

## Wait Time Information – Colonoscopy

### **Q: What is a colonoscopy?**

A colonoscopy is a procedure performed by a trained doctor who uses a colonoscope (a long, flexible instrument about ½ inch in diameter) to examine the large intestine (colon and rectum). It is often used to evaluate gastrointestinal symptoms, such as changes in bowel habits, rectal and intestinal bleeding, abdominal pain, or to screen individuals for colorectal polyps and cancer.

### **Q: Where will I be referred to have this procedure?**

Ask your family doctor/specialist where you can have your procedure done, as these procedures are performed in the following hospitals:

#### **Eastern Health**

General Hospital - Health Sciences Centre - St. John's  
St. Clare's Mercy Hospital - St. John's  
Carbonear General Hospital - Carbonear  
Burin Peninsula Health Care Centre - Burin  
Dr. G.B. Cross Memorial Hospital - Clarenville

#### **Central Health**

James Paton Memorial Regional Health Centre - Gander  
Central Newfoundland Regional Health Centre - Grand Falls-Windsor

#### **Western Health**

Western Memorial Regional Hospital - Corner Brook  
Sir Thomas Roddick Hospital - Stephenville

#### **Labrador-Grenfell Health**

Labrador Health Centre - Happy Valley-Goose Bay  
Labrador West Health Centre- Labrador City  
Charles S. Curtis Memorial Hospital - St. Anthony

### **Q: How are wait times measured?**

For this procedure, the wait time is measured from when you and your doctor decide to proceed with procedure to when the procedure is completed.

### **Q: What is the benchmark wait time for colonoscopy?**

There is no national benchmark for this procedure.

**Table 1: Urgent Colonoscopy Wait Times for Q2 (July 1 – September 30, 2015-2016)**

Regional Health Authority	Number of Urgent Colonoscopy Procedures	5 out of 10 patients had procedure within this number of days	9 out of 10 patients had procedure within this number of days	Number of No-Shows
Hospital				
<b>Eastern</b>				
Health Sciences Centre	92	22	63	0
St. Clare's Mercy Hospital	106	20	54	≤ 5
Carbonear General Hospital	46	14	37	≤ 5
Burin Peninsula Health Care Centre	17	9	15	0
Dr. G.B. Cross Memorial Hospital	52	17	41	≤ 5
<b>Central</b>				
James Paton Memorial Regional Health Centre	41	7	14	≤ 5
Central Newfoundland Regional Health Centre	93	11	21	≤ 5
<b>Western</b>				
Western Memorial Regional Hospital	59	20	71	≤ 5
Sir Thomas Roddick Hospital	8	14	31	0
<b>Labrador-Grenfell</b>				
Labrador Health Centre	DS	DS	DS	0
Labrador West Health Centre	12	8	12	≤ 5
Charles S. Curtis Memorial Hospital	18	7	23	0

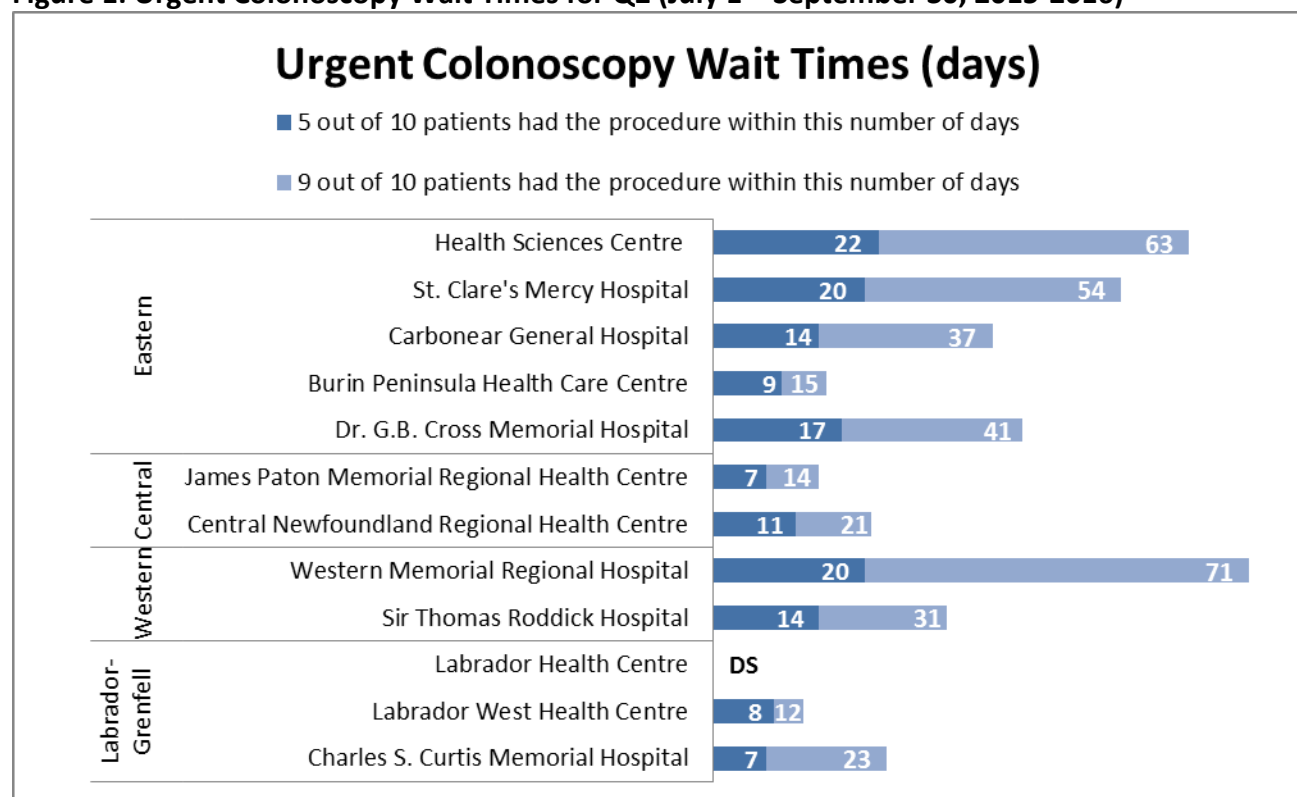
Source: Regional Health Authorities, Newfoundland and Labrador

DS: Data Suppression – This indicates that a hospital performed 5 or less cases during the reporting period. To protect patient privacy, wait times associated with these small volumes will not be reported.

NV: No Volume – This indicates that a hospital did not perform this service during the reporting period, or that zero cases were carried out.

Date: January 12, 2016

**Figure 1: Urgent Colonoscopy Wait Times for Q2 (July 1 – September 30, 2015-2016)**



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