The Mental Health Care and Treatment Review Board

ANNUAL ACTIVITY REPORT 2011-2012

Chairperson's Message

I am pleased to provide the 2011-2012 Annual Report for the Mental Health Care and Treatment Review Board in accordance with the requirements of the *Transparency and Accountability Act* for a Category 3 Government Entity. In the development of this report careful consideration was given to the strategic directions of government, as communicated by the Minister responsible for this entity.

This Annual Report provides an overview of the activities of the Mental Health Care and Treatment Review Board. The statistics related to the three years covered by the Review Board's 2011-2014 *Activity Plan* are found in the Goals section of this report and the annual objective for 2011-2012 focuses on more recent activity. One accomplishment for 2011-2012 is the tightening up of adherence to timelines for setting and hearing of applications and delivery of decisions as provided in the Act.

As Chairperson (Acting) of the Mental Health Care and Treatment Review Board, my signature is indicative of the entire Review Board's accountability for the preparation of this report, any variances, and for the achievement of the specific objectives contained therein.

SaiBuche

Sandra M. Burke, Q.C. Chairperson (Acting)

Table of Contents

| Chairperson's Message | Page 2 |
|---|-----------|
| 1. Overview | 5 |
| Mandate | 5 |
| Membership | 5 |
| Meetings | 6 |
| Financial Values | 6 7 |
| Primary Clients | 7 7 |
| Timary Choins | 1 |
| 2. Shared Commitments | 8 |
| 3. Accomplishments and Highlights | 9 |
| 4. Report on Performance | 9 |
| Vision | 9 |
| Mission | 10 |
| Progress 2011-2012 | 10 |
| Annual Objective 2011-2012 | 12 |
| 5. Challenges and Opportunities | 16 |
| Appendix A: Board Members 2011-2012 | 20 |
| 11 | |
| Appendix B: Strategic Directions | 22 |
| Appendix C: Referenced Legislative Sections | 23 |

Tables and Figures

| Table 1 | Overview of the Locations of Meetings (2011-2012) |
|----------|--|
| Table 2 | The Mental Health Care and Treatment Review Board Activity by Fiscal Year 2008-2012 |
| Table 3 | Objective Indicators 2008-2012 |
| Table 4 | Length of Notice Provided For Withdrawn Applications by Applicant/ Regional Health Authority 2011-2012 |
| Table 5a | Timeliness in Appointing Panels and Setting Hearing Dates 2011-2012 |
| Table 5b | Timeliness of Hearings Scheduled to be Heard 2011-2012 |
| Table 5c | Timeliness of Decisions Rendered and Delivered 2011-2012 |
| Table 5d | Delay of Decisions Rendered and Delivered Per Section 71(2) of the <i>Act</i> by Number and Percentage 2011-2012 |
| Table 6 | Number of Hearings and Decisions Confirmed for Each Review Board Member 2011-2012 |

1.0. Overview

Mandate

The Mental Health Care and Treatment Review Board, hereafter referred to as the Review Board, was established pursuant to Section 56 of the *Mental Health Care and Treatment Act*. The duties and responsibilities of the Review Board include reporting annually to the Minister on its operations and on other matters as required by the Minister and performing the other functions that may be prescribed by the regulations.

The key function of the Review Board is outlined in Section 56. (1) of the *Mental Health Care and Treatment Act* and the purpose of the Review Board is to hear and decide applications under the *Mental Health Care and Treatment Act*.

The primary role of the Review Board is to review applications made by clients seeking a review of the issue of certification of involuntary admission under Section 64(1) (a) of the *Mental Health Care and Treatment Act*, to review applications made by clients seeking a review of the issuance of a Community Treatment Order under Section 64(1)(b) of the *Act*, and to review applications made by a client alleging the denial of a right under Section 64(1)(c) of the *Act*.

Membership

The Review Board is appointed pursuant to Section 57. (1) of the *Mental Health Care and Treatment Act*. The terms of appointment are stated at Sections 58(1) and (2) of the *Mental Health Care and Treatment Act*. Current Review Board members and their terms are referenced in Appendix A.

