

An involuntary patient is a person who has received a psychiatric assessment, has been certified according to the *Mental Health Care and Treatment Act*, and has been admitted to a psychiatric unit. As such, you have rights, including: Meeting and speaking with your lawyer in private at any time either in person or by other means;

- Having reasonable access to a telephone to make or receive calls;
- Having visitors during regular visiting hours;
- Meeting in person or by telephone with a rights advisor who will explain your rights under the Act;
- Meeting and speaking with your patient representative;
- Being able to write and send letters, and have reasonable access to your mail;
- Being told why you have been certified or had your certificate renewed, and receiving a copy of your certificate or renewal;
- Applying to the Mental Health Care and Treatment Review Board for a review of your certificate of involuntary admission or renewal;
- Receiving information describing the review process, the Review Board's function, your rights and your patient representative's right to act on your behalf in the review process, and;
- Having an interpreter if you need one.

My Patient Representative:

My Rights Advisor:

My Doctor:

Chair, Mental Health Care and Treatment Review Board

Department of Health and Community Services
P.O. Box 8700
St. John's, NL A1B 4J6



My Rights as an Involuntary Patient

Name: _____

Date: _____

