

## mcp newsletter

May 29, 2020

20-06

**TO: FEE-FOR-SERVICE FAMILY PHYSICIANS AND PSYCHIATRISTS**

**RE: TRANSITION-RELATED SURGICAL READINESS ASSESSMENTS**

In consultation with the Newfoundland and Labrador Medical Association (NLMA), the Department of Health and Community Services is introducing a new fee code to the Medical Care Plan (MCP) Medical Payment Schedule for Transition-Related Surgical (TRS) Readiness Assessments. This new fee code has an effective date of November 4, 2019. The new fee code is located in both the Family Medicine and Psychiatry Office and Hospital Out-Patient and Emergency Consultations and Visits sections of the MCP Medical Payment Schedule:

150	Transition-Related Surgical Readiness Assessment .....	250.00
450	Transition-Related Surgical Readiness Assessment .....	250.00

The following description has been added to Section 7 of the MCP Medical Payment Schedule Preamble:

### 7.37 Transition-Related Surgical Readiness Assessment

The Transition-Related Surgical (TRS) Readiness Assessment is a comprehensive fee code that may include multiple visits in order to make a recommendation for insured TRS procedures. Recommended content of the surgical readiness assessment is available at [https://www.health.gov.nl.ca/health/mcp/pdf/TRS\\_Recommended\\_Content\\_SRA.pdf](https://www.health.gov.nl.ca/health/mcp/pdf/TRS_Recommended_Content_SRA.pdf). A TRS Readiness Assessment is payable to the family physician or psychiatrist who possesses the minimum credentials for mental health professionals who work with adults presenting with gender dysphoria. These credentials are available at [https://www.health.gov.nl.ca/health/mcp/pdf/TRS\\_SRA\\_Cert\\_Rec.pdf](https://www.health.gov.nl.ca/health/mcp/pdf/TRS_SRA_Cert_Rec.pdf).

7.37.1 The TRS Readiness Assessment is only payable for assessments for TRS procedures that are covered by Newfoundland and Labrador's provincial health insurance plans. A list of insured TRS procedures is available at [https://www.health.gov.nl.ca/health/mcp/pdf/TRS\\_Policy.pdf](https://www.health.gov.nl.ca/health/mcp/pdf/TRS_Policy.pdf). The TRS readiness assessment is payable whether or not the physician recommends the proposed insured surgery.

7.37.2 There is no payment available for completion of the TRS Request for Prior Approval.

7.37.3 The record of service must meet all the documentation requirements of a visit as described in Section 4.2.2 of the MCP Medical Payment Schedule. If surgery is recommended, the record of service must also include the written surgical readiness assessment as well as the TRS Readiness Assessor Certification and Recommendation form located at [https://www.health.gov.nl.ca/health/mcp/pdf/TRS\\_SRA\\_Cert\\_Rec.pdf](https://www.health.gov.nl.ca/health/mcp/pdf/TRS_SRA_Cert_Rec.pdf).

7.37.4 There are no other fee codes payable in addition to this fee code for this patient on the same day by the same physician that a TRS readiness assessment is provided.

7.37.5 There are no premiums payable in addition to this code.

Questions relating to the content of this Newsletter should be directed Dr. Colleen Crowther, Assistant Medical Director at (709) 758-1557 or by email at <a href="mailto:colleencrowther@gov.nl.ca">colleencrowther@gov.nl.ca</a>
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