Meetings

The Review Board is available to meet as required and has met in St. John's and by video conference with members across the Province. The following is an overview of locations in which the panels heard applications and business was conducted in 2011-2012.

| LOCATION | IN PERSON | VIDEOCONFERENCE | |
|--------------------------------------|-----------|-----------------|--|
| Waterford Hospital, St. John's | 26 | 6 | |
| Health Sciences Center, St. John's | 1 | | |
| Janeway | 1 | | |
| Western Memorial Hospital, Corner | | | |
| Brook | | | |
| Central Newfoundland Regional Health | | 1 | |
| Centre, Grand Falls-Windsor | | | |
| Sir Thomas Roddick Hospital, | | | |
| Stephenville | | | |
| Sub-total | 28 | 7 | |
| Total Number | 35 | | |

 Table 1: Overview of the Locations of Meetings (2011-2012)

While panel members are located across the Province, most clients are located in St. John's and Review Board members make themselves available as necessary. In 2010-2011, the Review Board started to hold reviews using the Professional Development & Conferencing Services of Memorial University and has continued this trend into 2011-2012. This service has encouraged increased capacity building, networking and a more collaborative approach by connecting with any of the above as a third site. Further, it also increased efficiency with respect to cancellations and/or changes in hearings dates or times.

Financial

The Review Board is not required to have an audited statement. In the 2011-2012 fiscal year total expenses were approximately \$44,799.00 itemized as follows:

| Total | \$ 44,799.00 |
|------------------|-----------------|
| Courier expenses | <u>\$ 85.00</u> |
| Videoconferences | |
| Psychiatrists | \$ 9,545.00 |
| Board Members: | \$ 35,169.00 |

Administrative support and expenses are provided by the Department of Health and Community Services (DHCS), Mental Health and Addictions Division.

Values

The Department of Health and Community Service's values are reflected daily as employees fulfill their roles and responsibilities in serving their clients. They are key elements of the department's culture. The Review Board adopted the following values of the Department of Health and Community Services and incorporated them into Review Board activities and decision making.

Professionalism

Each person is qualified and competent, and supported in their work through a culture that encourages continuing education and employee development.

Excellence

Each person makes decisions and performs to the best of their ability based on the best evidence available and follows proven best practices to ensure individual and departmental performance is maintained at the highest possible standard.

Transparency and Accountability

Each person takes their responsibility to their clients seriously and contributes to a culture of openness and transparency in decision-making and reporting.

Collaboration

Each person engages others, both within and external to the department, in a positive manner, respectful of others and their different perspectives.

Privacy

Each person manages and protects information related to persons/families/ organizations/communities and the department appropriately.

Primary Clients

The primary clients of the Review Board are those who make applications to the Review Board pursuant to Section 64 of the *Mental Health Care and Treatment Act* and the following applications may be made:

64. (1) ...

- (a) an application by an involuntary client to review the issuance of certificates of involuntary admission or a certificate of renewal;
- (b) an application by a person who is the subject of a community treatment order to review its issuance or renewal; and

(c) an application by a person detained in a facility alleging a denial of a right set out in section 11 or 12.

These applications are in addition to the automatic reviews of second renewals for involuntary clients in section 33 and issuing or renewing community treatment orders in subsection 53(3) of the *Mental Health Care and Treatment Act*.

2.0. Shared Commitments

While the Review Board operates as an entity independent of the Department of Health and Community Services and the Regional Health Authorities, the Board has a shared commitment with these organizations in an effort to provide the most effective care to those with mental health issues.

The Review Board does require interaction at the point of application with senior administrators of Regional Health Authorities and the acute psychiatric care teams in order to fulfill its mandate. Other entities/persons with which the Review Board has a shared commitment include:

Client Representatives

The client representative role is defined by the *Act* as a " person, other than a rights advisor, who has reached the age of 19 years and who is mentally competent and available who has been designated by, and who has agreed to act on behalf of, a person with a mental disorder and, where no person has been designated, the representative shall be considered to be the next of kin, unless the person with the mental disorder objects." Non-government organizations, such as the Canadian Mental Health Association (CMHA) or the consumer group, Consumers Health Awareness Network Newfoundland and Labrador (CHANNAL), have supportive, less formal roles.

Rights Advisors

Persons appointed by the Minister pursuant to Section 13 of the *Act* to give advice and assistance to persons subjected to certificates of involuntary admission and community treatment orders. Rights Advisors also explain the certification process, assist with applications to the Review Board, and accompany the person/ client to the hearing.

Newfoundland and Labrador Legal Aid Commission (NLLAC)

Persons who are subject to certificates of involuntary treatment or community treatment orders are able to access legal advice and assistance from the NLLAC. The role of counsel is integral to the hearing in assisting the Panels with clear and relevant evidence from the Applicant and effectively cross examining the Regional Health Authority.

