

**Session Name**  
Health Forum GB

**Date Created**  
12/8/2014 7:41:57 PM

**Active Participants**  
29

**Total Participants**  
29

**Average Score**  
0.00%

**Questions**  
27

## Results by Question

### 1. The Health Authority region where I live is... (Demographic Assignment)

| Responses           |             |           |
|---------------------|-------------|-----------|
|                     | Percent     | Count     |
| Labrador – Grenfell | 92.59%      | 25        |
| Western             | 0.00%       | 0         |
| Central             | 0.00%       | 0         |
| Eastern             | 7.41%       | 2         |
| <b>Totals</b>       | <b>100%</b> | <b>27</b> |

### 2. My age is: (Demographic Assignment)

| Responses     |             |           |
|---------------|-------------|-----------|
|               | Percent     | Count     |
| <18           | 0.00%       | 0         |
| 19-24         | 11.11%      | 3         |
| 25-34         | 22.22%      | 6         |
| 35-44         | 14.81%      | 4         |
| 45-54         | 33.33%      | 9         |
| 55-64         | 14.81%      | 4         |
| 65 -74        | 3.70%       | 1         |
| 75+           | 0.00%       | 0         |
| <b>Totals</b> | <b>100%</b> | <b>27</b> |

3. Today, I am here as a (Demographic Assignment)

| Responses                |             |           |
|--------------------------|-------------|-----------|
|                          | Percent     | Count     |
| Citizen                  | 17.86%      | 5         |
| Patient                  | 3.57%       | 1         |
| Caregiver of a patient   | 3.57%       | 1         |
| Health Care Professional | 25.00%      | 7         |
| Academic/Researcher      | 3.57%       | 1         |
| Other                    | 46.43%      | 13        |
| <b>Totals</b>            | <b>100%</b> | <b>28</b> |

4. The community in which I live has \_\_\_\_\_ people. (Demographic Assignment)

| Responses     |             |           |
|---------------|-------------|-----------|
|               | Percent     | Count     |
| <500          | 3.85%       | 1         |
| 501- 2000     | 3.85%       | 1         |
| 2001-5000     | 3.85%       | 1         |
| 5001-10000    | 80.77%      | 21        |
| 10000+        | 7.69%       | 2         |
| <b>Totals</b> | <b>100%</b> | <b>26</b> |

5. Which area(s) is of most interest to you? (select all that apply) (Multiple Choice - Multiple Response)

| Responses                         |             |            |
|-----------------------------------|-------------|------------|
|                                   | Percent     | Count      |
| Chronic disease management        | 16.83%      | 17         |
| Mental health and addictions      | 17.82%      | 18         |
| Dementia care                     | 5.94%       | 6          |
| Healthy living                    | 23.76%      | 24         |
| Aging                             | 8.91%       | 9          |
| Primary health care accessibility | 19.80%      | 20         |
| Other                             | 6.93%       | 7          |
| <b>Totals</b>                     | <b>100%</b> | <b>101</b> |

6. Who helps you manage your health? (select all that apply) (Multiple Choice - Multiple Response)

| Responses                   |             |           |
|-----------------------------|-------------|-----------|
|                             | Percent     | Count     |
| Family doctor               | 21.33%      | 16        |
| Emergency department        | 8.00%       | 6         |
| Walk-in /medical clinic     | 8.00%       | 6         |
| Nurse                       | 10.67%      | 8         |
| Nurse practitioner          | 8.00%       | 6         |
| Allied health care provider | 16.00%      | 12        |
| Pharmacist                  | 10.67%      | 8         |
| Optometrist                 | 10.67%      | 8         |
| Other                       | 6.67%       | 5         |
| <b>Totals</b>               | <b>100%</b> | <b>75</b> |

