

Disaster Supplies Kit List

Store a three day supply of water, food, and clothing for each person, including supplies for family pets. Replace food and water annually.

- ☐ Two litres of drinking water per person/per day
- ☐ Non-perishable canned and dried foods
- ☐ Can opener and disposable plates and utensils
- ☐ Prescription glasses/contact lenses and supplies
- ☐ Prescription medications
- ☐ Personal hygiene items
- ☐ First aid supplies
- ☐ Battery-operated radio
- ☐ Flashlight and batteries
- ☐ Cash
- ☐ Car and house keys
- ☐ Change of clothing and footwear per person
- ☐ Copies of essential family documents

www.redcross.ca



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