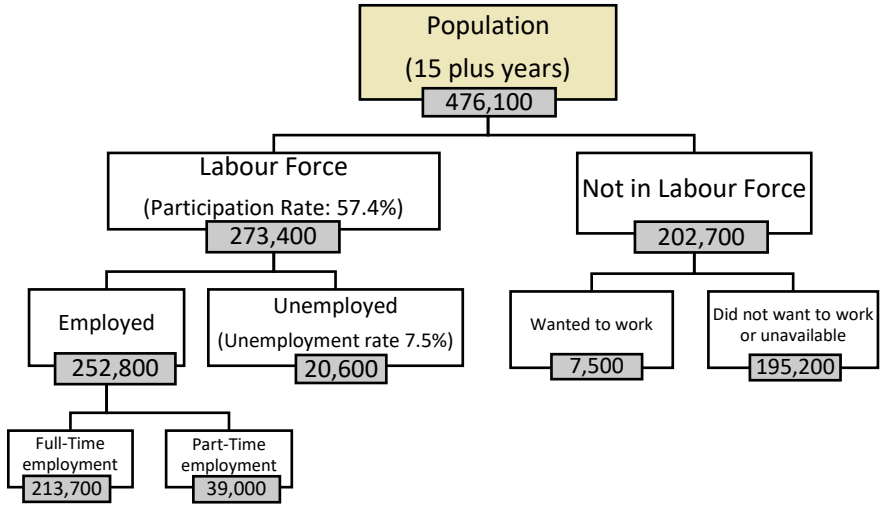
NEWFOUNDLAND AND LABRADOR

LABOUR MARKET AT-A-GLANCE

October 2026

NL LABOUR MARKET INFORMATION





Full-time Employment (year-over-year)
October 2026 / October 2025



Part-time Employment (year-over-year)
October 2026 / October 2025

- Unemployment decreased by -14.2% (or -3,400) year-over-year (October 2026 compared to October 2025).
- Employment increased year-over-year (+5,000 people, or +2.0%).

DATA SPOTLIGHT

Unemployment Rates for Youth in 2026 (Newfoundland Labrador and Canada)

- Newfoundland and Labrador (NL) youth generally have a higher unemployment rate than that for youth nationally. However, the gap between the two has been closing in recent months.
- Rates for NL youth have generally been improving since the start of summer in June. Rates for Canadian youth also began going down around this time (with fewer fluctuations from month to month than is the case for NL youth).
- The current rate for NL youth (14.5 per cent in October) is the second lowest for the year and is roughly comparable with that in July 2026 (at 14.4).

Month, 2026	Newfoundland and Labrador Youth (15-24)	Canada Youth (15 to 24)
January	19.7	12.9
February	21.3	14.2
March	21.8	14.5
April	20.5	14.7
May	21.9	14.8
June	16.2	12.6
July	14.4	13.2
August	10.9	13.5
September	14.8	13.0
October	14.5	12.9

Source: Statistics Canada, Labour Force Survey (Table: 14-10-0287-01), unadjusted data

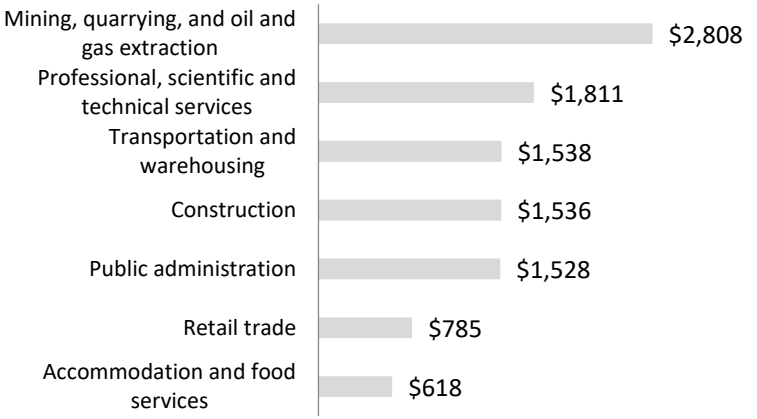
AVERAGE WEEKLY EARNINGS

Average Weekly Earnings | August 2026



NL average wage increased year over year by +$32.92 (+2.6%)