7. What are the top 3 barriers you experience when accessing primary health care? (select 3) (Priority Ranking)

| Responses                                      |             |                |
|--|-------------|----------------|
|  | Percent     | Weighted Count |
| Service not available in the area              | 20.85%      | 142            |
| Inconvenient hours                             | 17.91%      | 122            |
| Wait time to obtain appointment too long       | 24.23%      | 165            |
| Waited too long in the waiting room            | 6.61%       | 45             |
| Lack of consistency in health providers        | 17.77%      | 121            |
| Cost   | 1.17%       | 8              |
| Location problems (too far to travel/ Weather) | 3.82%       | 26             |
| Unable with the available health care provider | 0.00%       | 0              |
| Other  | 4.70%       | 32             |
| I have not experienced any barriers            | 2.94%       | 20             |
| <b>Totals</b>                                  | <b>100%</b> | <b>681</b>     |

8. Can you access most routine healthcare services close to/ near where you live? (Multiple Choice)

| Responses     |             |           |
|---------------|-------------|-----------|
|               | Percent     | Count     |
| Yes           | 65.38%      | 17        |
| No            | 23.08%      | 6         |
| Unsure        | 11.54%      | 3         |
| <b>Totals</b> | <b>100%</b> | <b>26</b> |

9. Have you had difficulty accessing any of the following (select all that apply)? (Multiple Choice - Multiple Response)

| Responses                        |             |           |
|----------------------------------|-------------|-----------|
|                                  | Percent     | Count     |
| Family doctor                    | 34.55%      | 19        |
| Emergency department             | 12.73%      | 7         |
| Walk in /medical clinic          | 12.73%      | 7         |
| Nurse                            | 3.64%       | 2         |
| Nurse practitioner               | 3.64%       | 2         |
| Allied health care provider      | 12.73%      | 7         |
| Pharmacist                       | 1.82%       | 1         |
| Optometrist                      | 3.64%       | 2         |
| I have experienced no difficulty | 14.55%      | 8         |
| <b>Totals</b>                    | <b>100%</b> | <b>55</b> |

10. Finding my way through the primary health care system is: (Multiple Choice)

| Responses          |             |           |
|--------------------|-------------|-----------|
|                    | Percent     | Count     |
| Easy               | 11.54%      | 3         |
| Somewhat easy      | 38.46%      | 10        |
| Somewhat difficult | 30.77%      | 8         |
| Difficult          | 15.38%      | 4         |
| Impossible         | 3.85%       | 1         |
| <b>Totals</b>      | <b>100%</b> | <b>26</b> |

11. I have acceptable access to primary healthcare providers when I need them. (Multiple Choice)

| Responses         |             |           |
|-------------------|-------------|-----------|
|                   | Percent     | Count     |
| Strongly agree    | 17.86%      | 5         |
| Agree             | 35.71%      | 10        |
| Neutral           | 10.71%      | 3         |
| Disagree          | 25.00%      | 7         |
| Strongly disagree | 10.71%      | 3         |
| <b>Totals</b>     | <b>100%</b> | <b>28</b> |

12. Would you communicate via email with your provider if it meant you could get questions or issues addressed quickly? (Multiple Choice)

| Responses         |             |           |
|-------------------|-------------|-----------|
|                   | Percent     | Count     |
| Yes               | 78.57%      | 22        |
| No                | 10.71%      | 3         |
| Unsure            | 7.14%       | 2         |
| I don't use email | 3.57%       | 1         |
| <b>Totals</b>     | <b>100%</b> | <b>28</b> |

13. Would you be willing to have routine telephone checkups with your provider rather than always having to book an appointment? (Multiple Choice)

| Responses     |             |           |
|---------------|-------------|-----------|
|               | Percent     | Count     |
| Yes           | 77.78%      | 21        |
| No            | 18.52%      | 5         |
| Unsure        | 3.70%       | 1         |
| <b>Totals</b> | <b>100%</b> | <b>27</b> |

