

Dear Health Professional:

Re: Pharmacy Health Care Services Reimbursed for All Residents of Newfoundland and Labrador

ALL residents of Newfoundland and Labrador with an active MCP card can visit their local pharmacist for the following services at no charge:

- Prescription extensions up to a maximum of 12 months
- Assessment and prescribing (if applicable), for the following ailments and conditions:
 - Uncomplicated urinary tract infections (UTIs)
 - Conjunctivitis
 - Herpes Zoster (shingles)
 - Fungal nail infections
 - Gastroesophageal reflux disease
 - Nicotine dependence
 - Herpes Simplex (cold sores)
 - Fungal skin infections
 - Hemorrhoids
- Assessment and prescribing (if applicable), for hormonal contraceptives

In order for a pharmacist to provide these services, they must adhere to the requirements of the Authorization to Prescribe Regulations under the **Pharmacy Act, 2012** and the NLPB Standards of Practice: Prescribing by Pharmacists.

Prescription Extensions:

Under this program, a pharmacy may claim for **4 extensions** per client, in a 12 month period. **Multiple prescriptions can be extended with each claim** if required by the client. For example, if a client presents to the pharmacy and requires renewal of five medications, the pharmacy will submit **1 claim** to renew all five medications.

Notes:

- The pharmacy is not permitted to charge the client renewal fee(s) over and above the fee reimbursed to the pharmacy by Department of Health and Community Services.
- At least 1 prescription must be dispensed on the date of the claim.
- Given the limit of 4 claims per year, pharmacists are encouraged to assess at the time of dispensing whether other medications may require renewal within a reasonable time

frame and also renew those prescriptions. These additional prescriptions can remain on file until dispensing is required.

- Reimbursement is solely for the renewal service. Cost of medication and associated fees such as dispense fee and/or mark-up are the responsibility of the client using their usual form of payment (NLPDP drug card, private insurance, cash, etc.).

Select Ailment/Common Condition Assessments:

Under this program, a pharmacy may claim for the assessment and prescribing (if applicable) for uncomplicated urinary tract infections (UTIs), conjunctivitis, Herpes Zoster (shingles), fungal nail infections, gastroesophageal reflux disease (GERD), nicotine dependence (smoking cessation), Herpes Simplex (cold sores), fungal skin infections and hemorrhoids. Limitations are set out in the table below.

Assessment Type	Total # of claims permitted/12 month period
Uncomplicated UTI	3
Conjunctivitis	2
Herpes Zoster (Shingles)	2
Fungal nail infection	3
Gastroesophageal Reflux Disease (GERD)	2
Nicotine dependence (Smoking Cessation)	3
Herpes Simples (Cold sores)	4
Fungal skin infection	3
Hemorrhoids	3

Notes:

- Reimbursement is solely for assessment of the select ailment /common condition. Cost of medication and associated fees such as dispense fee and/or mark-up are the responsibility of the client using their usual form of payment (NLPDP drug card, private insurance, cash, etc.).

- The assessment is not eligible for the purposes of prescription renewal.

Hormonal Contraceptive Assessments:

Under this program, a pharmacy may claim **up to 3 assessments per 12 month period** to assess a client for hormonal contraceptives.

Notes:

- The Client must be between the ages of 12 and 53.
- The pharmacy is not permitted to charge the client assessment fee(s) over and above the fee reimbursed to the pharmacy by the Department of Health and Community Services, on behalf of the client.
- The assessment is not eligible for the purposes of prescription renewal.
- The assessment is not eligible for the purposes of prescribing and/or dispensing emergency contraception.
- It is expected that each dispense of medication is for a day's supply of 84 - 90 days and refills are provided for a year unless there are limitations with a third party insurer or there are other reasons why it would not be in the client's best interest to do so.
- Reimbursement is solely for the pharmacist assessment service. Cost of hormonal contraceptive and associated fees such as dispense fee and/or mark-up are the responsibility of the client using their usual form of payment (NLPDP drug card, private insurance, cash, etc.).