3.0. Accomplishments and Highlights

The proclamation of the new *Mental Health Care and Treatment Act*, which replaced legislation over 30 years old, continues to be a significant development in improving access to a priority health service across the Province. In 2011-2012, Newfoundland and Labrador Centre for Health Information (NLCHI) has undertaken a review of the Act and made recommendations. This report is currently under government consideration.

In the 2008-2009 fiscal year, the Review Board heard the first application to review a Community Treatment Order. To date, there are very few applications based on allegations of denial of rights.

In 2011-2012, the Review Board met on five occasions as a group, outside of regular panel hearings, to discuss implementation issues, the annual report and to make recommendations to improve procedural matters, which are referred to in this report.

In 2011-12, the Review Board established a sub-committee of the Board which will meet quarterly or on an as needed basis to help identify, intervene, and address any specific issues arising from the Review Board process and hearings needed for the Review Board to fulfill its mandate. This sub-committee will address any operational issues surrounding the review board.

4.0. Report on Performance⁵

Vision

The Review Board supports the vision of the Department of Health and Community Services. The Review Board supports the achievement of this vision by affording clients of mental health services the opportunity to have a certificate of involuntary admission or community treatment order reviewed, and to assess allegations of denial of rights. The Review Board thereby furthers optimal health and well being and the effective use of resources.

The vision of the Department of Health and Community Services is for individuals, families and communities to achieve optimal health and well being.

¹ For a complete version of the Department's mission statement, please contact the Department of Health and Community Services Tel: 709-729-4984 or email: <u>healthinfo@gov.nl.ca</u> or visit <u>http://www.health.gov.nl.ca/health/</u>.

Mission

The Review Board's mandate is not broad enough to develop a separate mission; therefore, the Department of Health and Community Service's mission has been adopted.

By March 31, 2017, the Department of Health and Community Services will have provided leadership to support an enhanced health care system that effectively serves the people of the province and helps them achieve optimal health and well being.

The Review Board considers its mandate and government's strategic directions as contributing to the mission of the Department. The Review Board is a process within the mental health system that spans the continuum of care from community/primary care to facility-based tertiary and emergency care. It helps to ensure appropriate/improved accessibility to priority services, a more informed citizenry, as well as the improved accountability to clients of mental health services. By monitoring decisions and usage trends, the board encourages a more appropriate use of available resources that contributes to the improved quality of mental health care for those requiring mental health services across the Province.

Progress 2011-2012

In 2011-2012 a Review Board was convened as needed. This meant that panels of three members, including a lawyer, who is Chairperson, a physician and a lay person, reviewed applications on behalf of involuntary clients who were admitted or required renewal certificates, or persons who were the subject of community treatment orders, or who were allegedly denied rights resulting from involuntary psychiatric assessments/admissions. Decisions of the Review Board were communicated directly to Applicants and/or their representatives and to the admitting psychiatric facility.

The Review Board provided an involuntary client with a mechanism to access a review of the issuance of a certificate of involuntary admission. It also provided a means by which a person who is subject to a community treatment order can review the issuance or renewal of such an order.

The Review Board acts as a check and balance within the mental health system, spans the continuum of care from community/primary care to facility based/tertiary/emergency care, and contributes to more informed citizens and a more accountable mental health system. The Review Board supports the strategic directions of "Access to Priority Services" and "Accountability and Stability of Services" (See Appendix B) by monitoring decisions made within the mental health system and encouraging more appropriate use of available resources, as is evident in the goal statement:

This Annual Report is the fourth report since the 2008-2011 Activity Plan was developed to include Review Board statistics, which inform goal and annual objective reporting. This Annual Report reflects the new Activity Plan for 2011-2014.

| Review Board Activity | 2011- 2012 | 2010- 2011 | 2009- 2010 | 2008- 2009 | Grand Total |
|--|------------------------|---------------|---------------|---------------|-------------|
| Status of Applications | Number of Applications | | | | |
| Received | 113 | 102 | 102 | 101 | 418 |
| Summarily dismissed by Chair | 5 | 8 | 6 | 2 | 21 |
| Application Withdrawn ¹ | 40 | 42 | 43 | 39 | 164 |
| No hearing set ² | 32 | 17 | 10 | 12 | 71 |
| Hearings convened ³ | 36 | 31 | 39 | 42 | 148 |
| Result of Hear | ings by | Review | Board P | anels | |
| Certificates upheld/ confirmed | 28 | 27 | 28 | 35 | 118 |
| Certificates not upheld / not confirmed | 6 | 4 | 10 | 8 | 28 |
| Community Treatment Orders upheld /confirmed ⁴ | 1 | 0 | 1 | 1 | 3 |
| Panel lacking jurisdiction | 0 | 0 | 0 | 1 | 1 |
| Decision communicated | 36 | 31 | 39 | 42 | 148 |

TABLE 2: Mental Health Care and Treatment Review Board Activity by Fiscal Year 2008-2012

¹ In previous years the terms cancelled and/or decertified were used. This is now changed to "Application Withdrawn." 2 No hearings were set means that the applicant was discharged prior to the scheduling of the hearing.

