

# Victim Services

## Contact Information

St. John's	709.729.0900
Carbonear	709.945.3019/3046
Marystown	709.279.3216
Clareville	709.466.5808
Gander	709.256.1028/1070
Grand Falls-Windsor	709.292.4544/4548
Corner Brook	709.637.2614
Stephenville	709.643-6588/6618
Port Saunders	709.861.2147
Happy Valley-Goose Bay	709.896.0446/3251
Nain	709.922.2360

If you are in immediate danger call **911** or the police.

### Victim Services Program

Department of Justice and Public Safety

4th Floor East Block

Confederation Building

P.O. Box 8700

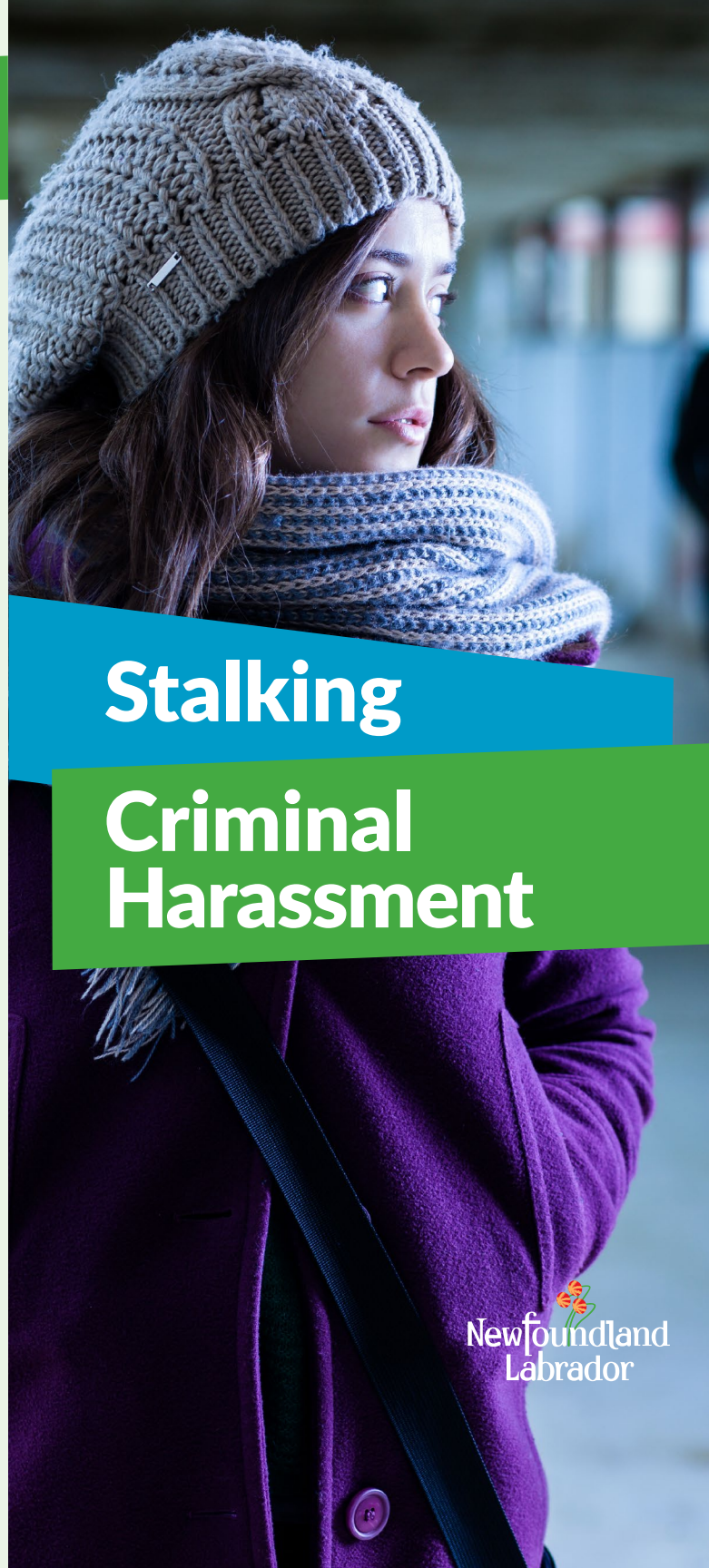
St. John's, NL A1B 4J6

709. 729.7970

[victimservices@gov.nl.ca](mailto:victimservices@gov.nl.ca)

[victimserviceshelp.ca](http://victimserviceshelp.ca)

Available in alternate format



## Stalking

## Criminal Harassment



# Stalking is a crime.

## It's called criminal harassment.

Stalking involves repeated actions by another person that causes you to fear for your safety. Criminal Harassment can happen in any relationship and it can lead to violence. **No one has the right to make you feel unsafe.**

It is a crime when someone, against your wishes, follows, visits, calls or writes you, over and over again; watches your home or workplace; or does something threatening to you or a family member.

### What to do:

- Contact the police.
- Go to a safe place.
- Have a plan. Know who to call or where to go if you are in danger.
- Record details about the harassment.
- Tell friends, family and coworkers that you are being harassed. Describe to them what the harasser looks like.
- Get someone's attention if you are being followed. Stay in areas with other people.

### Details to record:

- Dates, times and places.
- Anything the stalker did or said including nicknames or things that only the stalker would know.
- Names of witnesses.
- Numbers the stalker calls from (if you have call display), and when the stalker called.
- Keep any letters, texts, emails or social media posts the stalker may have sent/made.

### What will the police do?

Give the police as much details as possible. Tell them why you fear for your safety. If you kept a record of the harassment, give it to the police.

The police might decide to press charges or they may ask you to keep a more detailed record of the harassment. This information may help them to lay criminal charges.

