

## Wait Time Information – Colonoscopy

### **Q: What is a colonoscopy?**

A colonoscopy is a procedure performed by a trained doctor who uses a colonoscope (a long, flexible instrument about ½ inch in diameter) to examine the large intestine (colon and rectum). It is often used to evaluate gastrointestinal symptoms, such as changes in bowel habits, rectal and intestinal bleeding, abdominal pain, or to screen individuals for colorectal polyps and cancer.

### **Q: Where will I be referred to have this procedure?**

Ask your family doctor/specialist where you can have your procedure done, as these procedures are performed in the following hospitals:

#### **Eastern Urban and Rural Zone**

General Hospital - Health Sciences Centre - St. John's

St. Clare's Mercy Hospital - St. John's

Carbonear General Hospital - Carbonear

Burin Peninsula Health Care Centre - Burin

Dr. G.B. Cross Memorial Hospital - Clarenville

#### **Central Zone**

James Paton Memorial Regional Health Centre - Gander

Central Newfoundland Regional Health Centre - Grand Falls-Windsor

#### **Western Zone**

Western Memorial Regional Hospital - Corner Brook

Sir Thomas Roddick Hospital - Stephenville

#### **Labrador-Grenfell Zone**

Labrador Health Centre - Happy Valley-Goose Bay

Labrador West Health Centre- Labrador City

Charles S. Curtis Memorial Hospital - St. Anthony

### **Q: How are wait times measured?**

For this procedure, the wait time is measured from when you and your doctor decide to proceed with procedure to when the procedure is completed.

### **Q: What is the benchmark wait time for colonoscopy?**

There is no national benchmark for this procedure.

**Table 1: Urgent Colonoscopy Wait Times for Q1 (April 1 - June 30, 2023-2024)**

Newfoundland and Labrador Health Services	Number of Urgent Colonoscopy Procedures	5 out of 10 patients had procedure within this number of days	9 out of 10 patients had procedure within this number of days	Number of No-Shows
Zone, Hospital				
<b>Eastern</b>				
Health Sciences Centre	62	18	54	≤ 5
St. Clare's Mercy Hospital	62	11	32	≤ 5
Carbonear General Hospital	90	8	20	≤ 5
Burin Peninsula Health Care Centre	8	6	28	≤ 5
Dr. G.B. Cross Memorial Hospital	37	9	22	≤ 5
<b>Central</b>				
James Paton Memorial Regional Health Centre	30	8	17	≤ 5
Central Newfoundland Regional Health Centre	86	11	24	≤ 5
<b>Western</b>				
Western Memorial Regional Hospital	73	14	25	≤ 5
Sir Thomas Roddick Hospital	6	15	17	0
<b>Labrador-Grenfell</b>				
Labrador Health Centre	27	15	43	0
Labrador West Health Centre	DS	DS	DS	≤ 5
Charles S. Curtis Memorial Hospital	15	9	14	≤ 5

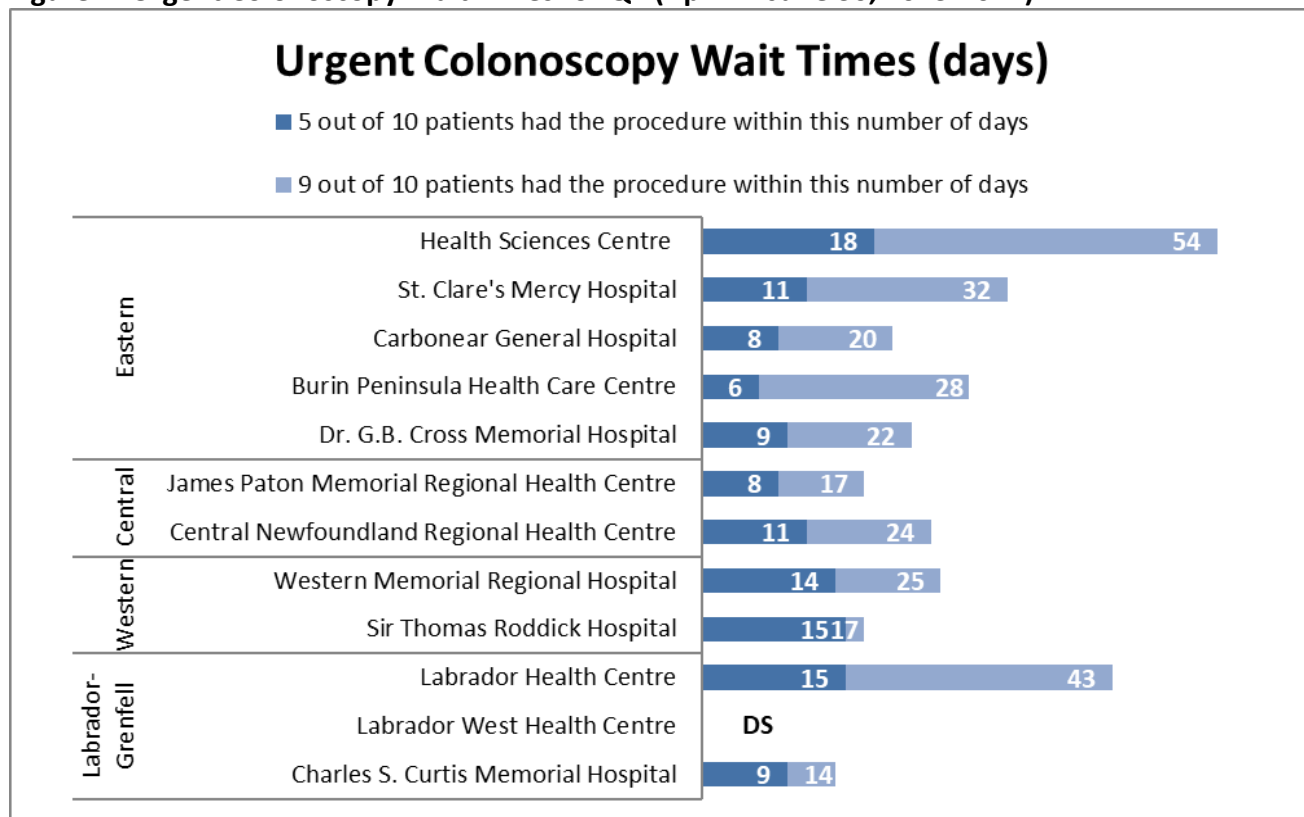
Source: Newfoundland and Labrador Health Services (NLHS), Newfoundland and Labrador

DS: Data Suppression – This indicates that a hospital performed 5 or less cases during the reporting period. To protect patient privacy, wait times associated with these small volumes will not be reported.

NV: No Volume – This indicates that a hospital did not perform this service during the reporting period, or that zero cases were carried out.

Date: November 25, 2023

**Figure 1: Urgent Colonoscopy Wait Times for Q1 (April 1- June 30, 2023-2024)**



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