³Hearings convened means that review board members met in person or used communications technology to hear and decide upon an application.

⁴ The first application for review of a Community Treatment Order was heard in 2008-2009.

Note: the columns "postponed" and "rescheduled" were removed from the 2011-2012 statistics

ANNUAL OBJECTIVE 2011-2012

Due to the limited mandate of the Review Board, the annual objective will remain the same for each year of this Activity Plan. At the end of each year, the indicators and progress will be reviewed to determine if the indicators will remain the same for the period covered by this activity plan.

By March 31, 2012, 2013 and 2014, the Mental Health Care and Treatment Review Board will have reviewed applications under the *Mental Health Care and Treatment Act* to ensure the conditions for issuing or renewing certificates are appropriate.

Measure: Reviewed applications and contributed to more appropriate access and accountability in mental health services.

Indicators:

- Number of applications received from mental health services
- Number of panels convened
- Number of hearings held/reviews completed
- Number of certificates upheld/cancelled
- Yearly reports provided

Yearly reports provided

• Number of decisions communicated

| Planned Activity | Actual Activity | |
|--|---|--|
| Number of applications received | The total number of applications received during | |
| from mental health services | 2011-2012 was 113. | |
| Number of panels convened | Thirty six (36) review panels were convened, | |
| | representing 32% of the 113 applications | |
| | received in 2011-2012. This is five more panels | |
| | than held in 2010-2011 (N=31). | |
| Number of hearings held / reviews | Thirty six hearings were held, meaning 36 | |
| completed. | reviews were completed, representing 32% of the | |
| | 113 applications received in 2011-2012. | |
| | | |
| Number of certificates upheld / cancelled | There were 28 of 113 applications or 25% | |
| (this means the number of certificates confirmed | certificates confirmed or upheld for 2011-2012. | |
| /not confirmed). ⁵ | There were six of 113 (five percent) certificates | |
| | not upheld/confirmed. | |

There was one community treatment order

The Annual Activity Report for the fiscal year of

2010/2011 was provided by the Review Board

reviewed and upheld in 2011 -2012.

for the 2008-2011 Activity Plan.

Table 3 Objective Indicators 2011-2012 (based on Table 2, Page 11)

⁵ The term "cancelled" is not appropriate in this context. Certificates are either "confirmed (upheld)" or "not confirmed (terminated)".

| Thirty six (36) decisions were communicated; 28 or 80% of the 2011-2012 certificates were upheld and six or 17% were not upheld or confirmed. One (three percent) Community Treatment Order |
|--|
| was upheld. |

Discussion of Results 2011-2012

The total number of applications increased to 113 from an average of 102 across 2009-2012. This shows a consistent trend since the passing of the legislation. The exact reason for this is unknown; however, an enhanced awareness, advocacy and increased education for all of the Review Board and *Mental Health Care and Treatment Act* in general may be related. The number of hearings and decisions rendered ranged from 42 to 31 with an average of 37 per year. The number of certificates not upheld was up only slightly by 30% in 2011-2012 to 6 from 4 in 2010-2011.

The measure of "No hearing set" also increased to a new level for a total of 32, up from 17 in 2010-2011. The measurement of hearings set can often be impeded by the mental illness diagnosis itself or factors such as the timing of the assessments, and any other issue related to mental illness for the person involved.

Data collection is ongoing and further information and analysis is needed over a longer time period to confirm these trends. The additional statistical and qualitative information provides insight into the nature and volume of work by the Review Board, which represents one component of a range of mental health services.

