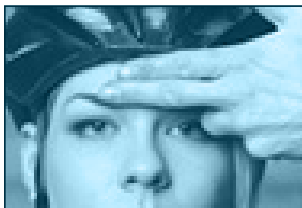


# To ensure a proper fit

## Remember 2-V-1

**2** Helmet should cover the top of the forehead and should rest about 2 fingers width above the eyebrows.



**V** Adjust the side straps so they fit snugly around your ears in a "V" shape.



**1** Buckle the chin strap and tighten until you can fit 1 finger between the strap and the chin.



The helmet should not shake or move on the head.

Do not wear baseball hats, hair clips or headphones when wearing your helmet. Make sure the helmet is level on the head.