14. Would you be comfortable receiving the majority of your routine care from a nurse practitioner instead of a doctor? (Multiple Choice)

| Responses     |             |           |
|---------------|-------------|-----------|
|               | Percent     | Count     |
| Yes           | 71.43%      | 20        |
| No            | 17.86%      | 5         |
| Unsure        | 3.57%       | 1         |
| I already do  | 7.14%       | 2         |
| <b>Totals</b> | <b>100%</b> | <b>28</b> |

15. Primary health care provides me with the necessary support to maintain a healthy lifestyle. (Multiple Choice)

| Responses         |             |           |
|-------------------|-------------|-----------|
|                   | Percent     | Count     |
| Strongly agree    | 7.69%       | 2         |
| Agree             | 30.77%      | 8         |
| Neutral           | 26.92%      | 7         |
| Disagree          | 23.08%      | 6         |
| Strongly disagree | 11.54%      | 3         |
| <b>Totals</b>     | <b>100%</b> | <b>26</b> |

16. Over the past year, I have talked to a primary healthcare provider about: (Multiple Choice - Multiple Response)

| Responses                                   |             |           |
|---|-------------|-----------|
|   | Percent     | Count     |
| Developing a healthy lifestyle              | 15.91%      | 7         |
| Reducing alcohol or drug use                | 0.00%       | 0         |
| Illness Prevention                          | 9.09%       | 4         |
| Treatment and care of an illness            | 25.00%      | 11        |
| Plans for managing a chronic condition      | 13.64%      | 6         |
| Ways to handle stress                       | 9.09%       | 4         |
| Other                                       | 15.91%      | 7         |
| to a primary health care provider this year | 11.36%      | 5         |
| <b>Totals</b>                               | <b>100%</b> | <b>44</b> |

17. Do your PHC providers connect you with the supports in the community you need for staying well? (Multiple Choice)

| Responses        |             |           |
|------------------|-------------|-----------|
|                  | Percent     | Count     |
| All of the time  | 8.00%       | 2         |
| Most of the time | 24.00%      | 6         |
| Some of the time | 44.00%      | 11        |
| None of the time | 24.00%      | 6         |
| <b>Totals</b>    | <b>100%</b> | <b>25</b> |

18. Which supports/services do you need to help you stay healthy? (select top 3) (Priority Ranking)

| Responses                                   |             |                |
|---|-------------|----------------|
|   | Percent     | Weighted Count |
| Access to safe and affordable housing       | 17.09%      | 120            |
| quality, affordable, healthy, soup kitchens | 14.25%      | 100            |
| o PHC providers outside of working hours    | 13.11%      | 92             |
| Skating, sports, cultural activities/events | 2.85%       | 20             |
| community activities/services for all ages  | 11.40%      | 80             |
| recreational facilities such as school gyms | 7.83%       | 55             |
| our supports to include mental well-being   | 13.96%      | 98             |
| looking at wellness (shared responsibility) | 12.39%      | 87             |
| y are connected the services they require   | 7.12%       | 50             |
| <b>Totals</b>                               | <b>100%</b> | <b>702</b>     |

19. My primary health care providers communicate well with each other regarding my care (Multiple Choice)

| Responses         |             |           |
|-------------------|-------------|-----------|
|                   | Percent     | Count     |
| Strongly agree    | 0.00%       | 0         |
| Agree             | 18.18%      | 4         |
| Neutral           | 18.18%      | 4         |
| Disagree          | 22.73%      | 5         |
| Strongly disagree | 13.64%      | 3         |
| I do not know     | 27.27%      | 6         |
| <b>Totals</b>     | <b>100%</b> | <b>22</b> |

20. Over the past 3 years, have you received the majority of your primary health care from the same provider(s)? (Multiple Choice)

| Responses     |             |           |
|---------------|-------------|-----------|
|               | Percent     | Count     |
| Yes           | 22.73%      | 5         |
| No            | 72.73%      | 16        |
| Unsure        | 4.55%       | 1         |
| <b>Totals</b> | <b>100%</b> | <b>22</b> |