Applications Withdrawn:

Table 4 reveals the length of notice provided by Applicant/Health Authority out of 40 withdrawn applications in 2011-2012. The timeliness of notification of withdrawn applications was identified as an issue in previous years. The issue surrounds the efficient use of time for board members. For example, many board members have full time professional practices as lawyers and doctors. They will cancel their regular practice on a day of a hearing. If timely notice is not given regarding cancelled/withdrawn hearings, these board members are often unable to utilize the resulting free time for their professional practices, and are sometimes not paid after cancelling their regular practice. This may form a barrier to recruiting other sufficient Board members.

| Table 4: Length Of Notice Provided For Withdrawn ApplicationsBy Applicant/ Regional Health Authority2011-2012 | | | | |
|---|----|------------------------------|--------------|--------------------------|
| Number of Application Withdrawn | S | Less Than 24 Hours Notice | 1 Day Notice | 2 or More Days Notice |
| 2011-2012 | 40 | 15 | 12 | 13 |

Table 5a. Timeliness in Appointing Panels and Setting Hearing Dates 2010-2011

The *Act* provides specific timelines to guide the review process and this has provided parameters for the information collected (see Appendix C). Specifically, panels must be appointed within 2 clear days of the receipt by the Board Chair of the Application, and the hearing dates must set within 2 clear days of referral of the Application to the Panel Chair. To effectively meet the time requirements of the *Act*, it is typical for panels to be struck, hearing dates set and notices sent out to participants from a common administrative centre.

| Table 5a:Timeliness in Appointing Panels and Setting Hearing Dates Per Sections 66(2) and 67(2) of the Act By Number (2011-2012) | | | |
|--|----|--|--|
| Same Day as Application Received | 7 | | |
| 1 Clear Day after Application Received ⁶ | 43 | | |
| 2 Clear Days after Application Received | 21 | | |
| 3 Clear Days after Application Received | 3 | | |
| 4 Clear Days after Application Received | 1 | | |
| 5 Clear Days after Application Received | 1 | | |
| More than 5 Clear Days after Application | | | |
| Received | 0 | | |
| Total | 76 | | |

In 2011-2012, all appointments of panels and hearing dates set (100%) were accomplished within the legislative requirements; all hearings (100%) were held within the legislative requirements.

⁶ Note: "Next Day" was removed from these statistics as it means one clear day.

Table 5b Timeliness of Hearings Scheduled to be Heard

The legislative requirements for the timing of hearings to be held are found in Appendix C. Specifically, hearings must be held within 13 clear days of the receipt of the Application by the Board Chair.

| Table 5b:Timeliness of Hearings Scheduled to be HeardPer Section 67(1) of the Act by Number and Percentage (2011-2012) | | | | |
|---|----|------|--|--|
| Number of Days Within which Hearings are Scheduled to be Heard from Receipt of ApplicationNumber #Percentage % | | | | |
| One to four clear days | 9 | 12% | | |
| Five to ten clear days | 62 | 82% | | |
| Eleven to Thirteen clear days | 5 | 6% | | |
| More than thirteen clear days | 0 | | | |
| Total | 76 | 100% | | |

The Review Board was successful in having all hearings in 2011-2012 scheduled to be heard within the time frame of the legislative requirements.

Table 5c: Timeliness of Decisions Rendered and Delivered

The legislative requirements for the timing of decisions to be rendered and delivered to Applicants, Health Authorities and involved parties are found in Appendix C. Decisions must be rendered and delivered within 3 clear days from the conclusion of the hearing.

| Table 5c: Timeliness of Decisions Rendered and DeliveredPer Section 71(2) of the Act by Number and Percentage2010-2011 | | | |
|--|----------------------------------|--------------|--|
| Number of Days After Hearing to Rendered Decision | Decisions Rendered and Delivered | | |
| | Number # | Percentage % | |
| One Clear Day | 16 | 44% | |
| Two Clear Days | 6 | 17% | |
| Three Clear Days | 12 | 33% | |
| More than Three Clear Days | 2 | 6% | |
| Total | 36 | 100 | |

The Review Board was successful in meeting the legislative requirements in the timeliness of rendering and delivering their decisions for 94% of their total hearings.

| Table 5d: Delay of Decisions Rendered and DeliveredPer Section 71(2) of the Act by Number and Percentage2011-2012 | | | |
|---|----------------------------------|--------------|--|
| Delay in rendering Decision | Decisions Rendered and Delivered | | |
| | Number # | Percentage % | |
| Four Clear Days Delay | 0 | 0 | |
| Five Clear Days Delay | 1 | 50% | |
| Six to Nine Clear Days Delay | 0 | 0 | |
| Ten Clear Days Delay | 1 | 50% | |
| Total | 2 | 100% | |

Of the 2 delayed hearings in 2011- 2012, one decision was forwarded for distribution in a timely manner, but was delayed in being distributed (5 day delay) due to a staffing issue (which was a unique and unusual occurrence). One decision resulted in a delay of 10 days to be distributed which was not the result of administrative issues. The most probable cause of this delay was perhaps due to the ongoing and/or lengthy discussion around the body of evidence that was presented at the hearing. The Review Board believes that the initiation of the sub-committee, that is now established, can help to promote the awareness and circumvent any issues relating to such delay in future situations.

