

Government of Newfoundland and Labrador

Department of Health and Community Services

Medical Services Division

mcp

Transition-Related Surgery Request for Prior Approval

APPENDIX A: WPATH Recommended Content of the Surgical Readiness Assessment

The WPATH recommended content of the surgical readiness assessment is as follows:

- 1. The client's general identifying characteristics;
- 2. Results of the client's psychosocial assessment, including any diagnoses;
- 3. The duration of the mental health professional's relationship with the client, including the type of evaluation and therapy or counselling to date;
- 4. An explanation that the criteria for surgery have been met, and a brief description of the clinical rationale for supporting the patient's request for surgery;
- 5. A statement about the fact that informed consent has been obtained from the patient;
- 6. A statement that the Mental Health Professional is available for coordination of care and welcomes a phone call to establish this.