

Collaborative Team-Based Care Clinics

change
starts
here



Community-based teams are the foundation required to transform Primary Health Care (PHC). A Collaborative Team-Based Care Clinic (CTC) is comprised of an interdisciplinary PHC team that provides a comprehensive range of patient services to meet the needs of individuals and communities. Clinics may include health care professionals such as physicians, nurse practitioners, registered nurses, licensed practical nurses and other allied health professionals such as social workers, pharmacists and dietitians.

- + CTCs were first established in the metro St. John's region in 2020 as an initial step to address the local issue of unmet health care needs of residents who did not have a health home (i.e. patients who did not have a family doctor).
- + Since 2017, various other PHC quality improvement initiatives and/or clinics to address other specific local needs have been launched or are in various stages of development and implementation in each Regional Health Authority (RHA).

Government will build off the success of team-based care clinics like those developed to address specific needs in communities, such as those in:

Eastern Health

- + Bell Island – Opioid Dependence Treatment Clinic
- + Bonavista – Diabetes Collaborative
- + Burin Peninsula – Improving Mental Health Care Access
- + Southern Avalon – Hub and Spoke model of redesign
- + St. John's – Downtown Health Collaborative

New Clinics

- + Two new Collaborative Team Clinics in St. John's
- + Existing Collaborative Team Clinic on Mundy Pond Road will move to an expanded facility on Pippy Place, and will accept more patients
- + New Collaborative Team Clinic in Central Health
- + New Collaborative Clinic in Western Health

Western Health

- + Region is divided into seven Health Neighborhoods and team-based initiatives have been implemented.
- + Corner Brook Wellness Collaborative

Central Health

- + Botwood – Improving Mental Health Care Access
- + Coast of Bays Area – Community Advocacy Group to inform service redesign
- + Gander and Grand Falls-Windsor – Regional Health Hubs
- + Gander – Improving PHC to Personal Care Homes

Labrador Grenfell Health

- + Happy Valley-Goose Bay/Sheshatshiu and North Coast (Central Labrador) – Improving PHC access and culturally appropriate and safe care
- + St. Anthony – PHC Suite Quality Improvement Initiative

Specialized Collaborative Teams – Opioid Dependence Treatment Hubs

- + As of 2019/20, all four RHAs have Opioid Dependence Treatment (ODT) Hubs that provide “rapid access” to medication-assisted treatments, coordinate referrals for ongoing care and provide consultation and support.
- + The Hub and Spoke model delivers evidence-informed, comprehensive and coordinated ODT services.
- + Hubs are comprised of teams of prescribing practitioners (physicians or nurse practitioners), social workers, psychologists, peer support workers, pharmacists, and/or licensed practical nurses.
- + Spokes refer to external PHC providers such as physicians, nurse practitioners and pharmacists who also support individuals with an opioid use disorder and can be supported by the hub in their clinical practice to optimize care.