

**TOWN OF PORT REXTON  
MUNICIPAL PLAN AMENDMENT  
NO. 3, 2025**

**Text amendment to support Physical Literacy for  
Communities**



**Prepared by:  
Mary Bishop, RPP, MCIP  
February, 2025**

**RESOLUTION TO ADOPT  
TOWN OF PORT REXTON  
MUNICIPAL PLAN AMENDMENT NO. 3, 2025**

Under the authority of Section 16 of the **Urban and Rural Planning Act 2000**, the Town Council of Port Rexton adopts Municipal Plan Amendment No.3, 2025.

Adopted by the Town Council of Port Rexton on the 11<sup>th</sup> day of June, 2025.

Signed and sealed this 11<sup>th</sup> day of June, 2025.

Mayor: Dean Bailey  
Dean Bailey

Clerk: Cathy Piercey  
Cathy Piercey



**CANADIAN INSTITUTE OF PLANNERS CERTIFICATION**

I certify that the attached Municipal Plan Amendment No. 3, 2025 has been prepared in accordance with the requirements of the **Urban and Rural Planning Act, 2000**.

Mary Bishop

Mary Bishop, RPP, MCIP



1970 FAO CONFERENCE  
REPORT  
PART I  
ANNEX 1

1. The Commission has noted with interest the progress and results of the work of the Commission on the Status of Women in the field of women's education.

2. The Commission has noted with interest the work of the Commission on the Status of Women in the field of women's education.

3. The Commission has noted with interest the work of the Commission on the Status of Women in the field of women's education.

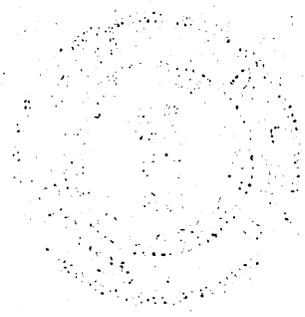


4. The Commission has noted with interest the work of the Commission on the Status of Women in the field of women's education.

5. The Commission has noted with interest the work of the Commission on the Status of Women in the field of women's education.

6. The Commission has noted with interest the work of the Commission on the Status of Women in the field of women's education.

7. The Commission has noted with interest the work of the Commission on the Status of Women in the field of women's education.



8. The Commission has noted with interest the work of the Commission on the Status of Women in the field of women's education.

**URBAN AND RURAL PLANNING ACT  
RESOLUTION TO APPROVE  
TOWN OF PORT REXTON  
MUNICIPAL PLAN AMENDMENT NO. 3, 2025**

Under the authority of Sections 16, 17 and 18 of the **Urban and Rural Planning Act 2000**, the Town Council of Port Rexton

1. Adopted Municipal Plan Amendment No. 3, 2025 on the 11<sup>th</sup> day of June, 2025.
2. Gave notice of the adoption of Municipal Plan Amendment No. 3, 2025 by notices posted in at least two conspicuous places in Port Rexton (Town Hall, Post Office, Port Rexton Freshmart) and advertisement posted on x on the Town's social media channels.
3. Set the date of July 2<sup>nd</sup> at 7:00 p.m. at the Port Rexton Town Hall for the holding of a Public Hearing to receive objections and other representations for consideration by the Public Hearing Commissioner
4. There being no objections or representations in response to the Notice of Public Hearing, the hearing was cancelled.

Now under Section 23 of the **Urban and Rural Planning Act 2000**, the Town Council of Port Rexton approves Municipal Plan Amendment No. 3, 2025 on the 9<sup>th</sup> day of July, 2025.

SIGNED AND SEALED this 9<sup>TH</sup> day of JULY, 2025.

Mayor: Dean Bailey  
Dean Bailey

Clerk: Cathy Piercey  
Cathy Piercey

<b>Municipal Plan/Amendment REGISTERED</b>	
Number	<u>3965-0005-2025</u>
Date	<u>August 21, 2025</u>
Signature	<u>Lairway</u>



MUNICIPALITY OF PORT BECKETT  
REPORT TO RESIDENTS  
MUNICIPALITY OF PORT BECKETT

On the 18th day of July 1998, the Council of the Municipality of Port Beckett...

A Special Meeting of the Council of the Municipality of Port Beckett...

1. The Council of the Municipality of Port Beckett has received a request from the...

2. The Council of the Municipality of Port Beckett has considered the request and...

3. The Council of the Municipality of Port Beckett has decided to grant the request...

4. The Council of the Municipality of Port Beckett has decided to grant the request...

5. The Council of the Municipality of Port Beckett has decided to grant the request...

6. The Council of the Municipality of Port Beckett has decided to grant the request...



Municipality of Port Beckett
RECEIVED
_____
_____
_____

# MUNICIPAL PLAN AMENDMENT NO. 3, 2025

## INTRODUCTION

The Town of Port Rexton Municipal Plan and Development Regulations have been in effect since October 2023. The Town is now proposing to amend the current Plan and Development Regulations, and this report has been prepared to explain the proposed change and serve as a basis for consideration by the general public before it is approved by Council and submitted to the Department of Municipal Affairs and Community Engagement for registration.

