

Chapter 10: Information on Other Related Income Support Programs

(iii) Newfoundland and Labrador Child Benefit

Intent:	To provide a basic overview of the Newfoundland and Labrador Child Benefit (NLCB).
Act: (if applicable)	N/A
Regulations:	N/A
Overview: (if applicable)	- The NLCB is an indexed child benefit financed by the Government of Newfoundland and Labrador to assist low-income families, including families receiving Income Support benefits, to help raise their children. - The NLCB was developed by the Department through funding from the Income Support Program to cover the cost. - There is no separate application for the NLCB. It is delivered by the Canada Revenue Agency (CRA) as part of the Canada Child Benefit (CCB) around the 20th of each month. - If a family's income is below the income threshold and the family is residing in Newfoundland and Labrador, the family will automatically receive the NLCB. - Families are to notify the Canada Revenue Agency (CRA) of any changes in the family status and the addition or reduction of the number of children in the household. - Families with family "adjusted net income" i.e. line 236 less than \$20,397 will receive the maximum NLCB, while families with adjusted net income between \$20,397 and \$38,193 will receive a reduced benefit. - Families with "adjusted net income" i.e., line 236 greater than \$38,193 are not entitled to receive the NLCB. - The NLCB cannot be garnished; however, families can voluntarily use these benefits to pay off an outstanding debt to the Canada Revenue Agency. - In the case of an overpayment of the NLCB, the rate of recovery is 50% of the monthly NLCB. - Families eligible for at least \$1.00 of NLCB who have a child under the age five are also automatically entitled to receive

the Prenatal – Early Childhood Nutrition Supplement (PECNS) of \$150 per month.

- The table below illustrates the maximum amounts an eligible family can receive for the NLCB for the current year based on the number of children in the family:

Newfoundland and Labrador Child Benefit (NLCB) Monthly Maximum Rates <i>July 2026</i>	
Number of children	NLCB Amount*
1 child	\$157.33
2 children	\$324.17
3 children	\$503.33
4 children	\$695.83
5 children	\$888.33
6 children	\$1,080.83
7 children	\$1,273.33

**An additional amount of \$150 per month (Prenatal - Early Childhood Nutrition Supplement) is added to the NLCB for each child under 5 years of age.*

Note: Benefit amounts may vary slightly due to different monthly rounding amounts.

- For information regarding the Canada Child Benefit please see [Canada Child Benefit](#).
- For information on the Child Benefit Adjustment, please see [Child Benefit Adjustment](#).

Policy: N/A

Procedure: N/A

Authority Level:	N/A
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