5.0. Challenges and Opportunities

Community Resources

Access to community based mental health and addictions services is a focus area of the DHCS 2011-2014 strategic plan. In keeping with this, the Review Board emphasizes that for some applicants, the lack of community resources continues to be a deterrent to proceeding with an application withdrawn. Increasing awareness of the need for a continuum of treatment services and continuing to prevent the unnecessary detention of the Applicant, as well as ensuring the safety of the Applicant and/or the community, is an ongoing challenge for the Review Board. Again, the Sub-committee of the Review Board will continue to promote and educate on the Review Board processes and the expected timelines found therein.

Procedural Matters

The Review Board confirmed that 113 applications were received in 2011-2012 for a total of 418 applications between 2008 -2012 (see Table 2). During the period 2008-2012, the number of applications per year ranged from 101 to 113 with an average of 104 per year. All applications, including those upheld, summarily dismissed, or rescheduled, required administrative preparations for panels. Given the consistent trend in the number of applications and cancellations, the following procedural matters continue to represent opportunities and

challenges for the Review Board in 2011-2012 and into 2012-2013; a matter that the subcommittee of the Review Board may help address and increase awareness.

Hearing Process

The Review Board hearing process is continuing to develop under the *Mental Health Care and Treatment Act* (2006), which was proclaimed in October 1, 2007, and the proclamation of Part IV, Community Treatment Orders in January 1, 2008. In 2011-2012, the Review Board recognized the need to develop policies and procedures related to the hearing process. This included the manner in which hearings are conducted and rescheduled, and decisions communicated. In this planning period (2011-2014), the timely dissemination of changes in process will improve consistency for the Applicant, the Regional Health Authority and Panel Members. This move will help address the applicant's concerns and promote efficiency for each of the Health Authorities and Panel members.

Administrative Support

Administrative support for the Review Board is provided by a position in the Mental Health and Addictions Division at the DHCS. Related administrative costs include dedicated telephone and fax lines to ensure confidentiality, computer and internet costs, and office supplies, etc. This is an effective and efficient temporary arrangement that is under review with respect to the independence of the Review Board.

Communication

Presently, telephone, fax and email are used to communicate with Board members. Most, if not all, Review Board members are accessible using electronic mechanisms, such as computer with internet and email technology. Providing that the appropriate measures for security and privacy of information can be assured, there is opportunity to have more advanced technology to protect the privacy of board members and the clients they serve. Electronic communication to support the appointment of panels, notification of hearings and filing of decisions could be a standard method of communication between Review Board members, and with the Regional Health Authority, Newfoundland and Labrador Legal Aid Commission (and private legal counsel) and the Department of Health and Community Services. Clients send and receive applications, notifications and decisions via transmission through their legal counsel, rights advisor or directly from the Health Authority. Electronic means of communication seems to be most optimal to the board that includes all involved key stakeholders to support the operation of the Review Board.

In the course of implementing the hearings, as required by the *Act*, the Review Board has identified areas where further communication and collaboration among these organizations/persons could enhance the mandate, vision and mission of the Review Board, and, more importantly, directly enhance the delivery of services to those with mental health issues.

Amended and Standardized Forms

Current application forms need to be updated to ensure that the panels receive appropriate information and to ensure consistency and fairness among applicants and the Health Authority. Forms are also required for postponements/rescheduling of hearings by the Board, Applicant and Health Authority, and cancellation of hearings by the Applicant and the Health Authority.

Review Board Member Participation

The following represents the number of hearings and decisions confirmed for Review Board members:

| Table 6: Number Of Hearings And DecisionsConfirmed For Each Review BoardMember (2011-2012) | | | | | | |
|--|--------|---|--|--|--|--|
| Member Representation | | Appointed to Panel - but hearing cancelled or rescheduled | Appointed to Panel – and hearings proceeded | | | |
| | А | 0 | 0 | | | |
| Legal | В | 1 | 5 | | | |
| | С | 5 | 0 | | | |
| | D | 0 | 0 | | | |
| | E | 3 | 3 | | | |
| | F | 3 | 1 | | | |
| | G | 7 | 2 | | | |
| | Н | 6 | 13 | | | |
| | Ι | 15 | 13 | | | |
| Physicians | A | 2 | 1 | | | |
| i nysicians | B | 3 | 0 | | | |
| | В С | 5 | 3 | | | |
| | | 13 | 15 | | | |
| | E | 4 | 3 | | | |
| | F | 13 | 15 | | | |
| | G | 0 | 0 | | | |
| | 0 | 0 | 0 | | | |
| | А | 1 | 0 | | | |
| Public | В | 0 | 0 | | | |
| | С | 10 | 6 | | | |
| | D | 1 | 0 | | | |
| | E | 2 | 2 | | | |
| | F | 6 | 11 | | | |
| | G | 20 | 18 | | | |

