out! On the Road by Claire Llewellyn**
 - When I Was Little: A Four-Year-Old's Memoir of Her Youth by Jamie Lee Curtis**
 - Whoever You Are by Mem Fox**
 - Who's in a Family? by Robert Skutch**
 - Why Should I Recycle? by Jen Green**