Have YOU travelled from Africa recently?









There are EBOLA outbreaks

in the African countries of: **Sierra Leone, Guinea and Liberia.**



BODY FLUIDS of someone who is sick with or has died from Ebola

an **OBJECT**that has been **CONTAMINATED**with Ebola

INFECTED ANIMALS







What to do if you feel sick

If you feel sick and were in Africa in the last 21 days, call Healthline 1-888-709-2929 as soon as possible.



Tell them:

- √Your symptoms
- Which countries you visited or travelled from, and
- √ Whether you have been to a medical facility or received medical care while abroad.

For more information: www.publichealth.gc.ca