

## Prevention and Early Supports

We'll work to identify challenges early and help children, youth, and families on their path to well-being.

## Transition Across Services as Children and Youth Grow Up

As children become teenagers and adults, we'll help them and their families and caregivers prepare for the next steps.

## Coordinated Supports and Services

Personalized care by working together – families, professionals, community agencies, schools – to create one plan that truly helps.

# Child and Youth Community Health Model

Journey to better support for children, youth and families.



Governance and Policies

## Provincial Intake and Navigation

Each person is unique. We'll help families and caregivers identify needs and find the support that children and youth need.

## Child and Youth Community Health Teams

Improved assessment processes will connect families and caregivers with the right care with help from caring professionals.



NL Health  
Services

Newfoundland  
& Labrador

## We will create this improved system by:

- Ensuring a child, youth, and family-centred approach.
- Taking a holistic, collaborative approach in addressing physical, mental, social, and emotional needs.
- Ensuring equitable, culturally responsive care
- Collaborating and coordinating programs and services across health care, education, and community.
- Developing solutions that are evidence-based and adapt to the needs of children and youth.
- Strengthening community connections in efforts to provide services and supports.
- Providing ongoing evaluation of approach to ensure outcomes are being achieved.

## Integrated services provided by Child and Youth Community Health teams in the following areas:

- Supportive Services for Children and Youth
- Provincial Autism Services and Supports
- Mental Health, Behavioural, and Social Emotional Supports
- Developmental Health Services

Providing the right support, in the right place, at the right time, for children and youth in Newfoundland and Labrador.

Visit [gov.nl.ca/hcs/cych](https://gov.nl.ca/hcs/cych)  
for more information

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