21. I have had enough support from primary health care providers to help me manage my health concerns. (Multiple Choice)

| Responses                     |             |           |
|-------------------------------|-------------|-----------|
|                               | Percent     | Count     |
| Strongly agree                | 4.55%       | 1         |
| Agree                         | 27.27%      | 6         |
| Neutral                       | 13.64%      | 3         |
| Disagree                      | 9.09%       | 2         |
| Strongly disagree             | 4.55%       | 1         |
| I haven't needed such support | 40.91%      | 9         |
| <b>Totals</b>                 | <b>100%</b> | <b>22</b> |

22. Which of these changes should Newfoundland and Labrador focus on first? (select 3) (Priority Ranking)

| Responses  |             |                |
|--|-------------|----------------|
|  | Percent     | Weighted Count |
| Increase use of technology                         | 17.86%      | 102            |
| Shift to health – physical, mental, emotional      | 21.72%      | 124            |
| Reduce external pressures like politics and media  | 16.29%      | 93             |
| Stop repeating the same conversation over and over | 11.21%      | 64             |
| Expand use of other professionals                  | 16.11%      | 92             |
| Reduce food in schools and at physical events      | 10.33%      | 59             |
| Review doctors' funding models                     | 6.48%       | 37             |
| <b>Totals</b>                                      | <b>100%</b> | <b>571</b>     |

23. Overall I would describe the quality of today's discussions as... (Multiple Choice)

| Responses     |             |           |
|---------------|-------------|-----------|
|               | Percent     | Count     |
| Very good     | 40.91%      | 9         |
| Good          | 54.55%      | 12        |
| Fair          | 4.55%       | 1         |
| Poor          | 0.00%       | 0         |
| Very poor     | 0.00%       | 0         |
| <b>Totals</b> | <b>100%</b> | <b>22</b> |

24. I feel that today's topic was discussed from various perspectives/points of view (Multiple Choice)

| Responses         |             |           |
|-------------------|-------------|-----------|
|                   | Percent     | Count     |
| Strongly agree    | 13.64%      | 3         |
| Agree             | 63.64%      | 14        |
| Neutral           | 13.64%      | 3         |
| Disagree          | 9.09%       | 2         |
| Strongly disagree | 0.00%       | 0         |
| <b>Totals</b>     | <b>100%</b> | <b>22</b> |

25. Today's session was well paced (Multiple Choice)

| Responses         |             |           |
|-------------------|-------------|-----------|
|                   | Percent     | Count     |
| Strongly agree    | 31.82%      | 7         |
| Agree             | 40.91%      | 9         |
| Neutral           | 13.64%      | 3         |
| Disagree          | 13.64%      | 3         |
| Strongly disagree | 0.00%       | 0         |
| <b>Totals</b>     | <b>100%</b> | <b>22</b> |

26. I feel I was heard today (Multiple Choice)

| Responses         |             |           |
|-------------------|-------------|-----------|
|                   | Percent     | Count     |
| Strongly agree    | 31.82%      | 7         |
| Agree             | 59.09%      | 13        |
| Neutral           | 4.55%       | 1         |
| Disagree          | 4.55%       | 1         |
| Strongly disagree | 0.00%       | 0         |
| <b>Totals</b>     | <b>100%</b> | <b>22</b> |

27. I BELIEVE that today's input/feedback from me and other participants will be considered by the Department of Health and Community Services. (Multiple Choice)

| Responses         |             |           |
|-------------------|-------------|-----------|
|                   | Percent     | Count     |
| Strongly agree    | 4.35%       | 1         |
| Agree             | 34.78%      | 8         |
| Neutral           | 26.09%      | 6         |
| Disagree          | 30.43%      | 7         |
| Strongly disagree | 4.35%       | 1         |
| <b>Totals</b>     | <b>100%</b> | <b>23</b> |