



### ANTIFIBROTIC THERAPY REQUEST FORM

The Newfoundland and Labrador Prescription Drug Program (NLPDP)

Pharmaceutical Services  
Department of Health and Community Services  
P.O. Box 8700, Confederation Bldg.  
St. John's, NL A1B 4J6

Phone: (709) 729-6507  
Toll Free Line: 1-888-222-0533  
Fax: (709) 729-2851

#### Patient Information

Patient Name	Date of Birth	NLPDP Drug Card/MCP Number
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Address

#### Drug Requested

<input type="checkbox"/> pirfenidone 267 mg capsules or tablets	<input type="checkbox"/> nintedanib 150 mg capsules
<input type="checkbox"/> pirfenidone 801mg tablets	<input type="checkbox"/> nintedanib 100 mg capsules

#### Please provide the following information for ALL requests

**Diagnosis:**  Mild to moderate idiopathic pulmonary fibrosis (IPF)  
 For nintedanib only: chronic fibrosing interstitial lung disease with aggressive phenotype (PF-ILD)  
 Other (please specify)

#### Section I: Please provide the following for NEW requests:

Initial approval period for patients meeting criteria: seven months for IPF (allow four weeks for repeat pulmonary function tests) and twelve months for PF-ILD.

Has the diagnosis been confirmed by a respirologist?  Yes  No (explain) \_\_\_\_\_

Please provide the pre-treatment Forced Vital Capacity (FVC) (% predicted): \_\_\_\_\_ Date: \_\_\_\_\_

#### For IPF only:

Has the diagnosis been confirmed by a high-resolution CT scan within the previous 24 months?	<input type="checkbox"/> Yes	<input type="checkbox"/> No (explain) _____
Have all other causes of restrictive lung disease (e.g. collagen vascular disorder or hypersensitivity pneumonitis) been excluded?	<input type="checkbox"/> Yes	<input type="checkbox"/> No (explain) _____

#### Section II: Initial Renewal (at six months) for IPF requests)

Patients must NOT demonstrate progression of disease defined as an absolute decline in percent predicted FVC of  $\geq 10\%$  from initiation of therapy until renewal (initial six-month treatment period). If a patient has experienced progression as defined above, then the results should be validated with a confirmatory pulmonary function test conducted four weeks later. Approval period for patients meeting criteria is six months

Forced Vital Capacity (FVC) (% predicted) \_\_\_\_\_ Date: \_\_\_\_\_

In the case of disease progression as defined above, please provide a confirmatory Forced Vital Capacity (FVC) conducted four weeks later (% predicted)	Date
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#### Section III: Second and subsequent RENEWAL for IPF and all RENEWALS for PF-ILD

Patients must NOT demonstrate progression of disease defined as an absolute decline in percent predicted FVC of  $\geq 10\%$  within any 12-month period for IPF or during the preceding year of treatment for PF-ILD. If a patient has experienced progression as defined above, then the results should be validated with a confirmatory pulmonary function test conducted four weeks later. Approval period for patients meeting criteria is 12 months.

Forced Vital Capacity (FVC) (% predicted) \_\_\_\_\_ Date: \_\_\_\_\_

In the case of disease progression as defined above, please provide a confirmatory Forced Vital Capacity (FVC) conducted four weeks later (% predicted)	Date
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Additional information:

Prescriber Information/Requested by:  
 Prescriber Name: \_\_\_\_\_ License Number: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
 Address: \_\_\_\_\_ Fax Number: \_\_\_\_\_  
 Signature: \_\_\_\_\_ Date: \_\_\_\_\_