



Quitting smoking is one of the best things you can do for your health.

If you have a drug card under the **Newfoundland and Labrador Prescription Drug Program's (NLPDP), Access, Foundation (Income Support) or 65 Plus Plan**, you are eligible to access nicotine replacement therapies (patch, gum, lozenge, inhaler, quickmist) or smoking medications (Champix® or Zyban®).

Talk to your health care provider to see if one of these products is right for you.

For more information, please contact the NL Smokers' Helpline 1.800.363.5864.

To obtain a program brochure visit <https://www.gov.nl.ca/hcs/healthyliving/tobaccocontrol/>




Newfoundland
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