Average Weekly Earnings, Select NL Industries August 2026

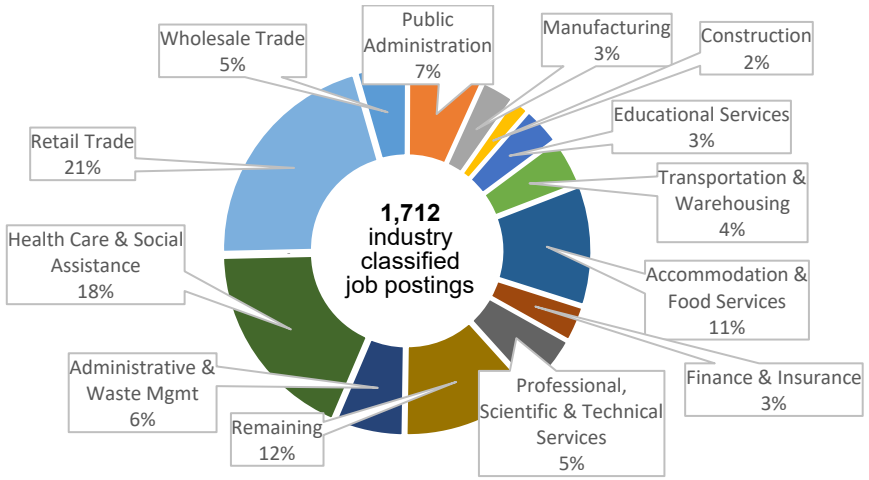


NEWFOUNDLAND AND LABRADOR

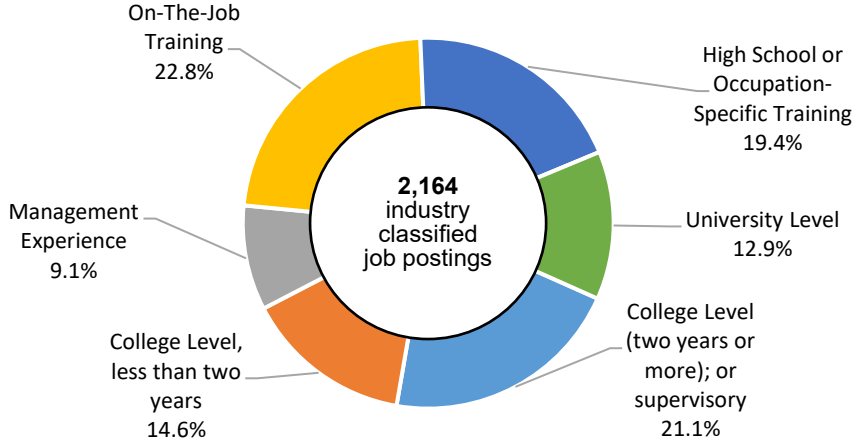
JOB VACANCY TRENDS

October 2026

SHARE OF JOB POSTINGS AMONGST CLASSIFIED INDUSTRIES ONLY, NL



POPULAR EDUCATION & EXPERIENCE SOUGHT IN JOB POSTINGS, NL



NL OCCUPATIONS WITH HIGH NUMBERS OF JOB POSTNGS

AVALON
- Store shelf stockers
- Retail/wholesale managers
- Retail salespersons
- Home support workers
- Cooks

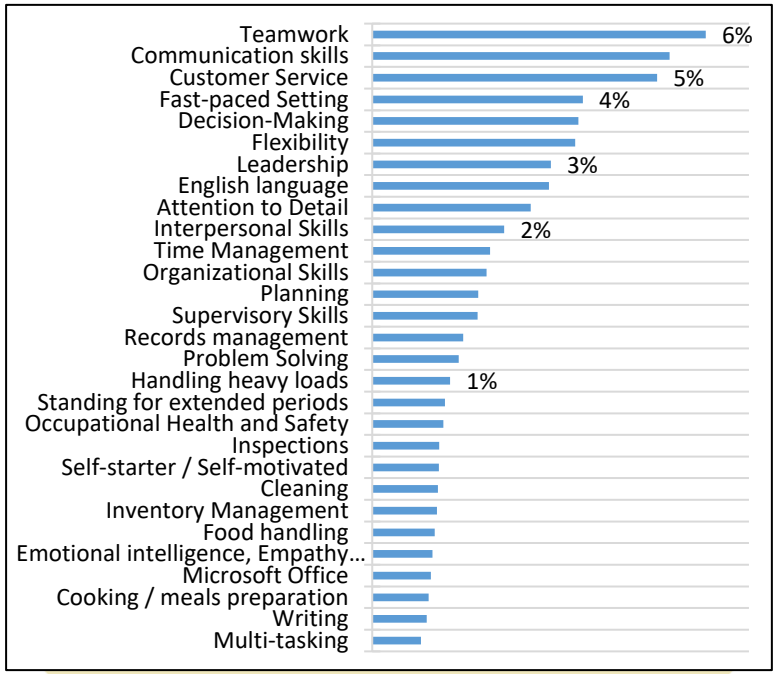
EASTERN
- Home support workers
- Food service supervisors
- Store shelf stockers
- Food counter attendants
- Registered nurses

CENTRAL
- Store shelf stockers
- Retail salespersons
- Home support workers
- Food counter attendants
- Nurse aides

WESTERN
- Store shelf stockers
- Retail salespersons
- Food counter attendants
- Home support workers
- Retail/wholesale managers

LABRADOR
- Food counter attendants
- Food service supervisors
- Registered nurses
- Security guards
- Clinical/laboratory specialists

POPULAR SKILLS & QUALIFICATIONS SOUGHT IN JOB POSTINGS, NL



WANT MORE LMI?

www.gov.nl.ca/labourmarketinformation

SOURCES

- SEPH Results StatsCan Tables (14-10-0203-01)
- LFS Results, unadjusted data (14-10-0287-03)
- Job Vacancy data (Signal49 Research)