



**A warm hug
or a forceful
shove...**

**Which would you
choose for her?**

Violence against older persons takes many forms. This includes physical, emotional and sexual violence as well as neglect and financial abuse. Together we can make it stop.

Reach out.
Take action against violence.


**Newfoundland
Labrador**

Call:

Eastern Health (Rural Avalon) **709-786-5245** Eastern Health (St. John's) **709-752-4885**

Eastern Health (Bonavista/Clareville/Burin Peninsula) **709-466-5707**

Central Health **709-651-6340** Western Health **709-634-5551-ext 226**

Labrador-Grenfell Health **709-454-0372**

Or call your local police.