

## SPECIAL AUTHORIZATION REQUEST FORM The Newfoundland and Labrador Prescription Drug Program (NLPDP) Cholinesterase Inhibitor

Pharmaceutical Services
Department of Health and Community Services
P.O. Box 8700, Confederation Bldg.
St. John's, NL A1B 4J6

Phone: (709) 729-6507
Toll Free Line: 1-888-222-0533
Fax: (709) 729-2851

Patient Information				
Patient Name		Date of Birth		NLPDP Drug Card/MCP number
Address				
Cholinesterase Inhibitor Requested and Dose				
Donepezil (Aricept®)			Dose	
Rivastigmine (Exelon® and generics)			Dose	
Galantamine (Reminyl ER® & generics)			Dose	
Diagnostic Information				
Diagnosis of Mild to Moderate Dementia Ye			Yes _	No
MMSE Score			Score _	Date
FAST Score			Score	Date
MMSE and FAST scores to be assessed within 60 days of request for coverage. Only patients with a MMSE score of 10 to 30 and a FAST score of 4 or 5 are eligible for NLPDP coverage of cholinesterase inhibitors. Initial approval will be for a 6 month period. Renewal of coverage will require reassessment of MMSE and FAST scores.				
Fast Stage FUNCTIONAL IMPAIR			MPAIRMENT	DUE TO COGNITIVE DEFICIT (NOT PHYSICAL)
4 Mild	IADLs: needs assistance (Instrumental Activities of Daily Living include complex tasks such as managing money and medications, shopping, cooking, driving, housekeeping, using telephone)			
5 Moderate	Re-wearing clothes; requires assistance in such basic tasks of daily life as choosing proper clothing. Patient can no longer function independently			
6 Moderately Severe	ADLs: needs assistance, especially with dressing and bathing (i.e. unable to bathe properly; inability to handle the mechanics of toileting); eventually experiences urinary and fecal incontinence. (Activities of Daily Living include dressing, washing, toileting, feeding, mobility)			
7 Severe	Non-verbal, non-ambulatory			
Adapted from: Reisberg, B. Functional Assessment Staging (FAST). Psychopharmacology Bulletin 1988;24(4):653-9  Requested By:   Physician   Pharmacist   Other Healthcare Professional   Date				
Requester Name (Please print):				License Number
Address:				Phone Number
Signature:				Fax Number