The above indicates that the work of Review Board members remained somewhat unevenly distributed as some members did not participate in any hearings while other members participated in the majority of hearings. While lack of involvement could occur if there were no applications heard in the geographic area in which the member resided, for all members in general, there needs to be some measure of commitment to the Review Board to ensure its mandate is able to be fulfilled. Regional consideration of the assignment of board members may allow for more even distribution of workload. The size of the Review Board membership allowed for work to continue despite the absences due, for example, to illness or expiry of appointment. It is recognized that there was no carry over provision in *The Act* to allow Board Members to continue in their capacities when their term has officially ended until reappointment. New and up and coming appointments to the Review Board are currently in process as previous members finish their terms and others express an interest in joining the board. In future, addressing these issues will increase the Review Board's ability to achieve its objectives

| Position | Name | EATMENT REVIEW BOARD Term Expiry October 1, 2011 | |
|--------------------------|------------------------------------|--|--|
| Chairperson | Mr. John L. Ennis ^[1] | | |
| Lawyer | | (Term Expired Oct 1, 2011) | |
| Member – Lawyer | Ms. Sandra M. Burke ^[2] | May 2, 2014 | |
| Member – Lawyer | Mr. John McGrath | October 1, 2011 (Term Expired Oct 1, 2011) | |
| Member – Lawyer | Peter Ralph | May 2, 2014 | |
| Member – Lawyer | Philip J. Buckingham | May 2, 2014 | |
| Member – Lawyer | Geoffrey Aylward | May 2, 2014 | |
| Member – Lawyer | Susan Gallant | May 2, 2014 | |
| Member – Lawyer | Ms. Janine Evans ^[3] | May 2, 2014 | |
| Member – Lawyer | Ms. Judy A. White | October 1, 2011 (Term Expired Oct 1, 2011) | |
| Physician | Dr. T. Rosales | October 1, 2011 (Term Expired Oct 1, 2011) | |
| Physician | Dr. Alec W. Brace ^[4] | May 2, 2014 | |
| Physician | Dr. Christopher Heughan | May 2, 2014 | |
| Physician | Dr. Peter Blackie | May 2, 2014 | |
| Physician | Dr. Neil Gerard Harvey | May 2, 2014 (resigned March 13, 2012) | |
| Physician | Dr. Gerald Warren | May 2, 2014 | |
| Physician | Dr. Alan J. McComiskey | October 1, 2011 (Term Expired Oct 1, 2011) | |
| Public Representative | Ms. Brenda Kelly ^[6] | October 1, 2014 | |
| Public Representative | Ms. Brenda Stamp | May 2, 2014 | |

MENTAL HEALTH CARE AND TREATMENT REVIEW BOARD

Appendix A: Board Members 2011-2012

^[1] Term ended. Sandra M. Burke, Q.C. was appointed Interim Chair October 2011.
 ^[2] Reappointed
 ^[3] Reappointed
 ^[4] Reappointed
 ^[6] Reappointed

| Position | Name | Term Expiry | |
|----------------|-----------------------------------|----------------------------|--|
| | | | |
| Public | Ms. Frankie O'Neill | May 2, 2014 | |
| Representative | | | |
| Public | Hilda Whelan | May 2, 2014 | |
| Representative | | | |
| Public | Ms. Mary Pia Benuen | October 1, 2011 | |
| Representative | | (Term Expired Oct 1, 2011) | |
| Public | Mr. Samuel M. Kean ^[7] | May 2, 2014 | |
| Representative | | | |
| Public | Ms. Judy Dale | May 2, 2014 | |
| Representative | | (Resigned August 29, 2011) | |
| Public | Ms. Moyra Buchan | October 1, 2011 | |
| Representative | | (Term Expired Oct 1, 2011) | |

Current as of April 30, 2012

^[7] Reappointed

Appendix B: Strategic Directions

(Source 2011-2014 Activity Plan)

Strategic directions are the articulation of desired physical, social, or economic outcomes and normally require action by or involvement of, more than one government entity. They summarize the outcomes desired for the health sector and are communicated to entities that plan and report in collaboration with the Department.