## BACKGROUND

In 2022, individuals and organizations in Port Rexton and the broader Bonavista Peninsula formed a committee called the Physical Literacy for Communities (PL4C). They work together to create opportunities for physical literacy and physical activity, fostering a culture of active living while simultaneously enhancing tourism and community engagement. Local groups include, among others, the Port Rexton Brewing Company, Port Rexton Church Lads Brigade, Eastern Region Wellness Commission, Vista Family Services Association, Otter Housing, Bishop White School and the Port Rexton Recreation Commission.

**Physical Literacy**<sup>1</sup> is defined as the ability, confidence, and motivation to engage in physical activities for life. It involves acquiring a broad range of movement skills, physical competence, and knowledge, which enables individuals to participate in a wide variety of physical activities, both structured and informal.

The goal of physical literacy is to empower individuals to lead active lifestyles, supporting physical, mental, and social health outcomes throughout life

The local PL4C committee has requested that the Town of Port Rexton amend its Municipal Plan to include policies supporting the integration of the principles of physical literacy in community development. It is felt that through emphasis on community involvement and cross-sector partnerships, PL4C not only enhances the physical and social fabric of the region but also addresses the root causes of health inequities by linking physical activity opportunities to the broader social and economic context. This alignment with the **Determinants of Health** ensures that PL4C's impact is felt across various aspects of life in Port Rexton, from

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<sup>1</sup> <https://physicalliteracy.ca/physical-literacy/>

improved educational outcomes for youth to increased local employment through recreation and tourism initiatives. The PL4C Committee proposes that integrating a commitment to PL4C principles in the Town's Municipal Plan will further strengthen these efforts, supporting a community-wide approach to health that fosters a more resilient, active, and engaged population.

### **Municipal Plan Policy**

The Port Rexton Municipal Plan contains a number of policies that addresses some elements of the principles of PL4C. The **Community Vision** set out in section 3.1 of the Municipal Plan recognizes the growth of Port Rexton.

*Within the unique scenic and natural environment that defines Port Rexton, our desired future is one of a renewed, and revitalized community within the region, where our population increases to include people of all ages living, working and socializing together; where quality municipal services and opportunities for recreation continue to attract new residents, visitors, and business investment.*

Community Goals include:

**Community Health and Well-being** - *To continuously improve quality of life for all residents, foster community pride, well-being and active lifestyles through improved municipal services and amenities.*

Section 3.3 of the Plan sets out a number of Community Land Use Objectives, including:

*Facilitate healthy and active living by providing for lands for community open space, trails and recreation facilities.*

The PL4C Committee has requested that these and other policies of the Plan be revised to incorporate a physical literacy lens into decisions about land use, particularly those that involve the use of lands for recreational purposes.

Council considered the proposal from the PL4C Committee and supports the principles of physical literacy and the benefits it can have on the community.

### **Public Consultation**

The **Urban and Rural Planning Act, 2000** requires municipalities to provide the public with an opportunity to comment on proposed amendments to a Municipal Plan and Development Regulations.

An opportunity for public comment on the proposed amendment was provided by posting notices on the Town's social media, at the Town Hall, the Post Office, the Port Rexton Freshmart, and Value Grocery store on March 21 with a deadline for comments by April 7, 2025. No comments or concerns were received by the advertised deadline.

### **PORT REXTON MUNICIPAL PLAN AMENDMENT NO. 3, 2025**

The Port Rexton Municipal Plan shall be amended as follows:

1. Adding the following paragraph to Section 2.2.2 Land-based Eco-Tourism and Recreational Resources:

*Within the community there is a growing interest in Physical Literacy - the ability, confidence, and motivation to engage in physical activities for life. Strategically, development designed to improve the health, well-being, recreation, and sustainable development of the community increases the attractiveness of the community to visitors which in turn helps achieve the Town's tourism and economic development objectives.*

2. Revising in Section 3.2 Community Goals

**Community Health and Well-being** - *To continuously improve quality of life for all residents, foster community pride, well-being and active lifestyles through improved municipal services and amenities.*

To read

**Community Health and Well-being** - *To continuously improve quality of life for all residents, foster community pride, well-being and active lifestyles through improved municipal services and amenities by embracing the Physical Literacy for Communities (PL4C) initiative to promote active, healthy living by offering inclusive physical activity programs for all residents.*

3. Revising the fourth objective in Section 3.3 Community-wide Land Use Objectives:

*Facilitate healthy and active living by providing for lands for community open space, trails and recreation facilities.*

To read:

*Facilitate healthy and active living by providing for lands for community open space, trails and recreation facilities and incorporating the principles of Literacy into their development and use.*

4. Adding a new objective to Section 4.2.1 Village Objectives as follows:

*To support placemaking and community pride, the Town will draw on PL4C principles and proven approaches to introduce physical literacy-*

*inspired installations and community events in public spaces, reinforcing the area's identity as an active and engaged community.*

5. Adding to Section 5.1 Municipal Asset Management Objectives  
*Incorporate the principles of physical literacy into the design and development of recreational parks and open spaces and programming.*
6. Add the following as Policy MS-4 to section 5.2 Municipal Asset Policies:  
***Policy MS-4*** *Development of recreation facilities and lands shall incorporate the principles of physical literacy to ensure that they are accessible and engaging for all ages.*