Title: Access to Priority Services Outcome: Improved accessibility to priority services

In addition to the challenges of geography, climate and a dispersed population, Newfoundland and Labrador is experiencing *population aging*, a process whereby older individuals account for a proportionately larger share of the total population and in-migration. We have the highest median age in Canada, that is, over half of the population is aged 43.3 years. In 2010, approximately 199,000 residents of the province were 50 years of age or over (38.8% of the population) and approximately 77,600 people aged 65 years or older made up 15.2% of the population. We also have one of the highest rates of chronic disease in the country. All persons require access to health services and health providers at some point and the implications for the health system will be significant over the next 6 years.

All services cannot be provided in every community, therefore defining the balance between available resources, what is reasonable and appropriate access within a range of prevention and treatment options, and / or specialty and emergency services is critical. We remain committed to improving access throughout the province by increased review of existing services, referral patterns, utilization, targeted interventions, and engagement of patients and the public. This 6 year planning cycle will focus on reviewing progress to date in previously selected areas, addressing identified gaps and strengthening collaborative approaches with Regional Health Authorities, health providers, community groups and Atlantic partners in the following focus areas:

| Focus Areas of the Strategic Direction 2011-2017 | The Strategic Direction Access to Priority Services isAddressed by the Mental Health Care and Treatment Review Board's | | |
|--|--|---------------------|-----------|
| | Activity Plan | Operational Plan | Work Plan |
| Mental Health And Addictions Services | X | | |

Note: For a complete version of the Department's strategic directions, contact the Department of Health and Community Services Tel: 709-729-4984 or email: <u>healthinfo@gov.nl.ca</u> or visit <u>http://www.health.gov.nl.ca/health/</u>.

Appendix C: Referenced Legislative Sections

(All references are to the *Mental Health Care and Treatment Act* unless otherwise noted)

1. Overview

Membership – Appointment of Board Members

- 57. (1) The board shall comprise a minimum of 13 members appointed by the Lieutenant-Governor in Council and consist of
 - (a) a chairperson, who is a member in good standing of the Law Society of Newfoundland and Labrador;
 - (b) 4 persons, each of whom is a member in good standing of the Law Society of Newfoundland and Labrador and who expresses an interest in mental health issues;
 - (c) 4 persons, each of whom is a physician; and
 - (d) 4 persons, each of whom is neither a member of the Law Society of Newfoundland and Labrador nor a physician and each of whom expresses an interest in mental health issues, with preference being given to a person who is or has been a consumer of mental health services.
- 58. (1) A member of the board shall be appointed for a term of 3 years.

(2) Notwithstanding subsection (1), members of the first board appointed under this Act shall be appointed to the following terms:

- (a) the chairperson and 2 persons referred to in each of paragraphs 57(1)(b), (c) and (d) shall be appointed for a term of 4 years; and
- (b) 2 persons referred to in each of paragraphs 57(1) (b), (c) and (d) shall be appointed for a term of 3 years.

3.0 Report on Performance

Discussion of Results - Timeliness for Setting of Hearings

- 66. (2) within 2 clear days of receipt of an application the chairperson of the board shall appoint a panel and designate a chairperson of the panel and refer the application to the chairperson of the panel.
- 67 (1) A panel shall hear and determine an application as soon as is reasonably possible and in any event no more than 10 clear days after receipt of the referral under subsection 66(2).
 - (2) Within 2 clear days of receipt of the referral of the application under subsection 66(2), the chair of the panel shall give notice of the date, time, place and purpose of the hearing to the parties to the application.

Discussion of Results - Timeliness of Decisions Rendered

- 71 (2) Within 3 clear days following the conclusion of its review, the chairperson of the panel shall deliver
 - (a) to each party, its decision, in writing, signed by the members of the panel, together with reasons in support of the decision, and where the decision of the panel is not unanimous, any dissenting opinion; and
 - (b) To the chairperson of the board, a copy of its decision, together with reasons, and any dissenting opinions, and a record of all evidence presented to the panel.

"Clear days" are defined at Subparagraph 22(k) of the Interpretation Act, R.S.N.L. Chapter I-19, as amended:

where a number of days not expressed to be "clear days" is prescribed the days shall be counted exclusively of the 1st day and inclusively of the last and where the days are expressed to be "clear days" or where the term "at least" is used both the 1st day and the last shall be excluded; Mental Health Care and Treatment Review Board

Department of Health and Community Services Confederation Building, 1st. Floor, West Block P.O. Box 8700 St. John's, NL A1B 4J6 Telephone: 729-3658; Fax: 729-4429

www.gov.nl.ca/health